



MALLEE SPORTS ASSEMBLY INC.

A0016748B

ANNUAL REPORT

2020 — 2021





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Committee of Management & Staff 2020-2021

Board of Management

Chairperson	Ms Louise Williams
Vice Chairperson	Ms Gayle Danson
Secretary	Ms Leanne Morgan
General Members	Ms Shirley Boulton
	Ms Maddie Allomes
	Mr Troy Bailey
	Ms Julia Morgan

Staff

Executive Officer	Ms Carmel Mackay
Administration	Ms Jeanette Worthington
Finance	Ms Anna Legg
Project Officers (Swan Hill)	Ms Delia Baber
(Wycheproof)	Ms Rhonda Allan
(Mildura)	Ms Tanya Wild
	Ms Jeanette Worthington
	Ms Elena Nemtsas
Volunteer	Ms Maureen Hewitt





Agenda

Tuesday, 19th October, 2021 - 6.30pm

Welcome:

Acknowledgement to Country:

"We wish to acknowledge the Traditional Custodians of this land, which we meet and pay our respect to elders past, present and our emerging leaders. We acknowledge and respect their continuing culture and contribution they make to the life of this city and this region"

Apologies:

Minutes of Previous Annual General Meeting: 27th October, 2020

Moved:

Seconded:

Reports:

- Chairperson
- Executive Officer
- Project Officers -
 - Swan Hill,
 - Mildura,
 - Gannawarra/Buloke

Moved:

Seconded:

- Auditor

Moved:

Seconded:

Election of Board of Management: 2021/2022

General Business:

Appointment of the Auditor:

Close:



Minutes

Minutes of the Mallee Sports Assembly 2019/2020 Annual General Meeting, held electronically via ZOOM on the 27th October 2020 at 7.13pm.

The meeting was opened by Mr Greg Leslie, Chairperson of the MSA Board of Management.

Welcome: Greg Leslie – Chairperson MSA Board of Management

Acknowledgement to Country: Greg Leslie – Chairperson MSA Board of Management

'We wish to acknowledge the Traditional Custodians of this land, which we meet today and pay our respect to elders past, present and our emerging leaders. We acknowledge and respect their continuing culture and contribution they make to the life of this city and this region'

Present:

Greg Leslie – Chairperson MSA Board of Management,
Gayle Danson – Vice Chairperson MSA Board of Management,
Leanne Morgan - Secretary MSA Board of Management & Diving Sunraysia,
Shirley Boulton - MSA Board of Management & Life Member, Troy Bailey - MSA Board of Management,
Louise Williams - MSA Board of Management, Ben Beasy - MSA Board of Management,
Maddie Allomes - MSA Board of Management, Carmel Mackay – MSA Executive Officer,
Tanya Wild – MSA Mildura Project Officer, Delia Baber - MSA Swan Hill Project Officer,
Rhonda Allan - MSA Wycheproof Project Officer, Elena Nemtsas MSA Mildura Project Officer,
Kellie Nulty – MSA Auditor, James Livingston – Irymple Swimming Club,
Sue O'Brien – Mildura Rural City Council, Jeannye Spary – Mildura Community House,
Caitlin Simmons – Aligned Leisure, Garry Wescombe – Mildura Workers Bowls Club,
Don Baird – Mildura Workers Bowls Club, Josh Barila – Mildura Swimming Club,
Peter Woodford – Sunraysia Cricket Association, Michelle Woodhouse – Sunraysia Sports Club,
Melinda Binding – Merbein Golf Club, Lachlan Cole – Football Victoria,
Paul Ferner - Gannawarra Shire Council

Apologies:

Chris Harvey - MSA Board of Management, Jeanette Worthington – MSA Mildura Project/Admin Officer,
Anne Campbell – Donald Pony Club, Graham Wyte – Kerang Golf Club,
Jane McCracken – Northern Mallee Community Partnership, Dr Ann Webster – Federal Member for Mallee,
Marian Luehman – Sunraysia Residential Services, Simone Heald – Sunraysia Community Health Services,
Sue Hynes – North Central News, Melanie Thomas – Sport & Recreation Victoria,
Mayor & Councillors – Mildura Rural City Council, Geoff Dea – SuniTafe,
Jennifer Simpson – Sea Lake Golf Bowls Club, Nick Cavallo – Mildura Golf Resort,
Geoff Hume – Mildura Pistol Club, Sarah Dowling – VicHealth,
Hon Ros Spence MP, Minister for Community Sport, Laura Waters – Mildura & District Real Estate,
Gary Simpson – Mallee Accommodation Support Program, Raelene Stephens – Mallee District Aboriginal Services,
Louise Tarrant – Department Justice & Community Safety
Susan Watts – Sunraysia Academy of Sport & Football Victoria Sunraysia,

Confirmation of Minutes of the MSA Annual General Meeting held on the 16th October 2019

Moved: Shirley Boulton

Seconded: Gayle Danson

Carried



Minutes - continued

Reports:

Chairperson's Report – Greg Leslie

Greg acknowledged his pleasure to present his 2019/20 Report and agreed that it had been a difficult year with COVID and the disruptions this has caused. But he recognised the significant work completed by the MSA and the contributions to our organisation from our members, clubs, and the community; and paid tribute to the resilience demonstrated by everyone.

He highlighted that given the tight budget that was set for the year, it was fortunate that we reported a healthy surplus. This was a result of the interruptions to the Beyond the Front Step Program and these funds will be carried forward into the 2020/21 year for when the program resumes. The MSA was also able to access various government business supports which provided employment security and enabled service delivery for our community, albeit under a very different model.

Greg reflected on the positive and successful events during the year including the 2019 Sports Star of the Year Awards: and the induction of Deserie Bayne (nee Wakefield), Greg Rhodes and Alison Styles (nee Diggie) into the Northern Mallee Sports Hall of Fame. He also noted the sad passing of Brian Weightman, a Hall of Fame inductee and who had made enormous contributions to sport in our region.

On his retirement from the Mallee Sports Assembly, Greg extended his gratitude to the Executive Officer and the MSA staff for their work. He expressed his sincere appreciation to the Committee for their devotion to the MSA and our community. Greg recognised fellow retiring Board Members, Ben Beasy & Chris Harvey and thanked them for their immense input. He paid tribute to Gayle Danson for her ongoing wealth of knowledge, expertise, and support; during an extremely difficult year for her personally.

He wished everyone connected to the MSA well and encouraged people to take the time to read the AGM Report which signified the enormity of work completed by the MSA and emphasised the important role and position the MSA has in our communities.

Executive Officer Report – Carmel Mackay

The Executive Officer presented her report as tabled in the Annual General Meeting Booklet, highlighting various achievements with programs and activities from over the year, together with meeting the requirements and the numerous and changing directions with Covid 19.

A powerpoint of photographs was also presented which reinforced the accomplishments and dedication of the MSA Staff team during the 2019/20 year.

Project Officer Reports – Mildura, Swan Hill & Buloke

As tabled in the Annual General Meeting Booklet.

It was moved that the Chairperson's, Executive Officer and Project Officers Reports be accepted

Moved: Shirley Boulton **Seconded:** Maddie Allomes **Carried**

Financial Statement/Auditor's Report – Kellie Nulty – Auditor

Kellie presented her report as tabled in the Annual General Meeting Booklet.

Detail was provided regarding the Statement of Profit which indicated a profit of \$95,813. This is significantly related to the Beyond the Front Step Program being disrupted and to re-commence in the 2020/21 year. Summary of expenses indicate a 25% increase which is representative of employee expenses with new programs.

The cash position remains similar to the previous year and overall, it is a strong result for the Mallee Sports Assembly; and a positive cash position for the MSA to be in.



Minutes - continued

Financial Statement/Auditor's Report continued

Current liabilities include an amount of \$60k, which is funding received in advance and will be carried forward into the 2020/21 financial year.

From the Auditor's opinion there are no major issues or internal control issues in the organisation and there are no financial impacts in relation to Covid 19.

It was resolved that the Financial Statement and Auditor's Report be accepted as a true and accurate record of the previous twelve months of the organisation's activities.

Moved: Maddie Allomes **Seconded:** Troy Bailey **Carried**

Election of Board of Management – 2020/21

It was declared all positions vacant and as the numbers of nominations did not exceed the number of vacancies the following people were duly elected the Board of Management of the Mallee Sports Assembly for the 2020/2021 year.

The Board of Management being:

Chairperson	Louise Williams
Vice Chairperson	Gayle Danson
Secretary	Leanne Morgan
General Members	Shirley Boulton, Maddie Allomes, Troy Bailey

Appointment of Auditor

It was resolved that Kellie Nulty be appointed as the 2020/21 Auditor for the Mallee Sports Assembly.

Moved: Gayle Danson **Seconded:** Maddie Allomes **Carried**

Guest Speaker – Josh Barila

2019 Merbein & District Community Bank 97.9 Triple M Northern Mallee Sports Star Awards – Aligned Leisure Coach of the Year & Monthly Award Winner
2018 Vicsport Young Volunteer of the Year.

A young 19-year-old man, 'going places and a great role model for many and has an extensive repertoire of achievements in a short space of time which includes: -

Completed Year 12 in 2019 and currently studying a Diploma of Sport Development at Swinburne.

Mildura Swimming Club Head Coach for 3 years and assistant coach for 6 years; Competition Secretary for 3 years, records officer for 3 years and the register this year.

Sunraysia Swimming District Coach, Records Officer, and the Competition Secretary.

Competition Secretary and District Delegate to represent **Sunraysia with Swimming Victoria**.

Currently working as Manager of Programs at Sunraysia Academy of Sport and have been there since January 2020; and First Stroke Swim School teaching kids to swim and has been there since 2017.

Josh's presentation included his **Swimming, Volunteer and Coaching Journey** and his local club's navigation through COVID.

Louise (Chairperson) thanked Josh for his inspirational presentation and his great encouragement for others to be active and/or volunteers.

Meeting Closed: 8.13pm



Chairperson's Report

I am pleased to present the Mallee Sports Assembly Chairperson's report for the 2020-21 year.

Again, COVID made its presence felt and placed pressure on the organisation for a second year running. It is a credit to Carmel and her tireless leadership and the exceptional commitment of the entire MSA team, that program deliverables were met and programs were pivoted and delivered in line with our vision, mission and objectives.

I thank our key stakeholders, Vic Health, Sport and Recreation Victoria, and Sport Australia for offering programs and funding support throughout the year.

The financial result of the MSA for the 20-21 year is a deficit of \$4,479.00. Whilst the MSA expenditure was very similar to that of the 19-20 year, the reduction in funding from VicHealth; the completion of the Good Sports project; along with the impact of COVID, including the cessation of community sport along with a number of lockdowns, made it difficult to source new projects and additional income.

It should be noted that the Committee of Management made the decision to hold over an amount of \$132,066 received late in the financial year for the "Revitalisation Program". This will be recorded as income in the 2021/22 year when that project will be run.

Commencing the year, we had vision that our financial situation was precarious and this resulted in a necessary review of our cost structure. Sadly, this meant we had no alternative other than to enter into a consultation programme with the staff of the MSA to reduce costs and seek ways we could effectively mitigate the loss of positions. Closely involved in this process, I was buoyed by the staff's participation in this process, along with their dedication, passion, and desire to see the MSA remain viable in the longer term and still be able to achieve its project goals across the huge geographic area we service being a third of the state. It is this passion and commitment that is the lifeblood of the MSA.

Carmel's dogged determination to seek alternate funding streams aligned to our purpose was successful in the achievement of the Working for Victoria Funding project. A six month project across our region to support Clubs with management issues due to COVID. Sadly, the pursuit of other income streams were unsuccessful.

As I mentioned earlier, the MSA had to pivot for a second year running and looked to formats that could withstand the lack of direct contact. This resulted in the increased use of social media to provide resources and support to community sporting groups in relation to COVID grants available. Additionally, the MSA ran virtual active challenges to specific cohorts, including participants with disabilities, and women and children, as well as running a number of successful online webinars and training sessions aimed at continuing engagement and support for clubs and individuals who had all been adversely affected by COVID. The aim being to assist their ability to stay connected to their communities and support them.

Despite the difficulties of the past year, it is an impressive feat that the MSA staff were able to meet performance targets of core programs and maintain strong connections with a diverse and broad cross section of the community. A few key highlights include the Tackle your Feelings partnership with the AFL Coaches Associations that had a focus on mental health and the well being of football and netball members, coaches and players. The AFL Champions Program was another great success and built the governance capacity and club management skills of local football club personnel.

Another success was the "Beyond the Front Step" project which supported individuals across the region who were becoming increasingly inactive and isolated, by providing them social connections whilst undertaking exercise like tai chi to improve their health and wellbeing.

I thank the Committee members for the role they played this year in providing governance support and strategic vision. During the reporting year, we welcomed Julia Morgan to the committee. Julia brings with her a wealth of accounting and business management experience, along with not for-profit and healthcare expertise. We have continued to strive to have a skills based board with the expertise to support the organisation through difficult times. The Board of Management have willingly responded to the huge demands that the financial position and COVID restrictions have placed on the organisation for which I am thankful.



Chairperson's Report continued

In my first year as Chairperson, I am extending my sincere thanks and gratitude to Vice Chair Gayle Danson for her support and guidance during the year. To Carmel our EO, I also extend my thanks to you – it was a pleasure to work with you. The passion you have to make the MSA a success is evident and your dogged determination to continue to ensure the MSA and the communities it supports are looked after no matter what the circumstances are is commendable.

On behalf of the Committee, I thank Carmel and the whole MSA team for the work you have done this past year and the work you continue to do in bringing the communities you work in together in the pursuit of health through participation and connection. The past year and its challenges were met by each of you with resolve to do the best you could in trying circumstances.

It has been my absolute pleasure to Chair the committee. However, it is my intention to stand down as Chairperson. I will remain a committee member and look forward to seeing the MSA and its dedicated team move forward beyond the challenges of the past year. The work you do is vital in keeping community members connected to, and, engaged in sport, activity, and healthy lifestyles. Never before has the work you do been more important to the communities we operate in.

Louise Williams
Chairperson



Executive Officer's Report

Welcome everyone to the Mallee Sports Assembly 2020/21 Annual General Meeting this evening and it is with pleasure that I present my Annual Report.

Our year, a plethora of descriptors could define the 2020/2021 year for everyone, we have truly been tested with our resilience and ability to navigate our way through COVID 19, the uncertainty of what lies ahead and meeting regulations. It has been a critical time to support, keep connected and work together with our local clubs, organisations, and our communities; and this will remain to be a vital requirement over the coming months ahead of us.

The MSA has not been excluded from the need to adopt, adapt, postpone, stop, restart, and even cancel activities over the past 12 months. As a necessary response to COVID 19 and in consultation with our funding departments, we were required to modify our workplans and to consider the most effective mechanisms to facilitate our work. This has seen technology become paramount in our delivery of our work for workshops, meetings, to maintain connection with our communities, encouraging activity levels through virtual active challenges, online workouts, promotion, providing regular updates and the list goes on. An interesting year, to say the least,

We have completed the first two years of our Sport & Recreation Victoria 'Together More Active Program' (TMA) the program has focussed on building a more resilient, connected, and sustainable sport and recreation sector across the Mallee that is supported by a capable volunteer workforce; and to increase the equity, diversity and inclusiveness of sport and active recreation.

Even with changes to our TMA workplans to adapt to the Covid 19 environment there has been significant highlights and accomplishments during **2020/21**. This has included:- **Fair Play Code, RSA Courses, Liquor Licensing Courses, Level 1 Sports Trainer Courses, Club Health Assessments, Club Participation Plans, Club Webinars (Strategic Planning, Good Sports); promotion & marketing strategies**—[bimonthly newsletters; Calendar of events; Facebook, website, media, weekly radio segments], **Club Inclusion Programs (tennis, bowls, golf, football, dance, basketball); Disability Awareness Programs; & Cricket); online celebrations for International Day for People with a Disability, Volunteers week, This Girl Can & Men's Health Week.**

With the shift to an increased 'online' presence this has supported some positive outcomes, one of which is stronger connection & engagement across our large region. It has enabled clubs and communities to attend workshops/webinars easier (from the comfort of their lounge chairs!) and not be impacted by time and distance and unable to attend because of this.

We have completed the final year of our three-year funding agreement for the VicHealth **Regional Sport Program (RSP)**. The aim of the program was to increase **Physical Activity** of Women & girls (all ages); and Young people (12-17yrs); **Gender equality** and to promote **This Girl Can – Victoria**.

The features of the **2020/21 RSP Program** has included: - **Social Tennis, LDAT Youth Network, Active Youth Programs, Bowling with Babies, Bollywood, Water Aerobics, Strength & Balance, This Girl Can activities and events, Multicultural Women's Swimming & Yoga, Chair Yoga, Chair Based Exercise, Golf, Women's Baseball, Social Riding, Online Activities**, not an exhaustive list but gives an indication of the breadth and diversity of activities we have still facilitated during the year.

In collaboration with VicHealth, we will transition to the 'Regional Sport Partnership' in 2021/22, targeting 0-25yr old's; and involved in the exciting development of 'Future Healthy'. Future Healthy will engage with young people every step of the way, so they can share their lived experiences, and help to inform and shape solutions. It will continue to work with partners to create a healthier and more equitable future for all Victorians.



Mildura...Swan Hill...Gannawarra...Buloke...



Executive Officer's Report continued

The Mallee Sports Assembly has been the Community Partners for the delivery of the **Good Sports Program** in the Northern Mallee for just over 20 years; and Jeanette the Project Officer has been involved in the program for 16 of these years. We have had commendable results during this time, providing an integral link with our clubs to support the responsible managing and serving of alcohol. Like many of our programs they intersect with each other; enhancing our ability to build the capacity of our local sport & recreation; and encourage safe and welcoming environments for our community.

In 2021/22 and going forward the implementation of the Good Sports Program will be directed through the metropolitan base (Melbourne) and clubs will complete accreditations online.

In 2019 the MSA Beyond the Front Step (BFS) Project received grant funding from the Australian Government through Sport Australia, as part of the Loddon Mallee Region Move It Project; and overseen by Macedon Ranges Shire Council and Mildura Rural City Council. This project was hugely impacted on by COVID and the related restrictions as the project involved significant & vulnerable groups in our community, older adults 65+ & Aboriginal members 50+. The project was to be completed by September 2020, but with all the suspensions it was finalised in April 2021.

The BFS Project extended across the Mildura, Swan Hill and Buloke municipalities and infiltrated many small and remote towns in these Shires. It was immensely successful engaging older adults in physical activity and more importantly it has seen this cohort continue their participation in activities at the completion of the project. Other legacies of this project have seen vital equipment/resources now located in different townships for ongoing use, the development of a sport & recreation directory; and Samsung tablets (furnished with health & wellbeing information, links, and online activities) now available for very isolated community members and/or people unable to join activities. The project involved 945 participants, across 49 different activities, ranging from yoga, cardio drumming, circuit, dance, strength & movement, tai chi, chair-based exercise, lawn bowls, bocce, water aerobics, chair-based yoga, pilates and aqua.

The sport & recreation activities listed in the **2020 Merbein & District Community Bank and Mildura & District Real Estate Calendar of Events** were fleeting and activities consistently changed or were cancelled. The MSA considered it extremely important to promote our club events when and where they could happen, so we have continued to produce a monthly calendar. This has been an important strategy to support our local clubs and encourage active healthy lifestyles and opportunities for all.

A significant calendar item each year is the **Merbein & District Community Bank 97.9 Triple M Northern Mallee Sports Star Awards** and for the first time in its 29-year history, the painstaking decision was made to cancel the 2020 Awards Night. On an extremely positive note, and indication of the strong support from all our sponsors, they have continued their commitment for the Awards, the MSA, our sport and our community and we will be making the 30th Year of the Awards a memorable occasion.

Sport & Recreation Victoria and VicHealth have continued their investment to build the capacity of **Regional Sport Victoria (RSV)**, which is the peak body that provides advocacy and leadership for nine Regional Sports Assemblies across the state of Victoria. It has been a critical 18 months for solidarity and support across the network. We have entered 'new territory' with the appointment of a General Manager, the establishment of the RSV Board, Memorandums, Terms of Reference, Service Quality Frameworks, and many other pivotal governance documents. The impending 12 months will see the RSV continue to lead and strengthen its position.

Regional Sports Assemblies are uniquely place-based across Regional Victoria to meet the regional and rural needs of our sport & recreation sector and intersecting communities. This is resonated through the approaches received for the delivery of programs outside our core work, which only goes towards increasing our capacity to build on our aims & objectives, and favourable outcomes for our communities.

Mildura...Swan Hill...Gannawarra...Buloke...



Executive Officer's Report continued

The MSA along with the 8 other Regional Sports Assemblies commenced a partnership to deliver the **Tackle your Feelings Program**. The training program aimed to give Football & Netball coaches the skills to understand, recognise and manage their response to signs of mental health issues. The pilot program in the Mildura region clearly demonstrated the vital need for this in our local community and through its initial success it will be delivered again in 2022.

The MSA facilitated the **AFL Champions Program** together with the Sunraysia Football Netball League, Millewa Football League and Sunraysia Women's Football League. The purpose of this program was to enhance club management and community building capabilities in regional Victoria and will conclude in September.

It is with genuine gratitude to the MSA Committee of Management for their support in my position as the Executive Officer and who provide essential & important guidance for the MSA. It has not been an easy year for the Committee with the added intel of COVID and review of our organisational structure. But it was completed with diligence to continue meeting our governance & Departmental responsibilities; and setting strong foundations for the future. I would like to share a special thankyou to Louise who stepped up to the Chairperson's role. She has shown exceptional leadership and provided immeasurable expertise along the way.

The MSA Staff have endured numerous challenges over time, and the last 18-months is no exception, but it has reinforced their resilience and commitment to continue achieving accomplishments for our organisation and our communities, congratulations to you all. The MSA Staff team encompasses 87years of dedication to the MSA, but in saying that, 15years of that dedication is changing directions and moving on and we bid a sad farewell to Tanya Wild. She has been an integral component of the team and shared the journey of the many highs and embraced the difficulties along the way, we wish her all the very best.

Our gratefulness to the continued support from our stakeholders – members, sport & recreation clubs & associations, community organisations, schools, businesses, and individuals who keep us vigilant to the important role we play in our community.

As the Mallee Sports Assembly moves into a critical & challenging year, we remain dedicated to connecting and building the capacity of our local clubs & organisations; and promoting, encouraging healthy lifestyles and participation opportunities for all.

I look forward to the 2021/22 year in partnership with the Mallee Sports Assembly staff team, the Committee of Management, and our communities. On a very exciting note, we will welcome to our staff team, John, Nash and Suraj working on the 'Revitalisation Program', another busy year.

Remember..... Participate, Feel Great!.....

**Carmel Mackay
Executive Officer**



Mildura...Swan Hill...Gannawarra...Buloke...



2020 - 2021 Programs

OUR ACTIVITIES

Assistance with Club Development

- ◆ Training Opportunities
- ◆ Resource Promotion
- ◆ Referral & Advice
- ◆ Regional Planning
- ◆ Health Promotion through Physical Activity
- ◆ Partnership Linkages
- ◆ Inclusive Development
- ◆ Advocacy
- ◆ Promotional Opportunities for Clubs

OUR CORE BUSINESS

- ◆ Leadership
- ◆ Sport & Recreation Development
- ◆ Health Promotion
- ◆ Industry Planning & Development
- ◆ Promotion of Resources & Education
- ◆ Promotion of Sport & Recreation

2020—2021

Together More Active Program (TMA)

The program supports initiatives that increase participation in sport and active recreation by:

1. Building a more sustainable sport and recreation sector in Victoria; and
2. Increasing the equity, diversity and inclusiveness of the sport and recreation industry in Victoria..

Activities

- ◆ Club education, training, governance and club management
- ◆ Developing inclusive opportunities for people with disabilities, Culturally and Linguistically Diverse Communities, disadvantaged communities, Women & Aboriginal Communities
- ◆ Newsletters, Facebook, website, radio, club resources, Calendar of Events
- ◆ Media promotions & publicity
- ◆ Events—International Day of People with Disabilities, Regional Lawn Bowls Carnivals, All Abilities Cricket Carnival
- ◆ Merbein & District Community Bank 97.9 Triple M Northern Mallee Sports Star Awards (Mildura)



2020 - 2021 Programs

2020 - 2021

Regional Sport Program (RSP)

Create more sustainable opportunities for less active Victorians to be physically active through sport and active recreation with particular focus on young people (12-17) and women and girls.

Activities

- ◆ Time 4 Me—Netball
- ◆ Golf
- ◆ Tennis
- ◆ Gym for Me
- ◆ Bowling with Babes
- ◆ Hoops—Basketball
- ◆ Dance—Salsa
- ◆ Social Riding
- ◆ Social Sixes—Cricket

Regional Sport Program



2020 - 2021

Good Sports Program (Mildura)

Assisting sporting clubs to manage alcohol responsibly. Displaying the Good Sports logo sends an important message to club members and the community. It indicates that a club promotes a responsible attitude towards alcohol and provides a safe environment for players, members, families and supporters.

What is in it for a Good Sports club?

- ◆ Enhanced family atmosphere.
- ◆ Increased membership and attendances.
- ◆ Being recognised as a community leader on alcohol management.
- ◆ Strengthen relationships with other community organisations.
- ◆ Creation of new income sources.
- ◆ Access to Responsible Service of Alcohol training for members.
- ◆ Reduced problems from alcohol misuse.
- ◆ Reduced risk of litigation.



Regional Sport Program



During 2018-21, VicHealth partnered with Regional Sports Assemblies to introduce more opportunities for regional Victorians to be physically active. The program aimed to:-

Improving the health of rural and regional Victorians through sport; and

Share principles to achieve health benefit, Champion inclusivity, Co-design with community, Collaborate with partners; and engage people who are less active and who experience the greatest barriers to participation; and connect with people at key life stages where their physical activity typically drops off, potentially leading to an inactive life.

The program created more sustainable opportunities for less active Victorians to be physically active through sport and active recreation with particular focus on young people (12-17) and women and girls with the goal of:

- Increasing the number of Victorians in rural and regional areas to become more active
- Increasing activity levels among less active Victorians in rural and regional areas
- Improving the health of rural and regional Victorians.

Buloke

Project Name: Social Tennis-5 week program

Location: Buloke Shire

Where: Wycheproof

Completed: Friday 12th March 2021

Partners-Mallee Sports Assembly, Wycheproof & District Lawn Tennis Club, Tennis Vic

Due to lack of interest the Wycheproof & District Lawn Tennis Club did not participate in the local inter-town tennis competition (first time in history) for the 20/21 season. It is still to be determined why there was a lack of interest in the local inter-town competition but there was still a strong interest for participation in "Social" tennis competition. This competition was introduced in February 2021 (post-harvest commitments) for a five weeks. This competition attracted people from other towns to enter teams, and others that don't normally play tennis. Attendances were recorded each week for VicHealth data purposes.

Attendances: 72 participants (36 females, 36 males)-which included 13 youth, 4 club volunteers/1club, 1 SSA, 1 RSA



Gannawarra

Bowling with Babies - 6 weeks

Gannawarra Shire

Where: Kerang

When: Feb - March 2021

Partners-Mallee Sports Assembly, Kerang Bowling Club, Bowls Vic, Bowls Aust

Never Too Young (or too old) To Start Playing Lawn Bowls

The Kerang Bowling Club is a very pro-active club and has always opened their doors to new people, including people of all abilities.

The Kerang Bowling Club has adopted the new Bowls Victoria program, "Bowling with Babies" with the aim to attract new faces on their greens. The 6 week program concluded on Thursday 18th March 2021. The program encouraged 9 new faces (parents) on the greens and also seven young toddlers who enjoyed rolling the balls on the picturesque greens. The "Bowling with Babies" was a fitness and social activity that you could enjoy with your little one/s. The "Bowling with Babies" program aimed to bring new and expecting mums together to enjoy a coffee, a chat and a social roll. The program was also ideal for the "stay at home" dads, single parents and grand parents who baby sit their grandchildren. It was a great way to mix in with others while the young ones also make new friends while you enjoy an informal game of lawn bowls.

This program was supported by the VicHealth "Reimaging Health" successful grant application that the club applied for. This enabled the club to purchase the required equipment for the program.

Club volunteers were on deck each week to support the participants and their young ones. Josh Thornton and Tony Sherwill both from Bowls Vic and Stephen Arthur from Bowls Australia also attended part of the program. The sessions included very informal skills which included the basic rules for the game, the rink lay out while the toddlers roll and chase bowling balls. It was a lot of fun with absolutely no pressure on skill, just enjoy some time out, a cuppa and biscuit with others at a very welcoming venue.

Congratulations and well done to the Kerang Bowling Club for taking on this initiative.



Other Regional Sport Program (RSP) Projects:

Buloke/Gannawarra

- Water Aerobics program - Kerang Swimming Pool - Gannawarra Shire
- Bowling with Babies program - Charlton Bowling Club - Buloke Shire
- Water Aerobics program - Kerang Swimming Pool - Gannawarra Shire
- Water Aerobics program - Charlton Swimming Pool – Buloke Shire
- Strength & Balance program - Donald - Buloke Shire
- Strength & Movement program - Birchip - Buloke Shire
- Virtual Active Challenge - Women and Girls - This Girl Can

Bowling with Babies - Charlton



Water Aerobics - Kerang



Active Youth Program - Birchip



Regional Sport Program



Mildura

Program: Bollywood Dance

Location: Mildura

Partners: Anita Manuel, Mildura Lawn Tennis Club, and Mallee Sports Assembly.

In January 2021 we commenced the Bollywood Dance program with Anita Manuel, at Mildura Lawn Tennis Club rooms. The interest in Bollywood Dance was overwhelming, with over 30 women registered for the program, over the 6 week period. The participants learnt a number of traditional Bollywood and Folk dances. Anita was able to break each dance down into smaller sections to give everyone the opportunity to learn the basic steps and movements.

The program did have a slight break, half way through due to COVID restrictions, but this did not stop the keen dancers. With an average of attendees in the first few weeks of 20, then after the break it dropped to half to 10 people. But the interest and support of the instructor, meant the participants were keen to continue the program beyond the 6 week trial. Further Bollywood Dance programs were organised for Term 3, 2021.



Other Regional Sport Program (RSP) Projects:

Mildura:

- Virtual Active Challenge
- Virtual Active Challenge - Women and Girls - This Girl Can
- This Girl Can
- Women's Baseball
- Mildura Roller Derby
- LDAT
- Homebase Hoops
- Regional Sport Program Communities of Practice



Swan Hill

Bowling With Babies – This Girl Can

Partners: TGC, Swan Hill Racecourse Bowls Club, Swan Hill Rural City Council, Swan Hill Health Promotion, Mallee Sports Assembly, Bowls Australia

The This Girl Can - Bowling with Babies program at Racecourse Bowls Club, Swan Hill was a great success with 27 registered participants. This was a joint initiative of Swan Hill Rural City Council, Swan Hill District Health, Mallee Sports Assembly and Bowls Victoria. The program grew with group of 9 participants to begin with during the first week, a heatwave the next, we ended the program with 16 participants week 3 and the final 4th session held 3rd December attracted 20 mums with their beautiful babies, (16 boys and 4 girls!). The club volunteers enjoyed looking after the babies as much as the mums enjoyed playing bowls and catching up with each other.

This is a participation program designed for and exclusive to new and expecting mums of all skill levels. Bowling with Babies provides a safe, comfortable environment for new mums to get out of the house, meet other mums, and enjoy a fun game of bowls followed by a coffee and healthy morning tea. The family friendly environment of bowls clubs is a perfect location for a non-competitive physical activity specifically designed to fit the needs of new mums.

This Girl Can is a campaign by VicHealth to encourage women and girls be more physically active.

Special thanks to Racecourse Bowls Club volunteers for providing such a welcoming and supporting environment for the program to be held and to Josh Thornton from Bowls Vic for providing his enthusiastic support to participants.



Other Regional Sports Projects (RSP)

Swan Hill

- Multicultural Women's Swimming Program
- Multicultural Women's Yoga
- Chair Yoga
- Chair Based Exercise
- Virtual Active Challenge - Women and Girls - This Girls Can
- Doing Sport Differently - Swan Hill Racecourse Bowls Club - Bowling with Babies - Video
- This Girl Can



Together More Active Program (TMA)

Buloke

Project: Basketball for All

Where: Donald Community Precinct, Donald

Partners: Mallee Sports Assembly, Donald Amateur Basketball Association, Donald Community Precinct, Donald High School.

Basketball has always been a popular activity for people of all abilities. A 4 week program was conducted at the newly updated Donald Community Precinct with great support/involvement from club volunteer of the Donald Amateur Basketball Association and staff and students of the Donald High School. A "buddy" system was used where each student would pair up with a participant to assist and support them with their game. As in the past this worked very well and it certainly helps in breaking down the barriers within these sectors of the community.

Club volunteer of the Donald Amateur Basketball Association Kath Campbell is always very encouraging and interactive with her continued support and cooperation for supporting programs for people of all abilities. A big thank you to her for everything she does-all on a volunteer basis.

Attendances included: Participants -15, club -1 volunteer, staff - 7, students - 9, MSA -1



Together More Active Program (TMA)

Buloke continued

Project Name: Level 1 Sports Trainers course

Location: Donald-Buloke Shire

Where: Donald Community Precinct-Donald

When: Sunday 28th March 2021

Partners: Mallee Sports Assembly, Sports Medicine Australia, Donald Community Precinct

Fourteen people completed the Level 1 Sports trainers course that was conducted at Donald on Sunday 28th March 2021. This is a great outcome and what a change, as people travelled from Melbourne, Bendigo and other regions to participate in the course, instead of the usual other way around. After a year off (no thanks to COVID-19) it was an ideal time to get organized to have qualified sport trainers on the side-lines of your sport. Being a sports trainer is a great skill to have and something that people can do to give back to the club as a valuable volunteer.

Ian Clough from Horsham was the experienced facilitator employed by Sport Medicine Australia. I was thrilled with the response for the course as I didn't want our sporting clubs/org's in the "bush" to miss out. These opportunities are not always available and this was evident by the travelling distances and commitment some participants made to attend-one participant travelled so far that he came to Donald the night before.

The course covered:-

Sports Trainer in Action

Preventing Sports Injuries

Drugs in Sport

Common Medical Conditions

Sports Taping (ankle, thumb and finger)

Common Sporting Illness and Injuries

Basic Musculoskeletal Anatomy

Nutrition and Hydration in Sport

Management of the Injured Athlete

Concussion

Transporting the Injured Athlete

Participants included 3 Physios and sporting clubs from Melbourne, Longwood, White Hills, Marong, Wycheproof-Narraport, Strathfieldsaye, Boort, Serpentine and Essendon



Together More Active Program (TMA)

Gannawarra

Project: Golf For All - 4 week program

Completed: Thursday 4th March 2021

Where: Kerang Golf Club-Kerang

Partners: Mallee Sports Assembly, Kerang Golf Club

The Kerang Golf Club once again opened their doors for people with a disability for the 8th year in a row (apart from COVID-19 interruptions) which is excellent. Despite the numbers being low, all that participated enjoyed this unique opportunity to try out their skills with the sport of golf. Each week the club had all the equipment ready to go and always obliging to support the participants. Each session included putting and driving (golf) on the very picturesque course.

Attendances included: Participants - 4, staff - 4, club volunteers - 2, MSA - 1



Other Together More Active Program Projects:-

Buloke/Gannawarra

- Tennis program for People With Disability - Donald Lawn Tennis Club, Donald - Buloke Shire-
- Carpet Bowls program for People With Disability - Kerang - Gannawarra Shire
- MSA Covid -19 Guided Conversations (by phone calls/Zoom) to sporting/recreation clubs
- Strategic Planning Workshop – Online
- Virtual Challenge - International Day of People with Disability
- Clubs - One-on-One support for advice, resources etc.
- Donald Participation Plan
- Promotion/marketing

Carpet Bowls



Tennis for All



Together More Active Program (TMA)

Mildura

Program: Let's Dance

Location: Mildura

Partners: Limitless Dance Academy, Mallee Sports Assembly

Over the past 12 months, Mallee Sports Assembly conducted a number of consultative sessions with local disability organisation and individuals. It became aware to MSA that there was a gap in the market for an All Abilities Dance program for adults.

Through numerous conversations and organising we came to an agreement with Limitless Dance Academy to develop a 6 week program. This was scheduled to commence in October 2020 but due to COVID lockdowns, the program was postponed until Term 2, 2021.

Over 6 weeks in April and May 2021, 6 adults with disabilities participated in an All-Abilities Dance Program with Limitless Dance Academy. During the 6 weeks, participants learnt a variety of hip hop/ modern dance numbers. Through these sessions participants improved their coordination, balance, forward thinking, memory, and artistic flare.

At the final session everyone was encouraged to bring a friend or family member along to witness the dance they had been working on for the past 6 weeks. The performance was a great success and highlighted that we all have a dancer within.

Mallee Sports Assembly and Limitless Dance Academy are looking to continue their partnership and All Abilities Dance program with another program in Term 4, 2021.



Together More Active Program (TMA)

Mildura continued

Program: Inclusive Club Coaching Workshop – Mildura & District Little Athletics

Location: Mildura

On the 1 December, 2020; Mildura & District Little Athletics Centre, 9 out of 10 committee members participated and completed the MSA Inclusive Club Coach Workshop, at South Mildura Sporting Club Rooms. This program is 2 hours in duration and covers barriers people have to participation, clubs and group – why do we join, what people bring and how to be welcoming; Awareness of self and other; Good coaching practices.

The discussion created by the attendees, provided a reassurance that the club is aware of factors to include everyone in the community, and how they could potentially do a variety of things better.



Other Together More Active Program Projects:

Mildura

- All Abilities Football (AFL)
- All Abilities Lawn Bowls
- All Abilities Regional Lawn Bowls Carnival
- AFL Club Champion Program
- Club Health Check – Merbein Bowling Club
- Strategic Planning Workshop – Online
- Tennis for All
- MSA Covid-19 Guided Conversations (by phone calls/Zoom) to sporting/recreation clubs
- Virtual Challenge - International Day of People with Disability
- Mildura Roller Derby
- Fair Play - Sunraysia Gliding
- Promotion/marketing
- Clubs - One-on-One support for advice, resources etc.
- Radio Segment



Together More Active Program (TMA)

Swan Hill

All Abilities Football

Partners: Echuca Discoveries – Swan Hill, AFL, Mallee Sports Assembly

This six week program was held on Tuesday mornings, beginning April 6th until May 11th 2021 at Swan Hill Recreation Reserve with 10 participants and 5 staff. The weather was kind with only one session being postponed due to rain. The participants enjoyed learning new skills including handball, kicking, and various footy drills. Echuca Discoveries Swan Hill staff facilitated the program supported by AFL, who also provided equipment.



Nyah West Golf Club

Fair Play Code Workshop

Partners: Nyah West Golf Club, Mallee Sports Assembly

The Victorian Government's Fair Play Code – a code of conduct for sport and recreation in Victoria, outlines the standards of behaviour expected for everyone involved in sport and recreation. **Nyah West Golf Club** committee members participated in the Fair Play Code Workshop facilitated by Mallee Sports Assembly's Project Officer - Delia Baber. Congratulations to the club for attending the workshop to review, develop and adopt a Fair Play Code to align with club policies.

The Fair Play Code sends a loud and clear message that bad behaviour, violence, cheating and intimidation has no place in sport and recreation

The code has five core values that will lead to fair play for all

- Integrity:** Being honest, fair, respectful, trustworthy, reliable, open and transparent in dealings with others.
- Respect:** Treating everyone in a considerate and courteous manner.
- Responsibility:** Accepting the consequences of your actions and decisions. Be a positive role model. Comply with child safe standards.
- Fairness:** Being informed, consistent, impartial and reasonable in dealings with others. Understanding and playing by the rules and the spirit of the game. Provide a fair go for people of all abilities.
- Safety:** Providing a safe, welcoming and inclusive environment, ensure equipment, facilities and programs meet standards

The Fair Play Code features guidance on the responsibilities of those involved in sport and recreation, dealing with potential breaches and where to seek further information.

Nyah West Golf Club adopted the Fair Play policies at their AGM held 16th November 2020. **Nyah West Golf Club have been dedicated to make their club a Fair Play Club**



Together More Active Program (TMA)

Other Together More Active Projects (TMA)

Swan Hill

- Circuit and Swimming for All at SH Leisure Centre
- Football for All – Echuca Discoveries-SH, AFL
- Bowls for All – Vivid Living, Swan Hill Racecourse Bowls Club
- Swan Hill Regional All Abilities Bowls – SH Racecourse Bowls Club
- Disability Awareness Workshops – Murray ACE
- Fair Play Workshop – Nyah West Golf Club
- Mallee District Aboriginal Services - Elders
- Inclusion Workshop – Bowls Vic, Swan Hill College Sport & Recreation Students
- PUSH – Progressive Unity Swan Hill Disability Network
- Virtual Challenge - International Day of People with Disability
- MSA Covid -19 Guided Conversations (by phone calls/Zoom) to sporting/recreation clubs
- Clubs - One-on-One support for advice, resources etc.
- Promotion/marketing



'BEYOND THE FRONT STEP'- MSA



In October 2019, MSA, commenced The Loddon Mallee Region Move It Project - 'Beyond the Front Step' (BFS) overseen by Macedon Ranges Shire Council (MRSC) and Mildura Rural City Council (MRCC). This project was made possible by Australian Government's Move It AUS Better Aging Grant through Sport Australia.

The three Local Government Areas (LGA's) being Buloke Shire Council, Swan Hill Rural Council and Mildura Rural City Council were proud to offer a wide range of activities to support people 65+ years and Aboriginal people aged 50+ years to be active, and improve older residents understanding of the benefits of regular physical activity, mental well-being, social connectedness and build the capacity of groups to deliver physical activities to older residents.

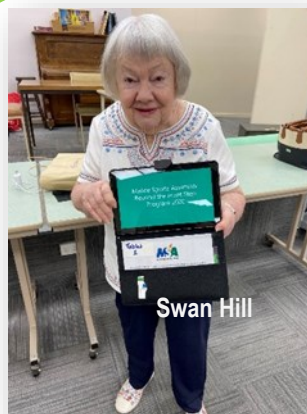
Beyond the Front Step program was extended into 2021 due to the Covid-19 lockdowns and finished in March, 2021.

Samsung Tablets

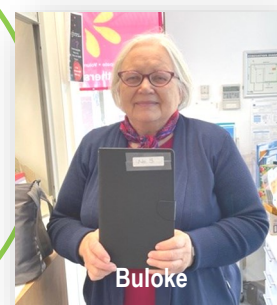
Mallee Sports Assembly was able to purchase Samsung Tablets and load them with information about the benefits of physical activity and healthy lifestyles, Chair Based Exercise sessions, Beyond the Front Step participant testimonials and lots of photos. The information tablets can be on loan for up to 4 weeks then return for someone else to borrow. This is a great way to keep people active if they are unable to leave the house to exercise. The three offices of MSA – Mildura, Swan Hill & Wycheproof have 5 Tablets each to loan out to borrowers.



Mildura



Swan Hill



Buloke



MSA Sport & Active Recreation Directory

Mallee Sports Assembly identified the need for a Sport and Active Recreation Directory in the four local government areas of Buloke, Gannawarra, Mildura and Swan Hill. MSA invited sport and active Recreation clubs to complete a survey on their club. From this information MSA Mildura compiled the MSA Sport & Active Recreation Directory which will be available in the four LGA's, as well as being able to access this from the new MSA website.



'BEYOND THE FRONT STEP'- MSA



Cultural Awareness Training - 25/02/2021

On the 25th February, 2021 Mallee Sports Assembly staff, other local community organisations & clubs came together (15 participants) to complete a 4 hour Cultural Competency Course at Sunraysia Mallee Ethnic Communities Council (SMECC). The training workshop was identified as an important addition to creating further opportunities for physical activities for older adults and was facilitated by SMECC.

This course covered what does it mean to have cultural competency, AMES cards, the different community models and theories and how these relate to different societies and cultural groups within the world.

Overall the half course was exceptional delivered by SMECC and we would recommend other organisations and groups to look at the workshop in the future.

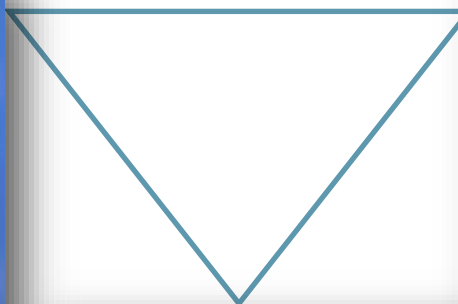
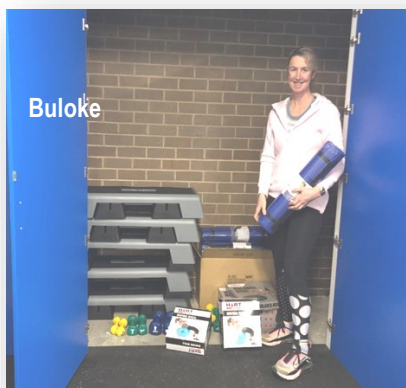
MSA is continuing to work with SMECC to develop and enhance this workshop to be delivered to our local sporting clubs.

Equipment - Move It Funding provided the opportunity to purchase equipment, and vouchers for programs to continue once the funding ceased.

Buloke - Exercise/sporting equipment - the following equipment was purchased:- exercise bike, flexible marker mega kit, hurdles, resistance bands, balance pads, kettle bells, buoyancy belts, yoga mats, swiss balls, aerobic steps, pool noodles and dumb bells. This equipment is being used by the local Certificate IV Fitness instructor to obtain/update exercise equipment required for their programs to enhance the sustainability of the programs for years to come.

Mildura - MSA Mildura supplied the Red Cliffs Exercise program with a variety of equipment to continue the program including: Dumbbells, resistance bands, and storage boxes. We also provided vouchers to participants for Basic Exercise program at Red Cliffs, Tai Chi Classes at Merbein and Aqua Class passes for Mildura Waves. Through the funding we were able to support 2 people through additional training in Tai Chi and Strength Based training to continue to providing exercise programs for older adults.

Swan Hill This included pool noodles, aqua dumb bells, aqua frame, floor mats, dumb bells, resistance bands, kettle bells, slam ball, jump ropes, boxing equipment, yoga block & strap and an urn for morning tea after exercising. We were also able to purchase vouchers for continued participation in Chair Yoga, Yoga, Tia Chi, Chair Based Exercise, Pilates and 10 week Gym membership.



'BEYOND THE FRONT STEP'- MSA



Buloke

The Grand Finale for the "Beyond The Front Step" project was celebrated at the Supper Rooms Wycheproof Shire Hall on Tuesday 20th April 2021. Mallee Sports Assembly Buloke Project Officer welcomed everyone including MSA Executive Officer Carmel Mackay, MSA Program Manager of the Beyond The Front Step Elena Nemtsas and Loddon Mallee Move it Project Coordinator Jane Fewings.

The morning started with Mandy Wells - Fitness Instructor from Donald getting everyone moving with some very inspirational music. This was followed by a light luncheon. After the luncheon MSA Buloke Project Officer Rhonda Allan recapped what had happened over the past 18 months. This was followed by some participants and facilitators who spoke about their experiences with the program which led to many laughs and great messages. Executive Officer of MSA spoke to the group about the project and commitments made to make it such a success. An extensive power point/videos was played that captured some of the many sessions.



Activities in the Buloke area

6 week yoga program - Wycheproof

6 week yoga program - Charlton

6 week Strength & Movement program - Birchip

6 week (Tuesday sessions) water aerobics program - Sea Lake

6 week (Friday sessions) water aerobics program - Sea Lake

6 week water aerobics program - Charlton

6 week yoga program - Wycheproof

6 week yoga program - Charlton

6 week Strength & Balance program - Charlton

6 week Strength & Movement program - Birchip

6 week Strength & Balance program - Donald

Beyond The Front Step Grand Finale - Wycheproof-Buloke Shire - recap of the project including a healthy light luncheon, power point, guest speakers and a fun activity - 35 people attended with 18 apologies

Overall a total of 119 participants attended the above programs across the Buloke area



'BEYOND THE FRONT STEP'- MSA

Mildura

Program: Let's Have a Ball!

Location: Merbein

Partners: Merbein Bowling Club, Mildura & District Aboriginal Services, Mildura Rural City Council, Macedon Ranges Council, Sport Aus.

In February 2021 we commenced a lawn bowls program with Merbein Bowling Club. This program was out of interest from several people, wishing to learn more and experience the sport in a social and relaxed environment. The club was also very interested in conducting the program, to increase their members and engagement with local community. The introduction lawn bowls program was developed and commenced on Tuesday mornings on the 2nd February for 7 weeks.

There was an average of 5 to 7 people each week, learning the skills and techniques of the sport. The club provided 3 to 4 experienced players, who volunteered their time and expertise to the new participants. Majority of the attendees were elders of the local aboriginal community, who attended with the support of Mildura and District Aboriginal Services (MDAS).

Over the course of the program, everyone's skills and capabilities in lawn bowls improved greatly. These participants now play on a regular base in the club's social bowls program on a Wednesday afternoon.



Activities in the Mildura area

3 x 10 week - Basic Exercise – Red Cliffs

10 week - Tai Chi – Red Cliffs

4 week - Bocce – Irymple

6 week - Aqua Aerobics – Mildura

6 week - Lawn Bowls – Merbein

2 x 6 week - Tai Chi – Merbein

6 week - Bollywood Dance – Mildura

Total number of people who participated in the program across the Mildura region - 91



'BEYOND THE FRONT STEP'- MSA

Swan Hill

Chair Based Exercise Classes

Partners: Move It, Swan Hill Neighbourhood House, Mallee Sports Assembly

For Older Adults 65+

This program was held on Tuesday and Friday mornings 9:30am—10:30am followed by morning tea, beginning on Tuesday 10th November for 6 weeks.

Well, we have been through such a trying time with Covid-19 restrictions and not being able to run programs at all. Then we could run programs, but they had to be held outdoors for ten participants only. Luckily, this restriction was lifted prior to our start date but we could only have 10 participants attend. Once restrictions lifted, we can have up to 20 in the hall at Swan Hill Neighbourhood House. Everyone needed to social distance, use hand sanitiser, and wear a mask when required.

We had 22 registered participants, 16 is the most we have had attend at the one time; it was wonderful to have this number of people exercising together and increasing their physical activity opportunities. The most important part is the cuppa after the class, where many conversations are held – a very social group.

When restrictions eased there was an average of 18-20 participants on Tuesday and Friday mornings.



Activities in the Swan Hill area

3 x 8 week – Pilates – Swan Hill

2 x 6 week – Chair Based Exercise- Swan Hill

2 x 8 week - Chair Based Exercise- Swan Hill

5 week - Aqua classes – Swan Hill

6 week – Swimming Program – Swan Hill

6 week – Chair Yoga Program – Swan Hill

4 week – Tai Chi Program – Swan Hill

Total number of people who participated in the program across the Swan Hill region - 110



AFL Club Champion Program - Together More Active



Mallee Sports Assembly



AFL Club Champion Program

From May to June 2021, Mallee Sports Assembly implemented and conducted the AFL Champions Program with local Football Netball Clubs from the Sunraysia Football Netball League, Millewa Football League and Sunraysia Women's Football League.

During this time we engaged with 13 of the 15 clubs, conducted five assessments and implemented action plans and planned workshops in Child Safe Standards and Volunteering – Attract, Retain and Re-engage.

The clubs which completed the assessment included:

Gol Gol Hawks Football Netball Club

Werrimull Football Netball Club

Nangiloc Football Netball Club

South Mildura Sporting Club

Mildura Football Netball Club

The assessments have enabled MSA to identify gaps within the clubs, to then provide them with resources and tools needed to address these disparities. We have been able to build the capacity of the clubs and as an organization to support the clubs moving forward for the future. We have been able to identify the areas of concern for a club, differing issues clubs may be facing and how collective we can support these clubs.

The clubs who participated in the program, were engaging and willing to share information. These clubs were eager to provide information and open to the ideas and changes they could potentially conduct within their club. Many of the clubs had similar issues and concerns, therefore conducting workshops where all the clubs could come together on the same topic was important.

Common themes that were identified across the clubs included: Volunteer – recruitment and retention; Child Safe Standards, Marketing/Communications and information on Strategic Planning.

Two online workshops in these areas were arranged and organized for September and October 2021.



Virtual Challenges - Regional Sport Program

Mallee Sports Assembly conducted a virtual active challenge on Saturday 12 and Sunday 13 September 2020. The only criteria for the Virtual Challenge was to complete a minimum of 30 minutes on one or both days. It was exciting to have Seventy people of all ages participate in the event, from all regions of the Mallee. There were different types of activities used including: run, walk, cycle, exercise classes, golf and more.

Our Ambassadors were a great inspiration across the region. The Ambassadors were: Chris Duffy and Gill Fawcett in Buloke region, Gayle Teasdale in Gannawarra, Courtney Wakefield and Greg Rhodes in Mildura and Scott Fletcher and Joanna Hodge in Swan Hill. These local people encouraged and supported all local people to participate in the event over the weekend.

All participants went into the draw for local prizes with Chris (Mildura), Mia (Swan Hill), Lorraine (Gannawarra) & Averyll (Buloke) being successful. Mallee Sports Assembly thanked everyone that joined in our MSA Virtual Active Challenge.



Virtual Challenges - Together More Active



December Virtual Active Challenge

Mallee Sports Assembly Virtual Active Challenge in December, coincided with International Day of People with Disability on the 3rd December 2020. As we were unable to hold our normal events across the region, we encouraged everyone to get out and be active in their own town, workplace, home, and community.

MSA encouraged participants to be physically active for a minimum of 30 minutes over 2 days between the 30th November and 7th December 2020. Individuals and disability organisations registered for the week long event who were then eligible to go in the draw for local prizes.

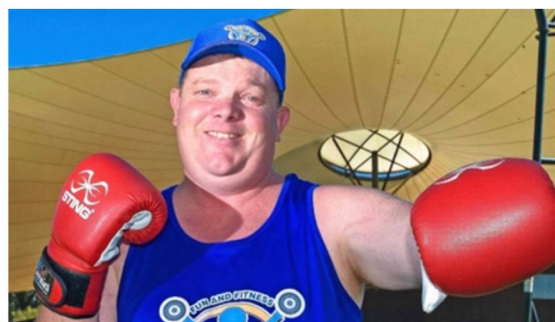
The theme for 2020 International Day of People with Disability was to celebrate and acknowledge the achievements and contributions of people with disabilities in our local communities. Local ambassadors being Josh Thornton - Swan Hill, Aria Brennan - Buloke and Chris Brown - Mildura ,promoted and supported the program. All ambassadors are very active in their own sport or activity



Aria Brennan



Josh Thornton



Chris Brown



Virtual Challenges - This Girl Can

Regional Sport Program

Mallee Sports Assembly Female Virtual Active Challenge

Mallee Sports Assembly encouraged females young and old to join the our March Virtual Active Challenge. This was conducted during This Girl Can Week -Victoria from the 22-28th March, 2021. It was all about women getting active in their own way, and we think it was awesome.

People chose the type of exercise to do – walk, run, cycle, skate, swim, dance or your own adventure for 30 minutes or more at any time over 2 days or more, during this week.

Whether you do it for the friendships, me-time, or a love of the game, @ThisGirlCanVIC and Mallee Sports Assembly will be there cheering you on #ThisGirlCanVIC #VicHealth

Forty-six registered for the week long challenge across the Mallee:- Buloke 10 people, Mildura 29 and Swan Hill 7. Mallee Sports Assembly extended our thanks to the local representatives who supported the challenge and encouraged others to get involved. Our local representatives were: Tegan Devereux and Tash Kelly in Swan Hill, Raya Robb and Sarah Gaskin in Mildura, Mary Headon and Nakia Nunn in Buloke and Belinda Batchelor in Gannawarra.

This event was open to people across Mildura, Swan Hill, Buloke and Gannawarra Shires with no cost to participate.



Tegan Devereux - Swan Hill



Nakia Nunn - Buloke



Raya Robb - Mildura



**Belinda Batchelor
Gannawarra**



Tash Kelly - Swan Hill



Mary Headon - Buloke



Sarah Gaskin - Mildura



Virtual Challenges - Regional Sport Program

This Girl Can



Swan Hill

During 2020 COVID-19 unfortunately forced the Lake Boga Foreshore parkrun, the third funded This Girl Can – Victoria activity for our area, to be delayed until 2021. parkrun is a free weekly 5km timed walk/run that encourages everyone (especially those who are not usually runners!) to get out there and give it a go. Once restrictions were eased parkrun was launched, Saturday 16th January 2021



Bowling with Babies



Social Sixes Cricket



Good Sports



Good Sports has been the Community Partner with Mallee Sports Assembly for in excess of 19 years and I have delivered this program for more than 16 years. In 2021 Good Sports has taken produced a new program and a different direction of delivering this program. The new Good Sports program has clubs now doing their accreditations on line. From July to December 2020 Mallee Sports Assembly accredited 5 clubs under the previous Good Sports Clubs. These clubs were:

- Merbein Golf Club - Level 3
- Nullawil Football Club - Level 2
- Football Federation Sunraysia - Level 2
- Mildura United Soccer Club - Level 2
- Coomealla Mildura Mountainless Bike Club - Level 2

As the hospitality industry was severely affected by Covid-19 only one meeting was required during the 2020-2021 year.

Courses delivered

Responsible Service of Alcohol Courses:

- 10th February, 2021 - Merbein Football Netball Club - 24 attendees from 8 clubs
- 22nd February, 2021 - Mildura Harness Racing Club - 17 attendees from 2 clubs
- 29th March, 2021 - Imperial Football Netball Club - 16 attendees from 5 clubs

Liquor Licensing Seminar - 22nd April, 2021 - 4 attendees from 2 clubs.

Good Sports Webinars –

Good Sports in conjunction with Mallee Sports Assembly coordinated a Webinar by Zoom on the 5/05/2021 6.30 -7.30pm to all Good Sports accredited clubs across from Mildura, Swan Hill, Buloke and Gannawarra, as well invitations to clubs interested in joining Good Sports and Members of Mallee Sports Assembly. Nine clubs from Mildura LGA, 1 Gannawarra LGA, and 4 Buloke LGA.

The Webinar covered Liquor Licensing, Good Sports and information on Mallee Sports Assembly.



Sports Star - Mildura

Merbein & District
Community Bank Branch Bendigo Bank



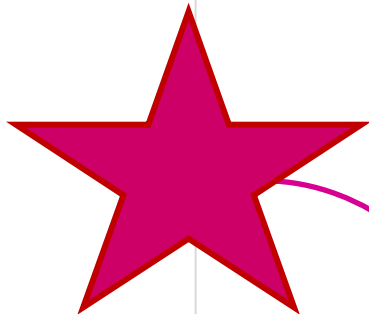
29th Annual 2019 Merbein & District Community Bank 97.9 Triple M

Northern Mallee Sports Star

For the first time in the 29 years of the Northern Mallee Sports Star Awards, the Board of Mallee Sports Assembly had to make the agonizing decision to cancel the awards for 2020 due to Covid-19. Covid-19 had a devastating effect on all our sport being cancelled numerous times during the year due to lockdown restrictions. The Sports Star Awards was just one of many Covid-19 casualties.

The January, February and March Sports Star have been transferred to the 2021 year.

Mallee Sports Assembly sincerely thank all our sponsors who have continued to support our Northern Mallee Sports Star Awards.



Mallee Sports Assembly acknowledges the continued support from the following sponsors of our Annual Awards

Merbein & District Community Bank

Telstra Store Mildura

Viatek

McDonalds Mildura and Irymple

Sunraysia Daily

Mallee District Aboriginal Services

Sportspower

97.9 Triple M

AV Trophies

WIN TV

Aligned Leisure

Rural Access

Mildura Rural City Council

Club Da Vinci

Audisound



Sports Star - Mildura continued

Merbein & District
Community Bank Branch **Bendigo Bank**



TRIPLE
97.9
SUNRAYSIA

TELSTRA STORE
MILDURA



Viatek
IT'S ABOUT YOUR BUSINESS



SunraysiaDaily



ALIGNED
LEISURE





TACKLE YOUR FEELINGS

Tackle Your Feelings is a training program designed for local footy/netball clubs. It strives to improve understanding and awareness of mental health as well as build skills within the coaches to foster an environment where athletes are supported to effectively manage their emotions.

Tackle Your Feelings is a free program, delivered by local psychologist Rebecca McMillan (Blume Psychology), which aimed to provide community coaches and members with the tools to understand, recognise and manage their response to signs of mental health in their players and community. The workshop was interactive 75 minutes.

Tackle Your Feelings ambassadors, Leon Cameron, Alastair Clarkson, Neville Jetta, Kara Antonio and Dylan Buckley also feature throughout the video content with the program. The TYF was open to club netball coaches as well as it encouraged the leaders in the club eg President, committee and club members to complete this program. The program was not only aimed at senior level coaches but also junior coaches. Football coaches that completed the full TYF journey, starting with the awareness module via CoachAFL would be rewarded with **6 points** towards their CPD requirements for 2021.

Mallee Sports Assembly Mildura were to deliver this project to 5 clubs between April and June 2021 but due to Covid-19 lockdowns and uncertainties of delivering the workshops, Tackle Your Feelings advised that this was reduced with the final presentation held on the 13th July, 2021.

Two clubs were selected to be part of the evaluation through Monash University. One club would be the experimental and the other the Control club. The experimental club participants along with the control club participants completed a Pre-survey and then the experimental club completed the Face-to-Face Training and survey on the 26th April, 2021. The control club then completed a Face-to-Face Training between June 10 and June 20. Both clubs completed a Post-Survey in late June, 2021.

Tackle Your Feelings (TYF) workshops were delivered to the following

- Mildura Football Netball Club (26th April, 2021) - 12 attendees being 5 Football and 7 Netball representatives.
- Merbein Football Netball Club (16th June, 2021) - 12 attendees being 6 Football and 6 Netball representatives (with Meringur Football Netball Club represented as well).
- South Mildura Football Netball Club (30th June, 2021) - 30 attendees being 24 Football and 6 Netball representatives
- Imperial Football Netball Club (13th July, 2021) - 9 attendees being 7 Football and 2 Netball representatives.

Tackle Your Feelings will again be delivered 2022 to clubs.

Mallee Sports Assembly wishes to thank Tackle Your Feelings - Nick Walsh and Gin McInnery for all their support in the delivering of this program.



Financial Members

Angela Hird	Eagles Baseball Club (Mildura) Inc
Troy Bailey	East End Community House
Gayle Danson	Football Federation Victoria - Sunraysia
Shirley Boulton	Gannawarra Shire Council
Len Spence	Gol Gol Hawks Football Netball Club
Ataru International Taekwondo	Hawks Baseball Club
Bambill Football Netball Club	Imperial Football Netball Club
Berriwillock Bowls Club	Irymple Basketball Association
Birchip Bowls Club Inc	Irymple Bocce Club Inc
Birchip Business & Learning Centre	Irymple Bowls Club
Birchip Rifle Club	Irymple Cricket Club
Birchip Tennis Club	Irymple Football Netball Club
Birchip Watchem Netball Club	Irymple Secondary College
Border Western Horse Group Inc	Irymple Swimming Club
Bowls Sunraysia	Kerang Bowling Club Inc
Cardross Cricket Club	Kerang Golf Bowling Club
Cardross Football/Netball Club	Koondrook/Barham Football Netball Club
Charlton Badminton Club	Koowinda Hockey Club
Charlton Bowling Club Inc	Ladd's Boxing Club
Charlton College	Lake Boga Bowling Club
Charlton Croquet Club	Lakeside Golf Club
Charlton Football Club	Leitchville Bowls Club Inc
Charlton Golf Club	Leitchville Gunbower Football Netball Club
Charlton Lawn Tennis Club Inc	Loddon Murray Hockey Club
Charlton Netball Club	Macorna Football Netball Club
Cohuna Bowls Club Inc	Mallee Sunset Field Archers
Cohuna Golf Bowls Club	Mallee Touch Association
Cohuna Kangas Football Club	Merbein Amateur Swimming Club
Coomealla Golf Club	Merbein Bowling Club
Coomealla-Mildura Mountainless Bike Club	Merbein Football & Netball Club Inc.
Culgoa Golf Club	Merbein Golf Club
Diving Sunraysia	Merbein P-10 College
Donald Field & Game	Merbein-South Cricket Club
Donald Golf & Bowls Club Inc	Mildura & District Little Athletics Centre
Donald High School	Mildura Alcheringa Pony Club Inc
Donald Hockey Club	Mildura and District Ski Club
Donald Lawn Tennis Club Inc	Mildura BMX Club
Donald Netball Club	Mildura Bowls Club Inc.
Donald Pony Club	Mildura Brazilian Jiu-Jitsu



Financial Members

Mildura Calisthenics Club	Nullawil Football Club
Mildura City Soccer Club Inc	Nullawil Lawn Tennis Club
Mildura Clay Target Gun Club	Nullawil Netball Club
Mildura Club Da Vinci Inc.	Nyah District Bowling Club Inc
Mildura Croquet Club	Nyah West Golf Club Inc
Mildura Dragon Boat Club	Ouyen Bowls Club
Mildura East Cricket Club	Ouyen Golf Club
Mildura Football/Netball Club	Ouyen United Football & Netball Club Inc
Mildura Golf Resort	Patchewollock Gun Club renewed
Mildura Harness Racing Club	Quambatook Football Netball Club
Mildura Horse Complex	Red Cliffs Bowling Club
Mildura Go-Kart Club Inc	Red Cliffs Cricket Association
Mildura Lawn Tennis Club	Red Cliffs Football Netball Club
Mildura Life Saving Club	Red Cliffs Golf Club Inc
Mildura Motorcycle Club	Red Cliffs Lawn Tennis Club
Mildura Murray Masters Swimming Club	Red Cliffs Secondary College
Mildura Pistol Club	Regional Swim Clinics
Mildura Powerlifting Club Inc	Riverside Golf Club Inc
Mildura Racing Club	Robinvale Euston Football Netball Club
Mildura Roller Derby	Robinvale Lawn Tennis Club Inc
Mildura Rowing Club	Sacred Heart/St.Andrews Tennis Club
Mildura Rural City Council	Saints Baseball Club
Mildura Settlers Cricket Club	Sea Lake & District Community Centre
Mildura Smallbore Rifle Club Inc	Sea Lake Golf Bowls Club
Mildura Squash Inc	Sea Lake/Nandaly Tigers Football Netball Club
Mildura Swimming Club	South Mildura Sporting Club Inc
Mildura United Soccer Club	South West Cricket Club
Mildura West Cricket Club Inc	St Joseph's College Mildura
Mildura Workers Bowls Club	Sunraysia Academy of Sport
Mildura-Coomealla Cycling Club	Sunraysia Baseball League Inc.
Murrabit Netball Club Inc	Sunraysia Darts League
Murray Adult Community Education	Sunraysia Dirt Karters
Murray Darling Golf Association	Sunraysia Drag Racing Association
Nangiloc & District Bowls Club	Sunraysia Field & Game Inc
Nangiloc & District Football Club Inc	Sunraysia Football Netball League
Nichols Point Cricket Club	Sunraysia Football Umpires Assoc Inc
Nichols Point Soccer Club Inc	Sunraysia Gliding Club Inc
North West Vic Adult Riding Club	Sunraysia Hockey Association
North West Victorian Motorcycle Club	Sunraysia Motorsports Club Inc



Financial Members

Sunraysia Table Tennis Association	Wandella Football Netball Club
Sunraysia Taekwon Do	Wanderers Baseball Club
Sunraysia Volleyball Inc	Wentworth & District Football Club
Sunraysia Willowfest	Wentworth Bowling Club
Swan Hill Basketball Association	Wentworth District Rowing Club
Swan Hill Bowls Club Inc	Werrimull Football/Netball Club
Swan Hill Lawn Tennis & Croquet Club	Woodbine Inc
Swan Hill Gymnastics Club Inc	Workers Gol Gol Cricket Club
Swan Hill Racecourse Bowls Club	Wycheproof Community Resource Centre
Swan Hill Soccer League Inc	Wycheproof Croquet
Three Colours Soccer Club Inc	Wycheproof Narraport Football Club Inc
Vision Australia	



Acknowledgements & Major Supporters



3SH - Swan Hill
 97.9 Triple M
 AAA Play
 ABC Mildura - Swan Hill
 Access Your Supports (AYS)
 AFL Sunraysia
 AFL Vic Country
 AFL Victoria
 Alcohol & Drug Foundation - Good Sports
 Aligned Leisure
 Anita Manuel
 Anne Page-Birchip
 Aria Brennan
 Audisound
 AV Trophies
 Averyll Loft -Wycheproof
 Axis Employment
 Basketball Vic
 Bendigo Bowling Centre
 Bendigo Carer Support
 Bendigo Health Care Group
 Bendigo Pistol Club
 Bill Karametos
 Bill Madaferri
 Birchip P-12 School
 Birchip Senior Citizens
 Bowls Australia
 Bowls Sunraysia
 Bowls Victoria
 Brenda Doran -Birchip
 Buloke Shire Council
 Buloke Times-Donald
 Cardross Football Club Inc
 Carol Reid - Birchip
 Central Murray Football Netball League
 Charlton Basketball Association
 Charlton Bowling Club

Charlton Bowling Club
 Charlton Neighbourhood House
 Charlton Pony Club
 Chris Brown
 Chris Duffy
 Christie Centre
 Club Da Vinci
 Community Bank Merbein, Bendigo Bank
 Coomealla Mildura Mountainless Bike Club
 Council On The Ageing (COTA) Victoria
 Courtney Wakefield
 Cricket Victoria
 Darren Keune
 David Alderuccio
 David Jonkers
 David Kennedy
 David Zacher
 Dawn Ferrier
 Deklan Loveridge
 Department of Health & Human Services
 Disability Sport and Recreation
 Donald Amateur Basketball Association-Donald
 Donald Community Precinct
 Donald Golf and Bowls Club
 Donald High School
 Donald Lawn Tennis Club
 Donald Netball Club
 Donald Primary School
 Donald Recreation Reserve
 East Wimmera Health Service-
 Echuca Discoveries – Swan Hill
 Evelyn Keyes - Ultima
 Eworks
 Felicity O'Rourke
 Gannawarra Health & Well-being network
 Gannawarra Shire Council
 Gannawarra Times - Kerang



Acknowledgements & Major Supporters continued

Gannawarra Youthworks Network
 Gayle Teasdale
 Genevieve Foot - Birchip
 Gill Fawcett
 Gol Gol Hawks Football Netball Club
 Golden Groover's Exercise Group
 Golf Australia
 Golf Victoria
 Graham Muir
 Greg Keyes - Ultima
 Greg Rhodes
 Hands Up Mallee
 headspace
 Hudaks Bakery
 Ian Clough - Horsham
 Imperial Football Netball Club
 Interchange
 Intereach Mildura
 International People With Disability- Melbourne
 Irymple Bocce Club
 Issy Griffiths - Donald
 Jarrod Tyler - Birchip
 Jayden Cowling
 Jeanette Young
 Jenny Goldsmith - Donald
 Jim Thompson
 Jo Jos Pizza - Bendigo
 Jo Murray
 Joanna Hodge
 Joanne O'Bree
 Josh Thornton
 Julie McGurk- Charlton
 Jumpz - Kangaroo Flat
 Karen Willcock
 Kasey King - Charlton
 Kerang Bowling Club
 Kerang Carpet Bowls Club
 Kerang Football Netball Club
 Kerang GOLF Bowls Club
 Kerang Golf Club
 Lake Boga Bowls Club
 Lakeside Golf Club
 Latrobe University

Limitless Dance Academy
 Lisa Miki
 Loddon Mallee Move IT Program
 Lynda Rumbold - Wycheproof
 Macedon Ranges Shire Council
 MADEC
 Mallee Accommodation Support Program (MASP)
 Mallee District Aboriginal Services
 Mallee Family Care
 Mandy Wells - Donald
 Marj Goldsmith - Donald
 Mark Bowd
 Maureen Hewitt - Volunteer
 McCallum Day Services-St Arnaud
 McDonalds Mildura and Irymple
 Megan Tonkin - Donald
 Mel Thomas - Sport & Recreation Victoria
 Merbein Bowling Club
 Merbein Football Netball Club
 Merbein Uniting Church
 Meringur Football club
 Merrill Scriven - Kerang
 Michael Neoh
 Mildura & District Little Athletic Centre
 Mildura Community House
 Mildura Football Netball Club
 Mildura Harness Racing Club
 Mildura Horse Complex Inc
 Mildura Lawn Tennis Club
 Mildura Motorcycle Club
 Mildura Roller Derby League
 Mildura Rural City Council
 Mildura Specialist School
 Mildura Weekly
 Mildura Workers Bowls Club
 MIXXFM
 Multicultural Women's Group
 Murrabit Lawn Tennis Club
 Murray ACE – Adult Education
 Murray Mallee LEN
 Nangiloc & District Football Netball Club
 Natalie Jenkins
 Netball Victoria



Acknowledgements & Major Supporters continued

Nick Walsh	Swan Hill Basketball Association
North Central News - St Arnaud	Swan Hill Bowls Club
North West Victoria Adult Riding Club	Swan Hill College
Northern District Community Health Service (Kerang)	Swan Hill Community Services
Nyah District Bowls Club	Swan Hill Cricket Association
Nyah West Golf Club	Swan Hill Croquet Club
Nyah/Nyah West United FNC	Swan Hill Gymnastics Club
Owen Duncan - Donald	Swan Hill Health and Wellbeing Network
Rachel Ferrier - Birchip	Swan Hill Health Promotion
Radio 3SH	Swan Hill Health Service
Raya Robb	Swan Hill Indoor Recreation Centre
Rebecca McMillan - Blume Psychology	Swan Hill Leisure Centre
Red Cliffs Community Resource Centre	Swan Hill Mental Health & related services
Red Cliffs Physiotherapy Centre	Swan Hill Neighbourhood House
Red Cliffs Uniting Church	Swan Hill Netball Association
Regional Sport Victoria	Swan Hill Racecourse Bowls
Riverside Golf Club	Swan Hill Rural City Council
Rosie Hines - St Arnaud	Swan Hill Settlement Services
Sarah Dowling	Swan Hill Soccer League
Sarah Gaskin	Swan Hill Specialist School
School Focused Youth Service - Kerang	Tackle Your Feelings
Scott Fletcher	Telstra Store Mildura
Sea Lake Neighbourhood House	Tennis Victoria
Skate Victoria	The Guardian Newspaper
SMARTFM	Times Ensign -Sea Lake
South Mildura Sporting Club	Tooleybuc Manangatang FNC
South West Sport	Tuscan on Calder catering
Southern Mallee Primary Care Partnership	Tyntynder Football Netball Club
Sport & Recreation Victoria	Viatek
Sports Central (Ballarat)	VicHealth
Sports Medicine Australia	Vicki Allen
Sportspower - Kerang	Victoria Police - Mildura
Sportspower - Mildura	Victoria Police Swan Hill
Star Spirits Netball Club	Virginia Allen
Stawell Bowling Club	Vivid Living
SuniTAFE	Warracknabeal Herald
Sunraysia Baseball League	We Are Vivid
Sunraysia Community Health	Werrimull Football Netball Club
Sunraysia Daily	Whitney Kennedy
Sunraysia Mallee Ethnic Communities Council	Wimmera Regional Sport Assembly
Sunraysia Motorsports Club Inc	Win Network
Sunraysia Residential Services	Woodbine
Swan Hill Adult Day Services	Woorinen Football Netball Club



Acknowledgements & Major Supporters continued

Woorinen South Walking Group
Wycheproof Community Resource Centre

Wycheproof & District Lawn Tennis Club



Finance Report

Mallee Sports Assembly Incorporated
ABN 23 602 119 389

Financial Statements
For The Year Ended 30 June 2021

Committee Statement

Statement of Profit or Loss and & Comprehensive Income

Statement of Financial Position

Statement of Changes in Funds

Statement of Cash Flows

Notes to and Forming Part of the Financial Statements

Committee Declaration

Independent Audit Report



Finance Report

MALLEE SPORTS ASSEMBLY INCORPORATED ABN 23 602 119 389 COMMITTEE STATEMENT

Principal Activities

During the year, the principal activities of the Mallee Sports Assembly (MSA) were to conduct programs and activities in the Mallee that promote and encourage healthy lifestyles, wellbeing and active recreation through inclusion of all.

Programs delivered by MSA on behalf of the following in the past year include::

- VicHealth - Regional Sport Program
- Department of Jobs, Precincts and Regions - Together More Active Program
- Alcohol & Drug Foundation - Good Sports Program
- Sport Australia - Beyond the Front Step - MOVE IT Program
- AFL - Club Champion Program
- AFL Coaches Association - Tackle Your Feelings Program

These activities are consistent with the regular operations of the Mallee Sports Assembly and reflect its articulated vision, mission and values.

Expenditure in 2021 was very similar to 2020.

The deficit for the year was \$4,479 (2020: surplus of \$95,813).

An amount of \$132,066 was received late in the financial year for the 'Revitalisation' Program. This has been recorded as "Other current liabilities" on the balance sheet to then be recorded as income in the 2021/22 financial year.

Short-term Objectives

The short term objectives of the MSA are expressed in its 2018-2021 Strategic Plan and include:

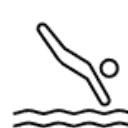
- Continue to increase the range of services to individuals who are disadvantaged, experience poverty and distress, have disabilities along with the wider community through connections primarily through sport and active recreation.
- To promote the activities of the MSA and the health, education and social benefits of sport, active recreation and social inclusion.
- To ensure the MSA has the resources, financial capacity and capability to deliver programs and services in a sustainable manner to meet the needs of the community as identified by funding bodies and grants.
- Provide services and programs which accommodate identified local needs across the region through partnering and responding to funding opportunities while maintaining financial viability of the MSA.

Long-term Objectives

- Develop and participate in programs by enhancing relationships with agencies and deliver programs in the Mallee to promote sport, active recreation and healthier lifestyle programs to support individuals and clubs/groups in the Mallee.
- Provide support to individuals within each community utilising local clubs to include those from Culturally & Linguistically Diverse backgrounds, Indigenous communities, young people, women & girls, seniors, those from low socio economic backgrounds, disadvantaged and people with disabilities.
- Undertake programs using sport and active recreation as one entry point for individual social program interventions to assist at risk individuals across the Mallee.

Strategies for achieving short and long-term objectives

- Ensuring program objectives and design align with any funding organisation's vision and goals.
- Each program delivered by MSA will provide strong administrative and project management support to deliver high quality outcomes.
- Developing effective relationships with other organisations that may have an interest in supporting & developing program/s.
- Involving people from a range of backgrounds in planning and implementing the program activities.



Finance Report

MALLEE SPORTS ASSEMBLY INCORPORATED

ABN 23 602 119 389

COMMITTEE STATEMENT

- Ensuring people who are involved in programs from a range of backgrounds feel encouraged and supported to participate in safe & welcoming environments.
- Distributing information about the program activities in diverse forms through a range of mediums, such as social media, newsletters, website flyers, community radio, local media and calendar of events.
- Review and evaluate the impact of the programs being implemented.



Finance Report

MALLEE SPORTS ASSEMBLY INCORPORATED
ABN 23 602 119 389
STATEMENT OF PROFIT OR LOSS & OTHER COMPREHENSIVE INCOME
FOR THE YEAR ENDED 30 JUNE 2021

	Note	2021 \$	2020 \$
Revenue	2	601,220	704,805
Employee Expenses		459,196	462,164
Depreciation		5,113	4,348
Rent		22,654	20,578
Travelling Expenses		18,113	10,056
Advertising		11,246	6,479
Telephone		9,999	8,846
Other Expenses	3	79,378	96,521
Total Expenses		605,699	608,992
Operating Surplus/(Deficit) for the year		(4,479)	95,813
Other Comprehensive Income		-	-
Total Comprehensive Income/(Loss) for the Year		(4,479)	95,813

The accompanying notes form part of these financial statements.



Finance Report

MALLEE SPORTS ASSEMBLY INCORPORATED
ABN 23 602 119 389
STATEMENT OF FINANCIAL POSITION AS AT 30 JUNE 2021

	Note	2021 \$	2020 \$
CURRENT ASSETS			
Cash & Cash Equivalents	4	515,058	438,005
Trade & Other Receivables	5	15,419	1,139
TOTAL CURRENT ASSETS		530,477	439,144
NON-CURRENT ASSETS			
Plant & Equipment	6	14,446	19,560
TOTAL NON-CURRENT ASSETS		14,446	19,560
TOTAL ASSETS		544,923	458,704
CURRENT LIABILITIES			
Payables	7	37,916	23,896
Provisions	8	155,184	150,542
Other Current Liabilities	9	132,066	60,000
TOTAL CURRENT LIABILITIES		325,166	234,438
NON CURRENT LIABILITIES			
Provisions	8	3,811	3,841
TOTAL NON CURRENT LIABILITIES		3,811	3,841
TOTAL LIABILITIES		328,977	238,279
NET ASSETS		215,946	220,425
MEMBERS' FUNDS			
Reserves	10	9,152	9,152
Retained Earnings		206,794	211,273
TOTAL MEMBERS' FUNDS		215,946	220,425

The accompanying notes form part of these financial statements.



Finance Report

MALLEE SPORTS ASSEMBLY INCORPORATED
ABN 23 602 119 389
STATEMENT OF CHANGES IN FUNDS FOR THE YEAR ENDED 30 JUNE 2021

	Note	Retained Earnings	Asset Revaluation Reserve	TOTAL
		\$	\$	\$
Balance at 1st July 2019		115,460	9,152	124,612
Surplus for the Year		95,813	-	95,813
Balance at 30th June 2020		211,273	9,152	220,425
Deficit for the Year		(4,479)	-	(4,479)
Balance at 30th June 2021		206,794	9,152	215,946

The accompanying notes form part of these financial statements.



Finance Report

MALLEE SPORTS ASSEMBLY INCORPORATED
ABN 23 602 119 389
CASH FLOW STATEMENT FOR THE YEAR ENDED 30 JUNE 2021

	Note	2021 \$	2020 \$
CASH FLOWS FROM OPERATING ACTIVITIES			
Receipts from grants & customers		658,034	611,529
Payments to suppliers and employees		(581,953)	(606,868)
Interest received		972	1,312
Net cash (used in) provided by operating activities	11	77,053	5,973
CASH FLOWS FROM INVESTING ACTIVITIES			
Purchase of property, plant and equipment		-	(6,730)
Net cash (used in) provided by investing activities		-	(6,730)
CASH FLOWS FROM FINANCING ACTIVITIES			
Payment of borrowings		-	-
Net cash used in financing activities		-	-
Net increase/(decrease) in cash held		77,053	(757)
Cash at beginning of financial year		438,005	438,762
Cash at end of financial year	4	515,058	438,005

The accompanying notes form part of these financial statements.



Finance Report

MALLEE SPORTS ASSEMBLY INCORPORATED

ABN 23 602 119 389

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2021

Note 1: Statement of Significant Accounting Policies

These financial statements are special purpose financial statements prepared in order to satisfy the financial reporting requirements of the Associations Incorporation Act Victoria. The Committee has determined that the Association is not a reporting entity.

The financial statements have been prepared on an accruals basis and are based on historic costs and do not take into account changing money values or, except where specifically stated, current valuations of non-current assets.

The following is a summary of the material accounting policies adopted by the Association in the preparation of these financial statements. The accounting policies have been consistently applied, unless otherwise stated.

- a. **Property, Plant and Equipment (PPE)**
Plant and equipment are carried at cost less, where applicable, any accumulated depreciation. The depreciable amount of all plant and equipment is depreciated over the useful lives of the assets to the association commencing from the time the asset is held ready for use.
- b. **Employee Benefits**
Provision is made for the Association's liability for employee benefits arising from services rendered by employees to balance date. Employee benefits have been measured at the amounts expected to be paid when the liability is settled.
- c. **Cash and Cash Equivalents**
Cash and cash equivalents includes cash on hand, deposits held at call with banks, and other short-term highly liquid investments with original maturities of three months or less.
- d. **Revenue and Other Income**
Grants received on the condition that specified services are delivered, or conditions are fulfilled, are considered reciprocal. Such grants are initially recognised as a liability and revenue is recognised as services are performed or conditions fulfilled. Revenue from non-reciprocal grants is recognised when the Association obtains control of the funds.

All revenue is stated net of the amount of goods and services tax (GST).
- e. **Goods and Services Tax (GST)**
Revenues, expenses and assets are recognised net of the amount of GST, except where the amount of GST incurred is not recoverable from the Tax Office. In these circumstances the GST is recognised as part of the cost of acquisition of the asset or as part of an item of the expense. Receivables and payables in the balance sheet are shown inclusive of GST.
- f. **Comparatives**
Comparative figures have been adjusted to conform to changes in presentation for the current financial year where required by accounting standards or as a result of a change in accounting policy.



Finance Report

MALLEE SPORTS ASSEMBLY INCORPORATED

ABN 23 602 119 389

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2021

Note 1: Statement of Significant Accounting Policies (Continued)

g. Key Estimates

Impairment

The Association assesses impairment at each reporting date by evaluation of conditions and events specific to the group that may be indicative of impairment triggers. Recoverable amounts of relevant assets are reassessed using value-in-use calculations which incorporate various key assumptions.

h. New Accounting Standards for Application in Future Periods

The AASB has issued new and amended Accounting Standards and Interpretations that have mandatory application dates for future reporting periods and which the Association has decided not to early adopt. The Association does not expect that these changes will have a material effect on its financial statements.



Finance Report

MALLEE SPORTS ASSEMBLY INCORPORATED

ABN 23 602 119 389

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2021

	2021 \$	2020 \$
NOTE 2: REVENUE		
Interest	972	1,312
Operating Grants	477,190	573,155
Member Subscriptions	3,736	4,078
Profit on Sale of Assets	-	-
Sponsorship & Donations	7,500	15,659
Reimbursements	36,523	30,889
Cash Flow Boost & Job Keeper Payments - COVID	57,065	59,471
Other Revenue	18,234	20,241
	601,220	704,805
NOTE 3: OTHER EXPENSES		
Catering	2,308	13,041
Programs & Workshops	19,477	14,930
Consulting & Professional Fees	-	-
Insurance	5,680	5,865
Motor Vehicle Expenses	3,668	4,679
Photocopier	4,637	4,163
Auditors Remuneration	2,000	2,000
Other Expenses	567,929	564,313
	605,699	608,991
NOTE 4: CASH & CASH EQUIVALENTS		
Cash at Bank	440,012	363,931
Term Deposits	75,046	74,074
	515,058	438,005
NOTE 5: TRADE & OTHER RECEIVABLES		
Trade Debtors	14,330	2,459
Prepayments	1,089	0
Accrued Income	-	(1,320)
	15,419	1,139
NOTE 6: PLANT & EQUIPMENT		
Computer Equipment	44,234	44,234
Less Accumulated Depreciation	(39,428)	(37,015)
	4,806	7,219
Office Furniture & Equipment	8,007	8,007
Less Accumulated Depreciation	(6,908)	(6,662)
	1,099	1,345
Motor Vehicles	49,888	49,888
Less Accumulated Depreciation	(41,347)	(38,892)
	8,541	10,996
Total Plant & Equipment	14,446	19,560



Finance Report

MALLEE SPORTS ASSEMBLY INCORPORATED
ABN 23 602 119 389
NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2021

NOTE 6: PLANT & EQUIPMENT

a. Movements in carrying amounts

Movement in the carrying amounts for each class of property, plant & equipment between the beginning and the end of the current financial year.

	Plant & Equipment	Motor Vehicles	Total
	\$	\$	\$
Opening Balance	8,564	10,996	19,560
Additions	-	-	-
Disposals	-	-	-
Depreciation Expense	(2,659)	(2,455)	(5,114)
Closing Balance	5,905	8,541	14,446

	2021	2020
	\$	\$
NOTE 7: PAYABLES		
CURRENT		
Accrued Expenses	3,848	3,848
GST Payable	17,506	6,964
Payroll Liabilities	16,198	12,994
Other Payables	364	90
	37,916	23,896

NOTE 8: PROVISIONS

CURRENT

Provision for Annual Leave	47,528	48,504
Provision for Long Service Leave	107,656	102,038
	155,184	150,542

NON CURRENT

Provision for Long Service Leave	3,811	3,841
	3,811	3,841
	158,995	154,383

NOTE 9: OTHER CURRENT LIABILITIES

Income Received in Advance	132,066	60,000
	132,066	60,000

NOTE 10: RESERVES

Asset Revaluation Reserve

- The asset realisation reserve records revaluations of property, plant & equipment.



Finance Report

MALLEE SPORTS ASSEMBLY INCORPORATED
ABN 23 602 119 389
NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2021

	2021 \$	2020 \$
NOTE 11: CASH FLOW INFORMATION		
Reconciliation of Cash Flow from Operations with Surplus/(Deficit)		
Surplus/(Deficit)	(4,479)	95,813
Cash flows excluded from profit attributable to operating activities		
Non-cash flows in profit:		
Depreciation	5,114	4,348
Changes in assets and liabilities:		
increase in trade and term debtors	(14,280)	5,536
increase/(decrease) in trade and other payables	14,020	(25,516)
increase in employee benefits	4,612	23,292
increase in other liabilities	72,066	(97,500)
	77,053	5,973

NOTE 12: CONTINGENT LIABILITIES

At 30 June 2021 the Committee is unaware of any liability, contingent or otherwise, which has not already been recorded elsewhere in these financial statements.

NOTE 13: CAPITAL COMMITMENTS

At 30 June 2021 the Committee is unaware of any capital or leasing commitments which have not already been recorded elsewhere in these financial statements.

NOTE 14: RELATED PARTIES

The names of the Committee members who have held office during the period are:

Louise Williams - Chairperson	Leanne Morgan - Secretary
Gayle Danson - Vice Chairperson	Shirley Boulton
Maddie Allomes	Julie Morgan (Appointed March 2021)
Troy Bailey	

If there are any transactions between related parties they are on normal commercial terms and conditions no more favourable than those available to other parties.

NOTE 15: EVENTS OCCURRING AFTER REPORTING DATE

Since the date of these financial statements, there have been no events occurring after reporting date which require specific disclosure.

NOTE 16: ECONOMIC DEPENDENCY

The association's activities are funded by the Department of Health & Human Services and Vic Health. At the date of this report, the members of the Committee had no reason to believe that these government departments would not continue to provide financial support to the Mallee Sports Assembly.



Finance Report

MALLEE SPORTS ASSEMBLY INCORPORATED

ABN 23 602 119 389

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2021

NOTE 17: ASSOCIATION DETAILS

The principal place of business of the association is:

101-101A Ninth St
MILDURA VIC 3500



Finance Report

MALLEE SPORTS ASSEMBLY INCORPORATED
ABN 23 602 119 389
STATEMENT BY MEMBERS OF THE COMMITTEE

The Committee has determined that the Association is not a reporting entity and that these special purpose financial statements should be prepared in accordance with the accounting policies outlined in Note 1 to the financial

In the opinion of the Committee the financial report:

1. Presents a true and fair view of the financial position of Mallee Sports Assembly Incorporated as at 30 June 2021 and its performance for the year ended on that date.
2. At the date of this statement, there are reasonable grounds to believe that Mallee Sports Assembly Incorporated will be able to pay its debts as and when they fall due.

This statement is made in accordance with a resolution of the Committee and is signed for and on behalf of the Committee by:

.....
Louise Williams - Chairperson

.....
Leanne Morgan - Secretary

Dated this 27th day of September 2021



Finance Report

MALLEE SPORTS ASSEMBLY INCORPORATED
ABN 23 602 119 389
DETAILED INCOME STATEMENT FOR THE YEAR ENDED 30 JUNE 2021

	2021 \$	2020 \$
Income		
Member Subscriptions	3,736	4,078
Interest Income	972	1,312
Subsidies & Grants	477,190	573,155
Sponsorship & Donations	7,500	15,659
Dinner Tickets	-	8,895
Cash Flow Boost & Job Keeper Payments - COVID	57,065	59,471
Reimbursements	36,523	30,889
Other Income	18,234	11,346
Total Income	601,220	704,805
Expenses		
Accounting Fees	2,223	1,752
Advertising	11,246	6,479
Administration - MSA	4,014	18,119
Bad Debts	200	4,090
Bank Charges	444	465
Catering	2,308	13,041
Cleaning	355	491
Computer Expenses	5,028	3,910
Consulting & Professional Fees	-	-
Depreciation	5,113	4,348
Electricity	2,319	2,718
Employee Benefits Expense	4,612	23,292
FBT Costs	283	390
General Expenses	1,680	1,377
Hire of Plant & Equipment	599	101
Insurance	5,680	5,865
Motor Vehicle Expenses	3,668	4,679
Permits, Licenses & Fees	-	63
Photocopier	4,637	4,163
Postage	686	886
Printing & Stationery	1,997	3,782
Programs & Workshops	19,477	14,930
Rates	4,032	3,164
Rent	22,654	20,578
Repairs & Maintenance		
Salaries	415,002	401,667
Speaker Fees	-	1,182
Staff Training	2,409	837
Subscriptions	4,007	4,931
Sundry Expenses	13,615	5,975
Superannuation	39,299	36,815
Telephone	9,999	8,846
Travelling Expenses	18,113	10,056
Total Expenses	605,699	608,992
Surplus/(Deficit) Attributable to Members	(4,479)	95,813





Mallee Sports Assembly

