



MALLEE SPORTS ASSEMBLY INC.
A0016748B

2016-2017

ANNUAL GENERAL MEETING

TUESDAY 17th OCTOBER 2017

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Board of Management & Staff 2016-2017

Board of Management

Chairman	Ms Gayle Danson
Vice Chairperson	Ms Josie Bieber
Secretary	Ms Leanne Morgan
General Members	Ms Shirley Boulton
	Mr Greg Leslie
	Mr Rod Simms
	Mr Terry Kite

Staff

Executive Officer	Ms Carmel Mackay
Administration	Ms Jeanette Worthington
Finance	Ms Anna Legg
Project Officers (SwanHill)	Ms Delia Baber
(Wycheproof)	Ms Rhonda Allan
(Mildura)	Ms Tanya Wild
	Ms Jeanette Worthington
	Ms Elena Nemtsas
	Mr Chris Howe
	Ms Jeannyfe Spary
	Ms Karen Hokai
	Mr Ben Wood
Volunteer	Ms Maureen Hewitt

Agenda

**Mallee Sports Assembly Inc A0016748B
Annual General Meeting**

Agenda

**Tuesday, 17th October, 2017 7.30pm Mildura Rowing Club
Hugh King Drive, Mildura**

Welcome:

Acknowledgement to Country:

"I wish to acknowledge the Traditional Custodians of this land, the Latji, Latji of the Aboriginal Nation and their nearby neighbours the Barkjindi, and their elders past and present. I acknowledge and respect their continuing culture and contribution they make to the life of this city and this region"

Apologies:

Minutes of Previous Annual General Meeting: 18th October, 2016

Moved:

Seconded:

Reports:

- Chairperson
- Executive Officer
- Project Officers
- Auditor

Moved:

Seconded:

Election of Board of Management: 2017/2018

General Business:

Appointment of the Auditor: Kellie Nulty

Guest Speaker: ***Cosimo Cirillo** - My Soccer Journey - Australian Pararoos Representative*

Close:

Mallee Sports Assembly Inc.

***Minutes of the Annual General Meeting held on Tuesday 18th October 2016 at 7.36pm
Mildura Settlers Cricket Club
Mildura Senior College, MADEC Drive, Mildura***

The meeting opened at 7.36pm with the President of the Mallee Sports Assembly Ms Gayle Danson welcoming all those in attendance. Gayle duly made a special welcome to Life Members Shirley Boulton and Len Spence, Hall of Fame Mr Bob Tollner, Cr Jill Joslyn, Cr Mark Eckel and Elissa Wray from the Alcohol and Drug Foundation.

Present:

Cr Jill Joslyn	Mildura Rural City Council
Cr Mark Eckel	Mildura Rural City Council
Mr Bob Tollner	Hall of Fame
Ms Gayle Danson	President Committee of Management, Mallee Sports Assembly
Mr Rodney Simms	Committee of Management, Mallee Sports Assembly
Ms Shirley Boulton	Committee of Management, Life Member Mallee Sports Assembly
Mr Phil Gee	Committee of Management, Mallee Sports Assembly
Ms Leanne Morgan	Committee of Management, Mallee Sports Assembly
Mr Terry Kite	Committee of Management, Mallee Sports Assembly
Mr Len Spence	Life Member
Ms Elissa Wray	Alcohol and Drug Foundation
Ms Kellie Nulty	Auditor
Ms Marilyn Sobkowiok	Co-ordinator, SRS
Mr Peter Hahn	South Mildura Sporting Club
Ms Belinda FitzGerald	Mildura Rural City Council
Ms Jeannyfe Spary	East End Community House
Ms Carmel Mackay	Executive Officer, Mallee Sports Assembly
Ms Rhonda Allan	Project Officer, Mallee Sports Assembly
Ms Jeanette Worthington	Admin/Project Officer, Mallee Sports Assembly
Ms Tanya Wild	Project Officer, Mallee Sports Assembly

Apologies

Mr Peter Crisp	Member for Mildura
Mr Gerard Jose	CEO, Mildura Rural City Council
Mayor Glenn Milne	Mildura Rural City Council
Cr Sharyon Peart	Mildura Rural City Council
Cr Judi Harris	Mildura Rural City Council
Ms Jerrill Rechter	CEO, VicHealth
Mr Daf Scholes	Branch Manager – Bendigo Bank – Langtree Branch
Ms Anna Legg	Finance Officer, Mallee Sports Assembly
Mr Wayne Tobin	Senior Manager Community Relationship Bendigo Bank
Ms Delia Baber	Project Officer, MSA Swan Hill
Ms Susan Watts	Football Federation Sunraysia
Mr Andrew Farlie	Lifestyle Plus
Ms Josie Bieber	Committee of Management
Mr Ted Guinea	Chair, Sunraysia Rugby League
Mr Dale Weightman	Hall of Fame
Ms Toni Mottram	Community Dev Officer Mildura Rural City Council
Mr Scott Whatley	Sen Manager Strategy & Performance Bendigo Bank
Ms Marg Curran	Principal, Mildura Special School



Apologies continued

Mr Stuart Reeh	Partnerships, Sport & Recreation
Mr Tim Burke	Partnerships, Community Sport & Recreation
Mr Mark Nash	Alcohol and Drug Foundation
Ms Cheree Jukes	Executive Office, Northern Mallee Community Partnership
Ms Sarah Dowling	Sen Project Officer Physical Activity - VicHealth
Ms Rebecca Wells	Chair, Merbein District Financial Services
Ms Chelsea Todd	Manager, Justice Services, Dept of Justice & Regulation

Confirmation of the minutes of the Annual General Meeting held on the 20th October, 2015

It was moved that the minutes of the Annual General Meeting held on the 20th October, 2015 be received as a true and accurate record of that meeting.

Moved: Leanne Morgan **Seconded:** Maz Sobkowiak **(Carried)**

Business Arising: Nil

Reports

President's Report – Ms Gayle Danson

The President presented her report as tabled in the Annual General Meeting booklet.

Executive Officer - Ms Carmel Mackay

The Executive Officer presented her report as tabled in the Annual General Meeting booklet. The 2015/16 year has been extremely productive and positive, meeting the contractual obligations of the MSA Funding and Service Agreements to deliver quality outcomes, to promote and advocate for healthy and active communities.

The Executive Officer thanked the Committee, Stakeholders and staff and then highlighted activities in her report giving the attendees a greater understanding of the work of the Assembly and its vast geographical area. The Executive Officer made a special mention of the passing of long time Committee Member Joy Clarke who had been a great advocate for people with a disability. Also, the Executive Officer publicly recognized and extended her thanks to retiring committee member Phil Gee.

Program and Activity Reports

As tabled in the Annual General Meeting booklet:

Auditor's Report - Ms Kellie Nulty - Auditor

Auditor Kellie Nulty presented the Auditor Report as tabled in the Annual General Meeting booklet. Ms Kellie Nulty explained the financial situation of the Mallee Sports Assembly as at the 30th June, 2016. The auditor reported that the 2015/2016 year recorded a profit compared to the previous year.

Kellie stated that there were no major issues and it was all good at the MSA from an accounting position

It was moved that the reports be accepted as a true and accurate record of the previous twelve months of the organisation activities.

Moved: Leanne Morgan **Seconded:** Shirley Boulton **(Carried)**

Election of Committee of Management 2016/17

As the number of nominations did not exceed the number of vacancies the following people were duly elected the Committee of Management of Mallee Sports Assembly 2016/2017:

The Committee of Management being:

Ms Shirley Boulton
Mr Terry Kite

Ms Gayle Danson,
Ms Josie Bieber

Ms Leanne Morgan
Mr Greg Leslie

Mr Rod Simms

General Business: Nil

Appointment of Auditor – It was resolved that Ms Kellie Nulty be appointed the Auditor of Mallee Sports Assembly.

Moved: Terry Kite

Seconded: Phil Gee

(Carried)

Guest Speakers:-

Mallee Sports Assembly Project Officers Rhonda Allan (Wycheproof), Tanya Wild (Mildura) and Jeanette Worthington (Mildura) provided 'A SNAPSHOT' of the MALLEE SPORTS ASSEMBLY'

The above Project Officers highlighted their work across the four local government areas. The topics covered were: Access for All Abilities, Good Sports, Project Ice Sport, Regional Sport & Recreation, Sports Star and the VicHealth Regional Sport Program.

The Executive Officer presented a gift to Phil Gee as a token of the Mallee Sports Assembly's appreciation for his ten years service to the organisation.

Meeting closed at 8.50pm

Chairperson's Report

I would like to welcome members and guests to the thirty third Mallee Sports Assembly AGM.

An AGM gives us as a Board of Management an opportunity to reflect on the previous year and highlight where we hope MSA sees opportunities for the coming year to enable us to continue to assist people no matter what their circumstances to "Participate and Feel Great" whether it be through social interaction, joining in with others in addressing health issues, or making better choices through education.

The past year has seen the consolidation of the Mallee Sports Hub in Mildura which was an innovative, cost sharing solution to a very real MSA budget issue. Despite undertaking this strategic solution, further funding cuts and increase in costs due to CPI, travel costs and wage increases, have eroded these benefits and once again we are looking at new strategies to continue the important work we do.

We cover a huge geographic area of 40,182sq kms under two of our major funding and service agreements. This area includes across to Swan Hill and down to Wycheproof just under one third of the state. This has major implications for service delivery and more importantly the budgeting requirements to meet those agreements. Unfortunately funding bodies no longer recognise the implications of distance and the costs involved for us with flights, taxis and often accommodation to go to Melbourne for meetings, they hold to support those bodies with whom they have service-agreements.

We target not only sporting clubs, but those individuals that have a disability, have health issues or are socially isolated or economically disadvantaged to improve their wellbeing. We believe by improving the individual's circumstances, the health and social indicators of the communities they live in is enhanced. We currently have just on 200 member clubs from our region.

We have been fortunate to have two new projects commence this year. The first new project is being funding through the Department of Justice and Regulation to work with members of the socially and economically disadvantaged East End Community. This is partnership is being run through the East End Neighbourhood House and its aim is to improve the connectedness of individuals in that community, their sense of wellbeing and of course their mental and physical health.

Our second very important project is one that seeks to help young people who may be disengaged and or struggling with mental health issues. The Swimming in Two Rivers is funded through Mallee District Aboriginal Services and is a wonderful partnership between our two organisations.

We have also received funding to continue the very valuable Acquired Brain Injury Recreational Woodwork Project at TAFE. This project is in its 22nd year and it is heartening to see the difference it makes to the average number of 10 participants with an ABI in that they are going to a mainstream facility and able to enjoy what we take for granted. It is often how they identify themselves ie. I go to TAFE which gives them a sense of identity and achievement. They also are supported to learn new skills and produce a piece of woodwork that gives them a real sense of purpose and accomplishment, something that is often missing in their lives.



Chairperson's Report



I would also like to highlight two other initiatives that have been undertaken, one very important one is the education at club level of the importance of marketing water as a drink of choice. Unfortunately in the communities we service individual's choice of soft drink and sports drinks are contributing to some of the burden of disease we are witnessing in our health system. The other one was the successful training of clubs around the requirements and understanding of the new legislation in relation to the Child Safe Standards

The work highlighted and much more has been undertaken and achieved by our long standing, very able, dedicated staff under the "very multi skilled" Executive Officer Carmel Mackay. I would like to thank the staff for their commitment to educate, support and make a difference to those individuals who are disadvantaged, the sporting clubs and the communities in which they work.

In 2015 VicSport undertook a skills gap analysis for the Board of Management. We have taken this review seriously and have looked at identifying individuals that have a passion for the work we undertake along with those skills that were identified as needing to be built on in that audit. I would like to thank those that have served on the Board of Management this year for their support and constructive input, to assist us in achieving our goal of "Participate & Feel Great"

Gayle Danson
Chairperson

Executive Officer's Report

Welcome to all in attendance at our 33rd Annual General Meeting this evening and it is with pleasure that I present my 2016/2017 Annual Report.

The momentum of our work in 2016/2017 has certainly not subsided, if anything it has probably escalated! Our outstanding achievements over the past 12-months emphasize the dedication and expertise of our staff team situated in Mildura, Swan Hill and Wycheproof. These accomplishments are highlighted throughout the AGM Report.

The **Mallee Sports Hub** continues to be a positive arrangement with AFL Vic Country, Cricket Victoria, Sunraysia Academy of Sport and the Sunraysia Rugby League. During the year there has been many partnership opportunities emanating from being co-located under 'one roof'. This can be highlighted by **NAIDOC Celebrations, Cricket Carnivals, Coaching Courses, AFL 9's, NRL State of Mind, Kickstart and SAS Board of Management**.

The 2017 year was one of celebrations reaching a significant milestone to commemorate the **25th Annual Merbein & District Community Bank Sunraysia 97.9 Triple M Northern Mallee Sports Star Award**. It was our night of nights to celebrate a huge landmark which was crowned with having Leigh Adams as the Guest Speaker, who was the inaugural winner of the Sports Star of the Year Award in 1992 and also took the podium in 2000.

It was a 10-year celebration for our partnership with the Bendigo Bank who has continued to proudly support the production of our **MSA Bendigo Bank Calendar of Events**. It is an effective promotional tool to show case our local sport and recreation, encourage participation and promote the benefits for both our physical and mental health.

The development and ongoing relationships with key stakeholders in our local communities is pivotal for **ALL** the work that the MSA facilitate. This can be demonstrated by the **Lakeside Golf Club Come & Try Day for ALL** to provide opportunities for people with disabilities to participate in golf and SNAG Golf; **Child Safe Standard Workshops** to support our local clubs in meeting the requirements of the legislation; **Club Mental Health First Aid** to provide training to key personnel in each club re suicide prevention, understanding disadvantage and referrals; **Swan Hill & Buloke Regional Lawn Bowls & Mildura Cricket All Abilities Carnivals** promoting and advocating opportunities for ALL; **We Stand Together' Cricket Match** for Mental Health Week; and **Responsible Serving of Alcohol Courses** to assists sporting clubs to manage alcohol responsibly and enhance their role in the community. These examples exemplify the diversity of our work and are only a small reflection of the multitude activities that have been conducted during the year in partnership with our communities.

The **Supporting Victoria Sport & Recreation Program** commenced on the 1st July 2016 to deliver initiatives to grow participation through club capacity building and increasing the equity, diversity and inclusiveness of sport and recreation across the region. The MSA have facilitated activities embracing club capacity building, governance & leadership; product development; inclusion; welcoming & safe sport & recreation environments; and the building the internal capacity of the Assembly.



Mildura...Swan Hill...Gannawarra...Buloke...

The VicHealth **Regional Sport Program** supports growth in physical activity through sport while also increasing the availability and supply of water in community sport. A breadth of strategies has been implemented to increase participation in sport with a focus on people who are seen as been 'least physically active.' This has embraced Fast 4 Tennis, Rock Up Netball, Our Sport Your Sport, Play Golf and many more activities in collaboration with local clubs. The program has seen strong partnerships with local clubs and associations to educate our communities that water is the preferred choice of beverage; and to implement the 'Nudge Process' which makes small changes that can be made in a setting that influences people's behaviour.

The year has seen some significant changes with the **Good Sports Program** with the reduction of accreditations required for our region. However the MSA maintains its strong commitment to the program to support our local clubs in the responsible managing and serving of alcohol. This year has seen the highest number of Responsible Serving of Alcohol Courses conducted together with exceptional participation by local clubs and their members.

The **'Connect Refresh, GROW'** program at the East End (Mildura) is emanating some exceptional results and outcomes for the local community. The Streetscape beautification theme has seen connection with 13 households and their residents; and the Youth Sport & Recreation Leadership component has seen 7 young people commit to training and education; sport & recreation activities; and becoming role models for the community.

The Mallee Sports Assembly commenced an exciting partnership with the Mallee District Aboriginal Services to deliver the **Swimming in Two Rivers Project**. The project aims to establish connections between key sporting clubs, schools and others as identified to assist in linking children/youth to sports through a variety of different activities. A key action has been to provide training to key personnel in local clubs re suicide prevention, understanding disadvantage and referrals and local clubs have responded positively to participating in Mental Health First Aid Courses. A comment from a local club which emphasises the importance of attending the workshop:

"The Mental Health First Aid course was a most beneficial experience.

The Mallee District Aboriginal Service trainers provided a practical insight into how to recognise the signs of someone that may be suffering mental health problems, as well as strategies to support them on their journey to mental and emotional wellbeing.

It has informed and prepared me better to recognise and assist people with the challenges they may be experiencing.

I strongly recommend this course for all sporting, community groups and businesses alike".



Mildura...Swan Hill...Gannawarra...Buloke...

The Mallee Sports Assembly Board of Management is presented with a continual increase in responsibilities; changes with legislation and meeting these requirements; financial obligations; and the sustainability of our organisation. This can be highlighted by the annual review of our Policy & Procedures; Child Safe Standards; meeting accountancy practices; 2017-2020 Strategic Planning processes to consolidate the MSA into the future; and ensuring strong & effectual governance is in place. So it is with sincere appreciation for their continued support in my position as the Executive Officer and in their role to govern the organisation for today and tomorrow.

I would like to acknowledge the contributions of Terry Kite as both a Board Member; and in other roles to support the Assembly and the work we do for our communities. We wish him all the very best as he move into new directions.

Our gratitude to the continued support from our stakeholders – members, sport & recreation clubs & associations, community organisations, schools, businesses and individuals who keep us vigilant to the important role we play in our community.

Finally, the accomplishments of our organisation are result of the commitment and expertise of the MSA staff team, Delia, Rhonda, Jeanette, Tanya, Anna, Chris, Jeannyfe, Karen, Elena, Ben and Maureen. Congratulations on an enormous and productive year, reaching many milestones and achievements for our communities.

2017/2018 moves the Mallee Sports Assembly into another year with ever changing landscapes, challenges and accomplishments to be ensured. I look forward to another new & exciting year, working with the Mallee Sports Assembly Board of Management and staff team.

Thank you

Remember.....Participate, Feel Great!.....

Carmel Mackay
Executive Officer



Mildura...Swan Hill...Gannawarra...Buloke...



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SWAN HILL

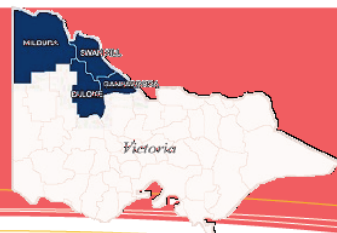
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2016—2017 Regional sport program



The VicHealth Regional Sport Program will support growth in physical activity through sport while also increasing the availability and supply of water in community sport.

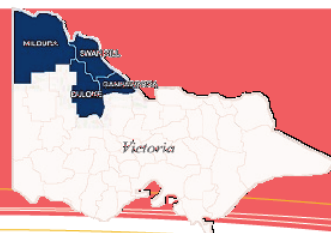
Sport

Creating and delivering new sport participation opportunities that addresses the needs of those who are inactive or somewhat active to become more active through sport.

Activities

- ♦ Rock Up Netball
- ♦ Play Golf/My Golf
- ♦ Fast 4 Tennis
- ♦ Kick Start (Swimming)
- ♦ Social Soccer
- ♦ AFL 9's
- ♦ Social 5's Soccer
- ♦ Summer Touch

....PARTICIPATE, FEEL GREAT!



2016—2017 Regional sport program



The VicHealth Regional Sport Program will support growth in physical activity through sport while also increasing the availability and supply of water in community sport.

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Water

Community sport can enable healthy lifestyles through championing and supporting water as the beverage of choice.

Activities

Strengthen individual knowledge & skills

- ◆ Providing education sessions for Club/League/Association leaders
- ◆ Promoting the health benefits of water in sports

Promoting community awareness

- ◆ Take the **H30 Challenge** – switch sugary drinks to water. There's a healthy chance you may never want to switch back. www.h30challenge.com.au

Educating providers in sport sector

- ◆ Information sessions

Harnessing new & existing local partnerships

- ◆ Utilise sports coaches to promote water as first choice of beverage to participants instead of sports drinks

Changing club practises and environment

- ◆ Education sessions for Club/League/Association leaders
- ◆ Encourage clubs to have prominent displays of water and reduce the cost of bottled water

Influencing local policies and strategies

- ◆ Engaged with local government and key stakeholders to promote water as the drink of choice

....PARTICIPATE, FEEL GREAT!

2016—2017 Supporting Victorian Sport & Recreation Program

The Supporting Victoria Sport & Recreation Program delivers initiatives to grow participation through club capacity building and increasing the equality, diversity and inclusiveness of sport & recreation across the region.

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Activities

- ♦ Club education, training, governance and club management
- ♦ Developing inclusive opportunities for people with disabilities, Culturally and Linguistically Diverse Communities, disadvantaged communities, Women & Aboriginal Communities
- ♦ Newsletters, Facebook, website, radio, club resources
- ♦ Media promotions & publicity
- ♦ Events—International Day of People with Disabilities, Regional Lawn Bowls, All Abilities Cricket Carnival
- ♦ Merbein & District Community Bank Sunraysia's 97.9 Triple M Northern Mallee Sports Star Awards (Mildura)

....PARTICIPATE, FEEL GREAT!

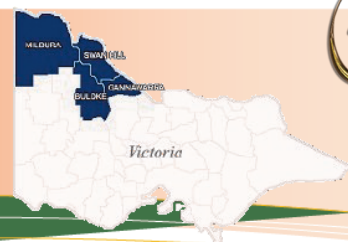


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2016—2018 CONNECT, REFRESH, GROW!

The project aims to have a long and short term visible impact in the East End Community (Mildura) through activities that create pathways to training and development as well as beautify the streetscape and resident houses.

Activities

- ♦ Street Landscaping & Construction
- ♦ Art Design
- ♦ Sports Education & Administration
- ♦ Youth Leadership
- ♦ Community Sporting Activities
- ♦ Gardening & Nursery work
- ♦ Strengthened Partnerships

....PARTICIPATE, FEEL GREAT!



Justice
and Regulation

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Mallee Sports Assembly is appointed as the Good Sports Community Partner to deliver the Good Sports program in the following regions:-

Mildura Rural City Council;
the Robinvale district of
Swan Hill Rural City Council;
Balranald ; and Wentworth
shire regions of New South
Wales



www.malleesportsassembly.org.au

2016—2017 Good Sports Program

The GOOD SPORTS Program assists sporting clubs to manage alcohol responsibly. Displaying the *Good Sports* logo sends an important message to club members and the community. It indicates that a club promotes a responsible attitude towards alcohol, and provides a safe environment for players, members, families and supporters.

What is in it for a Good Sports club?

- ♦ Enhanced family atmosphere.
- ♦ Increased membership and attendances.
- ♦ Being recognised as a community leader on alcohol management.
- ♦ Strengthen relationships with other community organisations.
- ♦ Creation of new income sources.
- ♦ Access to Responsible Service of Alcohol training for members.
- ♦ Reduced problems from alcohol misuse.
- ♦ Reduced risk of litigation.

....PARTICIPATE, FEEL GREAT!



Gannawarra/Buloke

Water:

Community sport can enable healthy lifestyles through championing and supporting water as the beverage of choice.

Partners: Mallee Sports Assembly and Quambatook Football Netball Club

Nudge Process—Quambatook Football Netball Club

The Quambatook Football Netball club completed the requirements of the VicHealth water initiative. In the past other clubs have been involved in something similar but this new approach is to determine the best method to increase the consumption of water over sweet, sugary based drinks within our regions.

As part of this initiative of VicHealth, the Quambatook Football Netball club, with the support of the Mallee Sports Assembly, participated in the “Nudge Process” where they made a small change that will over time encourage members and visitors alike to swap sweet, sugary based drinks for water to quench their thirst. The change involved price changes of the drinks on sale in the canteen at the home games for Quambatook. The drinks with a high sugar content were increased by 50 cents and the bottled water was reduced by 50 cents. Quambatook Football Netball Club Ladies representative collected data for three home games prior to the change and then three games following the change of the new drink prices. This information was collected and is now being analysed to determine if the process has made any difference to the customers drinking choices/habits. This has also been carried out with many other sporting clubs in other regions within country Victoria. Mallee Sports Assembly thanks Jackie Ritchie, Bryony Baker and the Quambatook Football Netball Club for being involved in this project which hopefully, will in the long run, improve the health and well-being of the residents/visitors alike.

Well done to the Quambatook Football Netball Club.

Positive Outcomes:

- The club completed the required steps for the “Nudge” process.
- The club were very keen to make the change for the better of the communities
- Impressive new signage was developed for the price changes
- Strengthened links with the Quambatook Football Netball Club

Negative Outcomes:

- The club struggled to get the data in at the preferred time
- The process put more pressure on our unpaid volunteers
- The reporting process for VicHealth is very pedantic and time consuming



Gannawarra/Buloke

Sport

Creating and delivering new sport participation opportunities that addresses the needs of those who are inactive or somewhat active to become more active through sport.

Project Name: Play Golf-Family and Beginner Clinics

Location: Buloke Shire

Where: Charlton & Birchip Golf Clubs

When: Commenced May 2017-5 weeks

Partners-Mallee Sports Assembly, Golf Victoria, Charlton Golf Club, Birchip Golf Club

Both the Charlton Golf Club and the Birchip Golf Club hosted new Family/Beginner Golf Clinics. These clinics were supported by Golf Victoria. Mark Bamford of Golf Vic led the skills sessions with his expert coaching and advice. Club volunteers from both clubs were also on hand to assist the new comers with the skills of hitting that little white ball.

The idea of the golf clinics was for people to learn the game with the assistance of Golf Victoria and club volunteers. There was no pressure to “win a sheep station”. The clinics were ideal for new players, ex-players, young and old alike or anyone who wanted to learn more about golf. They were also ideal for people who wanted to come along and enjoy some light exercise on the very picturesque golf courses (Charlton and Birchip). Both clubs had good numbers (Charlton-18, Birchip-19) attending and were very pleased with the response. The MSA attended both clinics on Sunday 21st May 2017 to collect participation information for VicHealth data and surveyed all adult participants.

Positive Outcomes:

- Both clinics were well attended
- Golf Victoria provided great support by attending all sessions
- All equipment was provided
- The clinics were kept at a low cost to attend-very affordable for families to attend
- The weather was ideal for all sessions (very lucky)
- Both clubs continued with skills sessions after the clinics completed
- Participation numbers have increased at both clubs (Charlton-3 females and 8 juniors, Birchip-3 females with the potential of more for the 2018 season)
- Strengthened links with Golf Vic, Charlton Golf Club and Birchip Golf Club

Negative Outcomes:

- The participants still have not returned the post surveys, even after a follow up
- The clinics would be better conducted 6 weeks earlier at the commencement of the golf season (late March, early April)



Rhonda Allan
Project Officer

Supporting Victorian Sport and Recreation Program Gannawarra/Buloke

Netball For All - Donald

Project Name: Netball For All
Location: Buloke Shire
When: August-September 2016
Where: Donald Primary School stadium-Donald
Partners: Mallee Sports Assembly, Netball Vic, Donald Netball Club

This is the first time a 4 week netball program has been conducted in the Buloke Shire for people of all abilities. To ensure the weather didn't impact on the program, the sessions were conducted in the Donald Primary School stadium. Netball Victoria provided the equipment and support with the facilitation. The Donald Netball club provided 6 club volunteers also to assist with the facilitation. Staff and participants from McCallum Day Services St Arnaud and Woodbine Warracknabeal and other community members attended each week.

Positive outcomes of the program:

- The participants enjoyed this new opportunity of playing netball
- Increased physical activity opportunities for people of all abilities
- Both Netball Vic and the Donald Netball Club provided excellent support to facilitate the program
- The venue was ideal for the activity despite the winter weather conditions outside
- Excellent attendances each week
- Developed a new partnership with the Donald Netball Club
- Strengthened links with Netball Vic
- Strengthened links with McCallum Day Services-St Arnaud and Woodbine-Warracknabeal
- Increased exposure of the MSA, Netball Vic and Donald Netball Club

Negative outcomes of the program:

- It wasn't long enough

Comments from other partners:

- "This new opportunity is just wonderful for our people" -Karen (staff) of Woodbine-Warracknabeal
- "We are only too pleased to support inclusive sport & recreation" -Kath(club volunteer) Donald Netball Club

Comments from participants:

- "It's hard to get the ball in the ring"
- "Love the game"
- "I try not to run with the ball"





Supporting Victorian Sport and Recreation Program Gannawarra/Buloke

Disability Awareness Program

Location: Buloke & Gannawarra Shires
When: February 2017
Where: Wycheproof & Lake Charm
Partners: Mallee Sports Assembly, Wycheproof P12 College, Lake Charm PS, Quambatook PS and Ultima PS

Disability Awareness Programs are a great way to break down the barriers and educate young people of what it can be like to live with a disability. The younger you can educate the children about this, the better. The sessions are targeted and tailored for primary school children. The sessions include information sharing of real life stories of people living with a disability and what aids are available to assist them in everyday life, playground and ball sport where the children are given a "mocked disability" and experience being disadvantaged and then followed by question time.

Positive outcomes of the program:

- It raised the awareness to the students of what it is like to live with a disability
- The mocked disabilities offered a fun activity but with a serious message
- The staff and students embraced the activities with enthusiasm
- Strengthened links with Wycheproof P-12 College, Lake Charm PS, Quambatook PS and Ultima PS
- In total the sessions were attended by 86 students and 8 staff
- The program reiterates the initiatives of the "Access For All Abilities" program

Comments from other partners:

- "An informative session. Possibly more hands on tasks with the students"- (Staff) Lake Charm PS "The program is an excellent way to raise the awareness of what it would be like living with a disability" (Principal) Wycheproof P-12 College.
- Wheelchairs are hard to transport in the car

Comments from participants:

- "I liked being in the wheelchair"
- "I don't like being blind"
- "There are lots of things to help people"



Supporting Victorian Sport and Recreation Program Gannawarra/Buloke

Project Name: Child Safe Standards workshops

Location: Gannawarra and Buloke Shires

Where: Mallee Sports Assembly, Kerang Football Netball Club/Wycheproof-Narraport Football Club

When: May 22nd 2017 and May 23rd 2017

Partners-Mallee Sports Assembly, VicSport, Kerang Football Netball Club, Wycheproof-Narraport Football Club

Due to the new legislation for Child Safe Standards that came into effect for Sporting Groups on 1 January 2017, MSA conducted workshops to assist and advise sporting clubs what is required to be compliant. If a sporting club provides services to children then they must act to meet the requirements of the legislation. Workshops were conducted in all the 4 shires of the Mallee Sports Assembly.

The seven Child Safe Standards are as follows:

- Strategies to embed an organisational culture of child safety, including through effective leadership arrangements
- A child safe policy or statement of commitment to child safety
- A code of conduct that establishes clear expectations for appropriate behaviour with children
- Screening, supervision, training and other human resources practices that reduce the risk of child abuse by new and existing personnel
- Processes for responding to and reporting suspected child abuse
- Strategies to identify and reduce or remove risks of child abuse
- Strategies to promote the participation and empowerment of children

The Standards apply to all personnel in organisations/clubs

19 participants/8 clubs attended the Kerang (Gannawarra Shire) workshop and 28 participants/14 clubs attended the Wycheproof (Buloke Shire) workshop.

Positive Outcomes:

Opportunity for clubs to be informed of the requirements of the new legislation
Great representation from different clubs within both the Gannawarra and Buloke shires
The venues were good central locations and provided for no cost
An opportunity to increase the exposure of the Mallee Sports Assembly
The courses were very well attended
Strengthened partnership links with the Kerang Football Netball Club and Wycheproof-Narraport Football Club

Negative Outcomes:

Some farmers were still cropping and were unable to attend
It's another thing for club volunteers to address

Comments from some attendees:

"More paperwork for us to deal with"

"The workshop was very informative and now have a better understanding of what is required"



Supporting Victorian Sport and Recreation Program Gannawarra/Buloke

Funding workshop

Location: Buloke Shire
Where: Wycheproof-Narraport Football Club
When: 20th June 2017

Partners - Mallee Sports Assembly and Wycheproof-Narraport Football Club

The Executive Officer, of the Mallee Sports Assembly facilitated a 2 hour information session on accessing grants and fundraising for sporting clubs and non-for-profit groups.

The sustainability and success of community groups is often reliant on the ability to raise funds to develop and maintain their activities. The workshop focused on developing fundraising strategies, and the topics included:

- Why develop a fundraising strategy?
- Identifying different grants available
- Developing a submission template
- Resources, tools and activities.

15 people/8 clubs attended the workshop in Wycheproof. Unfortunately the Kerang workshop was cancelled due to insufficient registrations which was disappointing.

Positive Outcomes:

A great opportunity for sporting and recreation clubs to be better informed on where to access grants and funding

People that were registered for the cancelled Kerang workshop attended the Wycheproof workshop despite the short notice

The session was clear, concise and not too long

Strengthened partnership links with the Wycheproof-Narraport Football Club



Rhonda Allan
Project Officer

Swan Hill

Water:

Community sport can enable healthy lifestyles through championing and supporting water as the beverage of choice.

Partners: Mallee Sports Assembly, Swan Hill Soccer League

Nudge 2 - Red Drinks Off Display

A 'nudge' is a small change that can be made in a setting that influences people's behavior. In the case of canteens changes can be made in the way you display, price and promote food and drinks to nudge people to choose healthy choices

Healthy Choices:

Promote water by taking red drinks off display

Why? – Out of sight, out of mind. Availability of drinks influences what people choose

Swan Hill Soccer League took the NUDGE to make healthy choices to promote water as first beverage of choice by taking all red drinks off display. To do this Swan Hill Soccer League's Canteen Manager removed all soft drinks, fruit juices and sports drinks into a domestic refrigerator so the drinks could not be seen. Also all signage of red drinks was removed from the canteen. This is all about of sight, out of mind as the availability and promotion of drinks influences what people choose to buy. Customers could still ask for red drinks but seeing they were out of sight definitely influenced what people chose to buy. Red drinks are high in sugar, the NUDGE encourages people to choose water and or healthier options of drinks.

The Canteen Manager also collected data of sales before and during the Nudge so a comparison of sales could be made. There was a significant difference in sales of red drinks, showing a reduction in sales of sports drinks during the Nudge.

Special thanks to Swan Hill Soccer League and canteen manager Karen Smith for taking the Nudge!



Swan Hill

Sport

Creating and delivering new sport participation opportunities that addresses the needs of those who are inactive or somewhat active to become more active through sport.

Rock Up Netball - (RUN)

Partners: Netball Vic, Mallee Sports Assembly, Swan Hill Indoor Recreation Centre

RUN is a program developed by Netball Vic in conjunction with VicHealth. The program is being delivered throughout Victoria and is tailored to meet the different fitness and skill levels of women. *RUN* is a new way to play, is relaxed and the idea is to pay as you play. *RUN* is a different way to play with non-traditional netball activities in a safe and inclusive environment. The program is a flexible option to organised physical activity, and bring the elements of a fun, social setting.

This was held at Swan Hill Indoor Recreational Centre during November, with players enjoying learning new skills and training ideas. *RUN* coach Tayla shared her expertise with participants, provided new netball skills and above all had fun!



Delia Baber
Project Officer

Supporting Victorian Sport and Recreation Program Swan Hill

2017 Lakeside Golf Club Come & Try Day for All

Partners: Mallee Sports Assembly, Lakeside Golf Club, Golf Victoria, Golf Australia

Lakeside Golf Club, Lake Boga hosted a Come & Try Golf for All event on Thursday 20th April, 2017. The day was a great success with 27 participants of all abilities from Murray Human Services, Swan Hill Specialist School and Mallee Family Care learning the skills of playing golf.

Participants had a hit on the driving range and tried their skills on the putting green, which resulted in a hole in one! One of the most popular activities was Starting New at Golf (SNAG). The SNAG equipment is perfect for teaching the fundamentals of golf where success and enjoyment are the guiding principles. SNAG Golf has designed modified golfing equipment that is not only easy to use but addresses the safety concerns that traditional golf has with its tennis like balls and Velcro targets. Great Fun!

Lakeside Golf Club is a welcoming, inclusive club with a great venue and dedicated volunteers. The day wouldn't be the success it was without the assistance of club volunteers, carer's and staff supporting participant's play various activities of Golf and SNAG Golf with many keen golfers amongst the group.

All participants and volunteers received participation certificates supplied by Mallee Sports Assembly and show bags supplied by Golf Victoria and Golf Australia.

The club provided catering for approximately 40 people enjoying a delicious barbeque lunch. This was a great day with lots of fun had by all!

Lakeside Golf Club and Mallee Sports Assembly have developed a great working relationship to provide opportunities for people with disabilities to participate in Golf and SNAG Golf. Special thanks to everyone from Lakeside Golf Club, Mark Bamford from Golf Victoria, Christian Hamilton from Golf Australia, Mark Bowd, PGA golf professional from Murray Downs Golf Club, Volunteers, Carers and staff from Murray Human Services, Swan Hill Specialist School and Mallee Family Care.





Supporting Victorian Sport and Recreation Program Swan Hill

2017 Swan Hill Regional All Abilities Bowls

Partners: Mallee Sports Assembly, Swan Hill Racecourse Bowls Club, Bowls Vic & Bowls Aust,

Swan Hill Racecourse Bowls hosted the third Regional All Abilities Bowls event on Thursday 15th June 2017. Mallee Sports Assembly, Bowls Victoria and Bowls Australia all provides support and equipment to Swan Hill Racecourse Bowls Club for the event. The club certainly puts every effort into providing a welcoming environment for people of all abilities.

The day was a great success with 80 participants of all abilities from: Murray Human Services – Swan Hill & Kerang Links, Balranald MacKillop Rural Community Services, Swan Hill Specialist School (34 all day, 25 after lunch), and Mallee Family Care. Participants enjoyed morning tea before hitting the rinks playing Lawn Bowls, Jack Attack Bowls and also played a few games of Spiders. A spider in bowls is where a jack is placed in the centre of the green with all of the players standing all around the green with one foot in the ditch. Everyone has 1 bowl each and bowl all at the same time. Whoever is closest to the jack when all bowls has come to rest wins a free glass of water! This was great fun, everyone thoroughly enjoyed playing Spider!

This was followed by lunch which was catered for by the club for approximately 100 people including supporting staff, carer's and volunteers. After lunch approximately 25 participants from Swan Hill Specialist School arrived, enthusiastic to play bowls. This year Bowls Victoria provided a lawn bowls green friendly wheelchair for use at the event. This wheelchair has bigger tyres so there are no divots made in the greens.

Participants received show bags supplied by Bowls Victoria and Bowls Australia also information booklets, wrist bands and pens from CFA and SES.

Special thanks to Swan Hill Racecourse Bowls Club, Bowls Victoria, Bowls Australia, Chairman of Bowls Victoria Disability Support Committee – Tony Scott, Volunteers, Carer's and staff for joining together to provide this wonderful opportunity to people of all abilities.



Supporting Victorian Sport and Recreation Program Swan Hill

2017 Safer Sports Courses

Partners: Mallee Sports Assembly, Sports Medicine Vic, Lake Boga FNC, Sporting Clubs

Level 1 Sports Trainer Course & Re-Accreditation at Lake Boga Football Netball Club 4th March & 4th June

Successful completion of the Level 1 Sports Trainer course provides an opportunity for participants to become a SMA Nationally accredited Sports Trainer. This is the standard required to perform the duties of a sports trainer in most of Australia's major sporting codes. To remain accredited by Sports Medicine - Sports Trainers must complete CPR annually, first aid and Sports Medicine Reaccreditation every 3 years.

Facilitator Dawn Ferrier delivered the Level 1 Sports Trainer Course and Reaccreditation on two occasions March 4th and June 4th to 12 participants and 4 completing their reaccreditation from the following clubs: Lake Boga FNC, Swan Hill FNC, Wakool FNC, Red Cliffs Junior FNC, Ultima FNC and Moulamein FNC Balranald FNC, Nyah/Nyah West United FNC, Tyntynder FNC and Birchip FNC.

This course recognises participants as a nationally accredited sports trainer, providing skills on how to prevent and manage injuries on and off the sporting field.

Special thanks to Lake Boga Football Netball Club for providing their clubrooms for the courses

Provide FIRST AID & CPR Update

Partners: Sports medicine Vic, Mallee Sports Assembly, Swan Hill Neighbourhood House, Sporting Clubs

Facilitator Dawn Ferrier delivered Provide First Aid course on 16th March to 9 x participants and 1 x CPR Update from the following clubs: Lake Boga FNC, Swan Hill FNC, Wakool FNC, Moulamein FNC, Ultima FNC and Swan Hill Leisure Centre

This course is delivered using blended learning and include a range of theoretical and practical tasks. Learners are required to participate in all elements of the course, providing them with the opportunity to practice and refine their skills. This course structure involves the use of simulated scenarios which reflect real life situations occurring in the community and workplace settings.

Special thanks to Swan Hill Neighbourhood House for the use of their venue for the course.





Supporting Victorian Sport and Recreation Program Swan Hill

Mental Health Week

'We Stand Together' Cricket Match Sunday 23rd October 2016

Partners: Mallee Sports Assembly, Victoria Police, Cricket Vic, Swan Hill Health Minds Network, Swan Hill Rural City Council, PHN Murray and ALCO Trust

Mental Health Week 2016 'We Stand Together' Cricket Match and Community Day was held at Swan Hill Showgrounds 23rd October. Prior to the beginning of the cricket match Tom Huf from Cricket Vic facilitated Come & Try MILO In 2 Cricket and MILO T20 Blast activities for kids which was well attended.

The weather made it a perfect day for cricket, the two teams for the match were mixed between Community and Victoria Police. After a fierce competition Team Black won with 148 runs beating Team Green 138 runs. Most Valuable Players: Matthew Wade – Team Black and Kyle Cattlin - Team Green

The day included a free barbeque lunch, face painting, food stall and entertainment for the day was provided by local DJ Harry Schlegel. Australian Defence Force Recruiting had an Information stand with many giveaways. MSA provided a Sugar Display – How much sugar in this drink? To demonstrate how much sugar is in different drinks to encourage water as the first beverage of choice.

Beyond Blue bags plus information from local agencies were very popular giveaways. Swan Hill Neighbourhood House provided drink bottles to all participants. Thanks to Swan Hill Cricket Association for having the cricket pitch ready for the match.

A comment from planning community team member – Lateesha Jeffery, ALCO Swan Hill said "I thought it was very successful and well represented by a diverse community from Swan Hill. An annual event during Mental Health Week would be ideal"

The cricket match was a joint initiative of Victoria Police, Mallee Sports Assembly, and Cricket Victoria with funding from Swan Hill Health Minds Network, Swan Hill Rural City Council, PHN Murray and ALCO Trust



Delia Baber
Project Officer

Mildura

Water:

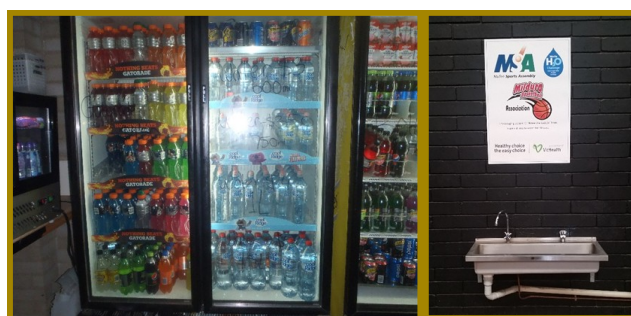
Community sport can enable healthy lifestyles through championing and supporting water as the beverage of choice.

Partners - Mallee Sports Assembly and Mildura Basketball Association

The Mildura Basketball Association Canteen, decided to be involved in the Water Nudge program in October 2016 with great success. After the baseline data was recorded, the canteen provided meal deal options for bottled water and sandwiches, wraps and other meals.

Information data supplied by the Association during the nudge, saw an increase in water sales and small reduction in sugary drinks sales. The Association has now decided it will continue to reduce the number of sugary drinks available for sale and reduce the number of lollies available. This will create more fridge space to store fresh healthy options.

Through making these changes to the canteen the Mildura Basketball Association has not seen a reduction in overall sales. The players, umpires and spectators know they have fresh sandwiches, meal deals and healthier options available to buy and over time they will see an increase in sales.



Sport

Creating and delivering new sport participation opportunities that addresses the needs of those who are inactive or somewhat active to become more active through sport.

Fast 4 Tennis

Partners: Mallee Sports Assembly and Mildura Lawn Tennis Club

During the past 12 months, the Mildura Lawn Tennis Club successfully conducted a one day exhibition matches of Fast 4 Tennis. Through discussions with the tennis club, it was decided to expand this to a 4 week competition. This commenced on the 8th February and concluded 1st March 2017.

The club was successful in having 12 teams of 4 register for Fast 4 Tennis. One team did withdraw after the first week, but the club managed to fill their place for the last 2 weeks. The club graded the teams into three levels. To ensure everyone played each team once, with the 4th week being the finals.

The club deemed the competition as a success, with new people playing the game, others coming back into the sport and regular players joining a team. The format of the matches and competition, enabled young and mature players to play on the same team or against each other.

With different rules, and faster pace of the matches, but overall the participants enjoyed the activity and they would like to participate again. Some people also liked that it was a short term commitment, to fit around other things in their life.

Mildura Lawn Tennis Club believes the program was a success and will look at conducting Fast 4 again in 2018.



Tanya Wild
Project Officer

Supporting Victorian Sport and Recreation Program Mildura

2016 Country Care Group All Abilities Cricket Carnival

Partners: Mallee Sports Assembly, Cricket Victoria, Mildura Senior College, Mildura Settlers Cricket Club

In October 2016 we welcomed the 7th Country Care Group All Abilities Cricket Carnival to Mildura with 110 Players representing 6 senior and 4 school teams with 35 support staff/carers.

There were 5 teams from Mildura, one team each from Werribee, Altona, Warracknabeal, Ararat, and Bendigo. Over the two days of play, each team played 6 games of cricket with a total of 30 matches played in 2 days in both the senior and schools division.

At the end of day one, an exhibition match of Blind Cricket was held to highlight and demonstrate that people with vision impairment can and do play cricket. With the assistance of local Vision Australia clients, local Member for Mildura Peter Crisp, other visiting team members and Cricket Victoria, a 45 minute match of blind cricket was conducted. Batters and bowlers were blindfolded or given a vision impairment. Metal stumps were used, along with an audible cricket ball. Vision Australia – Mildura branch invited staff and clients to participate in the activity. This was a great success with everyone getting involved in the game.

The winners of the schools division was Mildura Special School – Team 1, and the senior's division was won by Wyndham All Abilities Football Cricket Club for the 5th year in a row.

A special thank you to Mildura Senior College – VCAL department for providing the catering and lunch at the conclusion of Friday's match. The students and staff ensured there was no person left hungry, with enough sandwiches, sausages and burgers for everyone, including seconds.

Sponsors for the 2016 event included: Country Care Group, Mildura Weekly, Mildura Settlers Cricket Club, Totally Workwear, Mildura Senior College VCAL Department, Mildura Rural City Council – Events Department, Vision Australia, Merbein and District Community Bank Branch – Bendigo Bank, Benetook Automotive, Sportspower, and Cricket Victoria



Supporting Victorian Sport and Recreation Program Mildura

All Abilities Netball

Partners: Mallee Sports Assembly, Mildura Netball Association, Mildura Specialist School

In August 2016, Mildura Netball Association commenced an Access for All Netball program for people with disabilities. This was a skilled based training sessions once a week, on Saturday mornings at the conclusion of regular competition.

With nine registered participants every week, we gradually saw an improvement in the participant's skills and abilities in the sport. Country Care Group have once again sponsored the new program by ensuring all players who are involved received a netball at the conclusion of the program. They are also provided assistance to Mildura Specialist School Netball team to attend an All Abilities Football Netball Carnival in Mooroopna on the 7th September 2016.

The Access for All Netball program enabled participants to learn the basic skills and rules of netball, in a fun and inviting way. With the Association viewing the program as a success, they decided to incorporate the program in the twilight competition on a Tuesday evening in Term 4.

In October 2016, 8 players commenced the first Access for All Netball matches in Sunraysia. All players had to pay annual membership fees (of \$50) to Netball Victoria, to cover the players insurance fees while on the court, and \$2 court fees.

Mildura Netball Association has decided to make this a regular fixture on the calendar, with the opportunities to grow and expand the competition in the future



Supporting Victorian Sport and Recreation Program Mildura

Child Safe Standards Workshop – Mildura

Partners: Mallee Sports Assembly, Sunraysia Hockey Association

In April 2012, the Victorian government initiated an inquiry into the handling of child abuse allegations within religious and other non-government organisations. The inquiry's final report, *Betrayal of Trust*, made a number of recommendations that have been acted on by the Victorian Government. The creation of Child Safe Standards (the Standards) was one of the key recommendations.

What Are The Standards?

- Strategies to embed an organisational culture of child safety, including through effective leadership arrangements
- A child safe policy or statement of commitment to child safety
- A code of conduct that establishes clear expectations for appropriate behaviour with children
- Screening, supervision, training and other human resources practices that reduce the risk of child abuse by new and existing personnel
- Processes for responding to and reporting suspected child abuse
- Strategies to identify and reduce or remove risks of child abuse
- Strategies to promote the participation and empowerment of children

The Standards are flexible and principle based.

"Child safety is not an add-on or one-off exercise and just about developing policies, it is about creating a culture and environment within your organisation that is supportive and protective of children". The Standards apply to all personnel in an organisation/club.

In May 2017, Mallee Sports Assembly delivered Child Safe Standards Workshops across the region. MSA planned three workshops for the Mildura region being Robinvale, Ouyen and Mildura. Two of these were cancelled due to insufficient interest from the Robinvale and Ouyen communities. Mildura workshop was a success, with 29 people from 14 different clubs attending.

The type of sports who attended the workshop included: Hockey, Football/ Netball, Softball, Eightball, Shooting, Baseball, Diving, Tennis and Basketball.

Feedback from those who attended was positive and supportive of the workshop. There were a number of people who expressed an interest in attending the next child safe workshop, due to their inability to attend the first one. This was conducted in July 2017.





Supporting Victorian Sport and Recreation Program Mildura

Zest Fest – Oranges in Sport.

Partners: Mallee Sports Assembly, Mildura City Heart, Mildura Fruit Company

The first week in August for the past 3 years, Mildura region has earmarked as Zest Fest, where we celebrate all things citrus.

A small committee worked together to promote and organise the annual event, which was held in Langtree Mall, with marmalade tasting, shop window decorations, citrus inspired food at local restaurants and oranges in sport. From the 5-13 August, a number of local sporting clubs were provided with oranges to celebrate this event.

Mildura Fruit Company kindly donated 20 boxes of fruit to 9 local clubs, with over 3,200 people across the Mildura region eating and juicing the oranges for their junior and senior teams. The clubs involved in the promotion were:

Football Federation Sunraysia;
Red Cliffs Junior Football Netball Club;
Eagles Baseball Club;
South Mildura Sporting Club;

Mildura Senior and Junior Football Netball Clubs;
Mildura Netball Association;
St Andrews Tennis Club;
Imperials Football Netball Club

The benefits of oranges to the body, during and after sport can have great benefits.

- Oranges replace calcium and potassium, vital for muscles and recovering after sport
- Oranges are rich in antioxidants that help maintain brain function and keep bones and joints in tip top shape
- They contain carbohydrate and water so they give you energy and refresh you
- Oranges are packed with Vitamin C
- They taste fantastic!

We would like to thank Mildura Fruit Company and all the clubs for being involved in this program in 2016.



Tanya Wild
Project Officer

Acquired Brain Injury Recreational Woodwork Group - Mildura

The aim of the project is to provide inclusive community based recreation and skill development opportunities for individuals with Acquired Brain Injury (ABI); and quality respite for family and carers.

In 2016/17 there have been two 10-week courses conducted with a third course currently underway and to be completed in September 2017. An average of 9-participants have attended each week and we have had 2 new female participants join the group, together with 2 new male participants and all the existing members are very welcoming and extremely inclusive both 'old & new.'

The community recreational program continues to be conducted at Sunraysia Institute of TAFE. It continues to build on the ethos that has been established over the past 22 years. It attributes to opportunities for individuals to enhance and reinforce their skills and maintain significant friendships. It provides consistency for carers & families in a safe and welcoming environment. The quality and workmanship of the projects continues to increase which is recognition of the skills, related abilities and confidence that they are acquiring. The course provides structure & purpose for the week which assists in time management and organisational skills; and offers a routine and purpose for the rest of the week and something to look forward to.

The project continues to provide the 'focus' for the group where a blend of abilities, ages, ethnicities and personalities are able to interact, enjoy each other's company and others. Within the group there is great camaraderie, sense of humour and mutual respect for each other. A strong bond and friendships is maintained between the volunteers, support workers and the TAFE staff, together with the participants in the course. All involved look forward to not only the production of woodwork items, but the social interaction, conversation and good humour. The staff and volunteers enjoy their involvement as much as the participants. With some participants as quick as the courses are finished they are looking for the next one. We receive numerous phone calls and visits for when the next program is to commence; and if anyone's address changes we are one of the first to be informed

The project is the catalyst for community development, education and awareness and promotes a positive message of inclusion and abilities.

The ongoing partnerships and support from Bendigo Health, SuniTAFE, Sunassist, Mildura Rural City Council, families & carers and Disability Service providers has been pivotal for the implementation of the project each year. We look forward to 2018 and resuming where we finished off!



Mallee Sports Assembly Bendigo Bank Calendar of Events



The Mallee Sports Assembly launched the 2017 Calendar of Events in January at various offices across the Mallee. Five hundred calendars were printed and distributed to sport and recreation groups across the municipalities of Mildura, Swan Hill, Buloke and Gannawarra.

Fifty-four member clubs from across our region contributed to the calendar. This included 32 Mildura based clubs, 10 Swan Hill clubs, 7 Buloke clubs and 5 from the Gannawarra Shire. With all these events happening across the Mallee region, ensures that sport and active recreation is alive and well in our regional communities.

For the tenth consecutive year the calendar was sponsored exclusively by Bendigo Bank. "Both Bendigo Bank and Mallee Sports Assembly are in the business of supporting communities, making this partnership a very natural fit," Mildura Langtree Branch Manager Dafydd Scholes said.

The calendar aims to encourage participation, activity and provides advice and guidance in particular for individuals who are the least active, people with disabilities and residents from multi-cultural and lower socio-economic backgrounds.

The calendar highlights the broad range of activities available across the four municipalities and is also a way of raising the profile of the different clubs and associations that exist in our communities.

Carmel Mackay, Executive Officer of the Mallee Sports Assembly said: "The calendar is an important annual program coordinated by the Assembly, especially in times of hardship when social interaction in communities becomes so important for all people."



Celebrating our Volunteers

Objective: To acknowledge volunteers who make a positive difference in the lives of others through support and encouragement, often with self-sacrifice and without personal gain.

Jason Cameron - Sunraysia Eightball Assoc

Jason Cameron has only been with the Sunraysia Eightball Association for three years however he has done more in 3 years than most do in a lifetime. Jason has been an absolute breath of fresh air since he first joined the committee. He is always the first to volunteer his time to the benefit of all. He is a real positive forward thinking individual. Jason is tireless in attempting to find out new and beneficial projects that will benefit the club. He is an honest, hard working member who always puts the Association first. Jason has sourced various fundraising avenues; has also spent a great deal of time assisting the Association with the maintenance of equipment. He is always available to help out with training, fundraising, coaching at the Association's clubroom and out of district carnivals.



Connect. Refresh, Grow! Mildura

The **Connect, Refresh, Grow!** Project is designed to have a highly visible impact in both the short and long term. It has two themes planned to have employment/training outcomes, high street visibility and supplement existing and future projects. The sport/education component of the project engages youth and they in turn will support community sporting activities. The street art component of the project is beautifying two major avenues in the East End Community and nearby neighbours.

The Mildura Ambleside (East End Community) Connect, Refresh, Grow! Project encourages and supports the participation of people from diverse backgrounds to be able to offer them projects which are designed to be flexible to meet learners' needs and support them to return to study, improve their literacy and numeracy skills, learn new skill and, broaden their employment options.

Other outcomes of the project includes a positive impact on the social determinants which influence improved social cohesion, community pride and connectedness, increased confidence and trust in reporting crime particularly in Aboriginal and Culturally and Linguistically Diverse (CALD) community members, reduced incidence of criminal activities, improved housing and stability, increased actual and perceived safety. In addition to the above sports administration, education about active and healthy lifestyles is an important part of the program.

There have been six inspiring young leaders aged 16-21yrs become involved with the project. At the commencement of the project each Leader completed a journal '**My Goals, My Journey**' to not only assist with an individual skills audit to develop a training and education schedule; but an important repertoire of the journey, goals and the aspirations of each individual.

The individual leaders have completed training in coaching, working with individual sports to incorporate their coaching and training; teamwork and activities for children and youth; Level 1 First Aid; and Responsible Serving of Alcohol. This will enable these Leaders to conduct after school programs in conjunction with the East End community house. The skills developed will be transferable to other settings including other training & education pathways and employment.

Sport and recreation is a powerful mechanism to engage community and individuals. Sports-focused learning improves social cohesiveness, supports education, enables self-confidence and promotes health and well-being

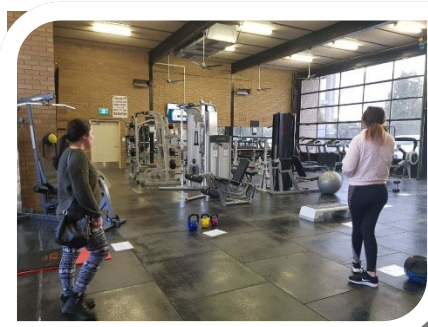
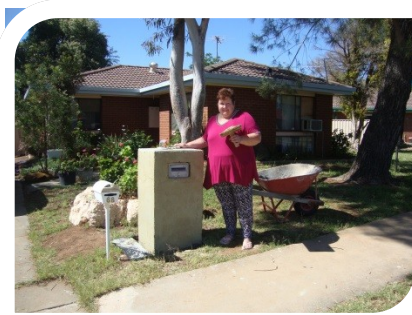
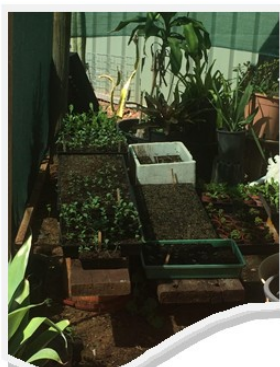
The Connect, Refresh, Grow Program, now in its second year, is about helping residents in the East End that are making an effort to help themselves. Those households that have shown a demonstrable interest in gardening are being assisted in improving their front yards. So far we have worked with 12 households with a great degree of success. The enthusiasm of the participants is shown by their labour, financial and artistic contributions to the streetscape. Perhaps even more importantly, it is introducing and connecting neighbours to each other as they meet on the footpath, exchange plants or liaise through the Community House. The completion of the hothouse in the community garden has added a new dimension to the project, as we are now able to raise our own seedlings and propagate cuttings. The preparation has begun for an upgrade to the community garden through a Work For The Dole scheme, which will bring further amenity and facilities to the East End.

Connect. Refresh, Grow! Mildura

A Safety & Advisory Committee has been formed to act as an advocacy role for community safety concerns and to identify needs and interest in the community. Representation on the Committee includes community residents, agencies and the East End Community House. Concerns are also voiced to those who work at the community house and agency personnel. Safety is not a direct activity but it is pivotal to the outcome of all activities. Safety is as much an outcome as it is an activity. The Safety & Advisory Committee is also central to informing the development and ongoing implementation of the project.

The project has a formalised understanding between a diverse range of partners to collectively conduct a collaborative approach to the application and delivery of the Connect, Refresh, Grow!! Project. This is extremely beneficial in discussing and applying knowledge to identify specific opportunities and risks, to increase participation and improve outcomes disadvantaged in the local community.

Our project partners include Department of Justice & Regulation, East End Community House, Mallee District Aboriginal Services, Department of Health & Human Services, Victorian Police (Mildura), Mildura Rural City Council, Headspace, MADEC, SuniTafe and the Sunraysia Mallee Ethnic Council.



Jeannyfe Spary
CRG Project Officer

Chris Howe
CRG Project Officer

Good Sports Mildura



For the 2016-17 year Good Sports reduced the target accreditation for club visits and community awareness for the MSA Mildura area to 6 from 24.

In 2016-17 Mallee Sports Assembly accredited 7 clubs (1 above the requirement) being:-

Mildura Life Saving Club - L1	Red Cliffs Fire Brigade Cricket Club – L3 monitor
Mildura Kart Club - L3	North West (Vic) Motorcycle Club - L2
Meringur Football Club - L3	Nullawil Football Club - L1
Rivaside Hockey Club - L1	

During this year three new associations/clubs were registered accredited to Level 1 of the program along with 4 clubs being accelerated to the next level.

I attended meetings of the Mildura Liquor Accord. These meetings were attended by representatives from Victorian Commission of Gambling and Liquor Regulation as well as local police and liquor outlets. By attending these meetings it keeps you abreast with the liquor licensing laws, compliance and liquor issues as well as strong links with the local police.

Again, David Zacher delivered the Responsible Service of Alcohol courses for the 2016-17 as following:

31.08.16 - Merbein South Cricket Club –	26 participants - 08 sporting clubs
15.11.16 –Mildura Clay Target Gun Club -	22 participants - 06 sporting clubs
22.11.16 - Ouyen Lawn Tennis Club & Ouyen Golf Club -	22 participants - 01 sporting club
15.02.17 - Robinvale Euston Football Netball Club –	24 participants - 01 sporting club
21.02.17 - Mildura Settlers Cricket Club –	25 participants - 07 sporting clubs
16.03.17 - Ouyen Lawn Tennis Club & Ouyen Golf Club -	20 participants - 01 sporting club
22.03.17 - Merbein Football Netball Club –	29 participants - 11 sporting clubs
10.05.17 - Irymple Football Netball Club –	11 participants - 04 sporting clubs

A total of 179 participants from 39 sporting clubs completed the RSA course in the 2016/17 year compared to the previous year of 99 from 25 sporting clubs being an increase of 44.69% participants and 39.06% sporting clubs.

During the year we negotiated with Roadsaf Mildura to have Breath-o-meters installed at the Ouyen United Football Netball Club (Ouyen and Underbool grounds), Ouyen Lawn Tennis & Golf Club and the Underbool Hotel.

With MSA able to offer the RSA at a very competitive rate and also being able to have it delivered after hours this has then encouraged sporting clubs /associations to have their bar servers trained and accredited in the Responsible Service of Alcohol course.

I would personally like to thank Good Sports Victoria, Alcohol & Drug Foundation, Victorian Commission for Gambling and Liquor Regulation, Victoria Police, Mildura Liquor Accord, David Zacher, Road Safe Mildura and especially all the local accredited Good Sports clubs



Good Sports Mildura

Registered Sunraysia Hockey Association, Football Federation Sunraysia, *Belvoir Cricket Club,*

Level 1

Sunraysia Field & Game
Mildura & District Ski Club
Mildura LifeSaving Club,
Rivaside Hockey Club

Sunraysia Eight Ball Association
Wentworth District Rowing Club (NSW)
Nullawil FC

Level 2

Mildura Rowing Club
Irymple Football Club (withdrawn)
Mildura Bowls Club
Gol Gol Hawks Football Club (NSW)

Robinvale/Euston Cricket Club (withdrawn)
Murrayville Football Club
North West Motorcycle Club

Level 3

Mildura Motorcycle Club
Merbein Football Netball Club
Mildura Speedway Drivers Club
Sunraysia Softball Association
Bambill Football Netball Club
Mildura Lawn Tennis Club
Sunraysia Football Umpires Ass
Sacred Heart/St Andrews Tennis Clubs
Mildura Football Club
Werrimull Football Club
Irymple Bowls Club
South Mildura Sporting Club
Red Cliffs Football Netball Club
Imperial Football Club
Robinvale Football Club
Merbein South Cricket Club Inc
Mildura Basketball Association
Merbein Bowling Club
Mildura City Soccer Club
Lifestyle Plus Mildura
Mildura Kart Club
Workers Gol Gol Cricket Club (NSW)

Ouyen United Football/Netball Club
Nangiloc Football Netball Club
Red Cliffs Lawn Tennis Club Inc
Mildura Settlers Cricket Club
Ouyen Lawn Tennis Club
Hawks Baseball Club
Wanderers Baseball Club
Werrimull Football Netball Club
Mildura East Cricket Club
Sunraysia Dirt Karters Club
Kenny Park Tennis Club
Riverside Golf Club
Cardross Football Netball Club
Saints Baseball Club
Eagles Baseball Club
Mildura Workingman's Bowling Club
Red Cliffs Golf Club
Irymple Bocce Club
Red Cliffs Fire Brigade Cricket Club
Meringur Football Club

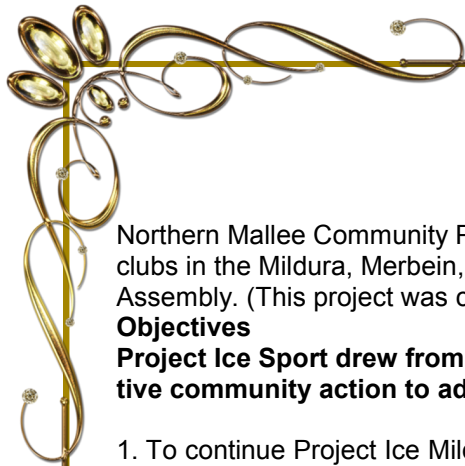
Level 0 (Alcohol free clubs)

Sunraysia Tae Kwon Do
Sunraysia Rugby League
Diving Sunraysia
Nichols Point Soccer Club
Mildura Powerlifting Club
Ouyen Gymnastics Club

Irymple Junior Football Club
Red Cliffs Netball
Robinvale Storm Rugby Club
Three Colours Soccer Club
Mildura & District Little Athletics
Mildura Alcheringa Pony Club

Accredited Clubs - indicates accredited 2016/17year Key - Red – Accred /Monitored MSA

Jeanette Worthington
Project Officer



Project Ice - Sport Mildura

Northern Mallee Community Partnership successfully received a grant for delivery of Project Ice through sporting clubs in the Mildura, Merbein, Red Cliffs, Ouyen and Robinvale area. This grant was auspiced by the Mallee Sports Assembly. (This project was completed on the 30th September, 2016)

Objectives

Project Ice Sport drew from the community spirit of rural sporting clubs, the initiative to support collaborative community action to address ice use through three main proposed objectives

1. To continue Project Ice Mildura information sessions into all sporting codes, to raise awareness of the dangers of taking ice. Focusing on sporting clubs initially reaching at-risk groups whilst being in a safe and supportive environment.
2. To embed drug policies into sporting clubs using existing structures to ensure the long term sustainability and awareness, e.g. through boards, committees, coaches, families and players. To develop an effective drug policy that aligns with the Good Sports Program.
3. To support grassroots community action from groups in the designated communities of Robinvale, Ouyen, Red Cliffs, Mildura and Merbein to design innovative grassroots community responses to ice.

Information Forums & Project ice Sport Days were held from the 1st July - 30th September 2016:

Sunraysia Rugby League – 30th July, 2016 - 70 bags, Rotary Club of Merbein – 4th August, 2016 – 25 bags
Football Federation Sunraysia – 7th August, 2016 – 250 bags

Information bags contained ice fact sheets as well as Local Services Help numbers. Laminated A3 Local Service Help Numbers were also available for clubs to display within the clubrooms. Illegal Drug Policy template were made available for all club.

Mallee Sports Assembly hosted an evening to share the ICE journey of parents, siblings and ex ice-users to support, share and inform our community for a positive tomorrow. At this evening guest speakers included 2 ex ice-users (a prominent local sportsperson and the other a local aboriginal mother of two), a parent, a sibling and a local police officer who all shared their experiences and the impact of ICE on everyone involved. This was a very informative and an emotional evening. Attendees on the night were from Mildura Lawn Tennis Club, Football Federation Sunraysia, Red Cliffs Football Netball Club, South Mildura Sporting Club, Mildura City Soccer Club, Sunraysia Cricket Association, Mildura West Cricket Club, Collie & Tierney Real Estate, Dept Health & Human Services, Bendigo Banks, Mildura Rural City Council and local councillors.

Barriers and challenges faced:-

Information sessions were not able to be delivered to clubs/associations that do not have club rooms but they are still happy to receive the Information Bags containing Ice Fact Sheets and Local Services Help Lines so that they could be given out at their local competitions.

Successes/achievements

- All groups that have been approached have only been too willing to have Project Ice Sport presented at their club.
- The reformed Ice Addict and sister of an Ice Addict had very positive effects on their audiences with emails and phone calls to Mallee Sports Assembly expressing their gratitude for this educational program to be continued. MSA also had requests from two local service clubs to deliver this project. Both these clubs are not directly involved in sport but could see that our community needs to be educated both young and old on the effects of ICE on our community and the benefits of a healthy lifestyle.
- Most sporting clubs are now more open to speak on the issues that this drug has caused and happy to educate their players, coaches and supporters on the benefits of a healthy lifestyle. Sporting clubs now openly seek help for a member with a drug issue and happily embed a Drug policy within their club.
- During Project Ice Sport approx 2282 information bags which contained facts on ICE as well as information with local and state help lines were delivered to sporting communities and organisations from young people to elderly. It is inspiring to see the willingness of people to collect the information bags so that they can be more educated on this drug.
- A key message that was delivered across all presentations was not to stigmatise or judge as this drug has no barriers and can affect all demographics of our community.

Successes/achievements: continued

Identifications

Training – It was identified and requested from the information sessions conducted that sporting clubs have trained personnel within their club that can support a person to guide them to receive help for their drug issue. (A Go To Person where they can help the person in need to seek help). As well as the above it was requested that resources be developed for use within sporting clubs/associations.

Local Support Groups – It was also identified that there is an urgent need in the local area for the establishment of:

- a support group for families/friends affected by drugs. This group would then be able to meet on a regular basis in a neutral area to speak to people encountering the same problems.
- by involving ex-users with the delivery of Project Ice it was identified that there is no local Narcotics Anonymous Association and that the area is in urgent need of developing this.

Improvements to Program

The only thing that could improve this program would be to encourage more sporting clubs/organisations to have either an ex-users or family member to be involved in the education session. At the start clubs/associations were hesitant to have the above involved but you can see the groups that did have a person involved were more understanding of what this drug can do not only to the individual but also to the family and friends.

Quotes

"Well presented and engaging"

"It was all very informative"

"Educated me on the perils"

"Any information that can be gained can only be good"

"Keep up the great work"

"You made it interesting for all ages"

"Never will I take/touch drugs!"

"Having the power point and involving everyone"

"It was very informative. Thanks for coming to talk to us" (Underbool session)

"What to do if someone comes to talk to you about their ice problem"

"The honesty and openness of the ex-users, parent, sibling and local police officer"

"What effects it has on the family"

"How hard it is to get rehabilitation for the user"

"The need for support groups"

Partnerships

Mallee Sports Assembly, Northern Mallee Community Partnership, Sunraysia Community Health, Mallee District Aboriginal Service, headspace, Victoria Police, Alcohol & Drug Foundation - Good Sports, Sporting Clubs/Associations

Special thanks to Northern Mallee Community Partnership, Sergeant Pat Bell, Adam Thomson, Diana Ridley, Taya Philp, Jeanette Thomson, and all sporting clubs who have had Project Ice Sport delivered at their clubs.



Jeanette Worthington
Project Officer



Merbein & District
Community Bank® Branch **Bendigo Bank**



TRIPLE M
97.9
SUNRAYSIA

Sports Star Awards Mildura

25th Annual 2014 Merbein & District Community Bank Sunraysia 97.9 Triple M Northern Mallee Sports Star Year Awards

The 2016 Merbein & District Community Bank Sunraysia 97.9 Triple M Northern Mallee Sports Star Gala Awards evening was held at the Mildura Club Da Vinci on Friday 10th February, 2017 on a very hot evening. With 300 people in attendance Bill Sauer was again the MC for the evening interviewing the "Sporting Stars" as well as entertaining the audience.

After presenting the Masters, Junior Encouragement, Senior Team, Junior Team, Club, Coach, Administrator, Disability, Aboriginal and Volunteer local motor cycle speedway legend Leigh Adams spoke of his journey in motorcycle speedway racing.

Leigh left home in 1988 at sixteen years of age to travel to England to chase his motorcycle speedway racing dream. Over his career he won the U21 Australian title, U21 World as well as the pairs events. Leigh travelled extensively though England Europe chasing all the motorcycle speedway events.

In 2007 he found a sports psychologist with whom he gelled with and Leigh would send him a report of his performance after each meet. From this meeting Leigh learnt how to "park the bad and get on with the good". In that year he obtained second in the World Championships.

Overall in his career he won 10 Australian Championship. At the height of his career he attended 115 meetings in a year. With all the travel he felt burnt out and decided it was the right time to retire.

Retirement was to have fun until he went to the Finke Desert Rally where he had his motorcycle accident during a practice round which has now left him in a wheelchair. He does not recall his accident but stated that it has been a bigger battle than competition riding. He keeps himself busy in his shed each day building motorcycles and receives a lot of joy seeing his bikes being raced.

Leigh has now taken up kart racing, along with his son. This is a story of resilience.

With the final segment of the evening being the announcement of the 2016 Merbein & District Community Bank 97.9 Sun FM Northern Mallee Sports Star of the Year being awarded to the ever popular Greg Rhodes who was nominated by the Mildura Golf Club..



Sports Star Awards Mildura continued

Mallee Sports Assembly congratulates all nominees and winners of the Sports Star awards. The category winners on the night were:

Telstra Business Centre (Mildura) Master Award
Lifestyle Plus Junior Encouragement Award
Viatek Senior Team Award
Leda Ag Junior Team Award
Autosynergy Club Award
Mildura Waves Coach Award
Sunraysia Daily Administrator Award
Rural Access Athlete with a Disability Award
Department of Justice & Regulation Aboriginal Award
Mildura Rural City Council Volunteer Award

Greg Rhodes - Golf
 Georgina Graham - Archery
 Ouyen United Football Netball Club -Senior Team
 Northern Stars Equestrian Team
 Mildura Clay Target Gun Club
 Patrick Irwin - Football (AFL)
 Bridget Caminitii - Equestrian
 Cosi Cirillo - Football (Soccer)
 Derek Eggmolesse-Smith - Football (AFL)
 Albert Mitchell - Cricket

Sporting Blues Award— Montana Beruldsen,
 Brodie Jackson,

Campbell Griffiths,
 Ethan Zrna,

Proud Supporters of the 2016 Northern Mallee Sports Star of the Year

Merbein & District Community Bank,

Sunraysia 97.9 Triple M

Telstra Business Centre
 Viatek
 Autosynergy
 Mildura Rural City Council
 Rural Access

Mildura Lifestyle Plus
 Leda Ag
 Sunraysia Daily
 Mildura Waves
 Department of Justice & Regulation

WIN TV
 Lombard The Paper People

Sportspower
 Audisound

The Mallee Sports Assembly expresses their gratitude to all the Sponsors for their continued support of the above awards.

**Merbein & District
 Community Bank[®] Branch Bendigo Bank**



**TRIPLE
 97.9** 
SUNRAYSIA

**Jeanette Worthington
 Project Officer**

Sports Star Awards Mildura continued



Merbein & District
Community Bank® Branch **Bendigo Bank**

TRIPLE
97.9
SUNRAYSIA



Swimming In Two Rivers Mildura



Building Opportunity and connectedness through capacity building in sport:

Mallee Sports Assembly – Developed a Memorandum of Understanding with Mallee District Aboriginal Services to assist in engagement with sporting clubs using their already developed relationships with local clubs

Key Actions:

Provide training to key personnel in each club re suicide prevention, understanding disadvantage and referrals.

Assist clubs to develop relationships and processes with schools, MDAS, employment and training services as relevant with clear expectations, referral pathways and agreements in place to

Outcome:

Increase participation of Aboriginal Children and young people in school, training, employment, health and community services.

Deliverance of Mental Health First Aid Training conducted by Mallee District Aboriginal Services - Health Services (6-8 sporting clubs 3-5 members)

1st Cluster was delivered at the Merbein Football Netball Club on the 29th March, 5th April and 12th April, 2017 to the following sporting clubs:

Saints Baseball Club x1	Merbein Football Netball Club x1
Merbein South Cricket Club x2	Meringur Football Netball Club x2
Mallee Sports Assembly staff x2	Mallee District Aboriginal Services staff x1

2nd Cluster was held at the South Mildura Sporting Group with the first session on 26th April, 2017 to be followed with 3rd and 10th May, 2017 to the following sporting clubs:

Football Federation Sunraysia x2	Mildura United Soccer Club x1
Mildura Dragon Boat Club x1	Wanderers Baseball Club x1
Mildura Workers Bowls Club x 4	South Mildura Sporting Club x6
Hawks Baseball Club x 2	Diving Sunraysia x1

3rd Cluster was conducted at the Mildura Workers Bowls Club (Cureton Avenue, Mildura) on the 24th May, 31st May and final session on the 7th June, 2017. The following clubs attended:

Sunraysia Softball Association	Imperials Football Netball Club x2
Mildura Dragon Boat Club x3	Red Cliffs Football Netball Club
Sunraysia Tae Kwon Do x2	Mildura Workers Bowls Club x2
Vision Australia x2	

Feedback and Promotion

The feedback that has been received has been of a very positive nature. At the end of each workshop MSA invites participants to write a review on the workshop – see below reviews received by MSA.

I thought the Mental Health course was a fantastic source of information that all people of every race should be aware of.

I'm involved with a sporting club. You always need to be aware of others and what is happening around you. Recommend to have this course to all sporting clubs and groups.

Nicole - Senior Netball coordinator, Merbein Football Netball Club

Swimming In Two Rivers - Mildura

Feedback and Promotion continued

To respond to mental health issues from a grassroots level, the Mental Health First Aid Cultural Workshop conducted through Northern Mallee Sports Assembly is a great initiative promoting education to aid non-mental health professionals in recognising and supporting people exhibiting "distress".

I found the information presented highly relevant for assisting Aboriginal and Torres Strait Islander people with mental illness, whilst also easily adaptable to suit peoples of all races and cultural backgrounds. Both of the trainers were energetic and knowledgeable, breaking down mental health language in accessible ways.

Thank you very much!!!

Stacie –Mildura Dragon Boat Club

The Mental Health First Aid course was a most beneficial experience. The MDAS trainers provided a practical insight into how to recognise the signs of someone that may be suffering mental health problems, as well as strategies to support them on their journey to mental and emotional wellbeing.

It has informed and prepared me better to recognise and assist people with the challenges they may be experiencing. I strongly recommend this course for all sporting, community groups and businesses alike.

Peter – Imperial Football Netball Club

Outcomes

At the start of the Sunraysia Football (AFL) South Mildura Sporting Club contacted Mallee Sports Assembly in regard to a shortage of underage football players. MSA contacted MDAS as well as callout through the radio resulted in the club obtaining more players coming via MDAS.

Ross Hensgen and Mark Heald both from MDAS have conducted the Mental Health First Aid Training. These sessions were friendly, in a relaxed atmosphere, always welcoming and interactive involvement from participants. As a result of how popular this Mental Health First Aid - Cultural Awareness course has been within the sporting fraternity, MSA has a waiting list for the next round of training courses

I would like to extend my gratitude to MDAS for supplying the resources, as well as finger food for the participants in the three workshops. Also, MSA extends their thanks to our ever reliable sporting clubs being Merbein Football Netball Club, South Mildura Sporting Club and Mildura Workers Bowls Club for hosting these workshops at their clubrooms at no charge.



Jeanette Worthington
Project Officer SITR

2016-2017 Projects Summary

2 day Cricket Camp - People With Disability - Donald
 2016 Country Care Group All Abilities Cricket Carnival - Mildura
 2017 MSA Bendigo Bank Calendar - Charlton, Donald, Kerang, Swan Hill, Mildura, Merbein, Wentworth
 Acquired Brian Injury Woodwork Recreation Program
 Advanced Taping Course - Mildura
 AFL 9's Mildura
 AFL Active Swan Hill
 All Abilities Come & Try Golf - Lakeside Golf Club, Swan Hill
 All Abilities Football - Mildura and Swan Hill
 All Abilities Lawn Bowls - Mildura
 All Abilities Netball - Mildura
 Aspirations of Young Parents - Swan Hill
 Aussie Croquet for People With Disability - Charlton
 Basketball - Swan Hill
 Basketball program for People with Disability - Donald
 Beyond Blue Forum - Wycheproof
 Carpet Bowls for People With Disability - Kerang
 Child Safe Standards Workshop – Mildura, Swan Hill, Kerang & Wycheproof
 Circuit for All at Swan Hill Leisure Centre
 Connect, Refresh, Grow!
 CPR & 1st Aid course – Nullawil
 Disability Awareness Workshops – Swan Hill Leisure Centre, Murray ACE
 Disability Expo - Mildura
 East End Community House Committee
 East End Community House School Holiday Program
 Fast 4 Tennis – Mildura Lawn Tennis Club
 Fast 4 tennis program - Wycheproof
 First Aid course and CPR updates - Swan Hill
 Funding Workshop - Mildura, Ouyen, Swan Hill & Wycheproof
 Gannawarra Health & Well-being Network - committee member
 Gannawarra Youthworks - Committee Member
 Golf for People With Disability - Kerang
 Good Sports - Mildura
 GWM Water -free drink carriers/8 drinkers for local sport/rec clubs
 H30 Challenge - Swan Hill
 Healthy Eating and Beverage Policy - Charlton Bowling Club
 Healthy Eating and Beverage Policy - Donald Recreation Reserve
 Healthy Eating and Beverage Policy- Donald Field
 Healthy Eating and Beverage Policy- Wycheproof-Narraport Football Ladies committee
 Inclusive Club Coaching Workshop – LaTrobe University
 Indoor Bowling for People With Disability - Charlton



2016-2017 Projects Summary

Indoor Hockey for People With Disability - Donald
Installation of 1 water station Charlton
International Day for People With Disability Celebration - Lawn Tennis - Kerang
International Day for People With Disability Celebration – Yoga session - Donald
International Day for People With Disability Celebration - Come & Try Day - Swan Hill Leisure Centre
International Day for People With Disability Celebration - Concert - Swan Hill
International Day of People with Disabilities – Activities Day and Information display - Mildura
Jack Attack Bowls - Swan Hill
Kick Start Swimming - Mildura
Lawn Bowls for People With Disability - Kerang
Lawn Tennis for People With Disability - Donald
Level 1 First Aid Course - Murrayville
Level 1 Sports Trainer - Mildura, Murrayville, Kerang, Nullawil, Swan Hill
Level 1 Sports Trainer Reaccreditation - Mildura, Kerang, Nullawil, Swan Hill
LGBTI Equality Roadshow - Wycheproof
Local Aboriginal Network - committee member - Kerang
Mallee Women - Swan Hill
Mates Mentoring program - Wycheproof
Mental Health First Aid - Cultural Awareness - Merbein, Mildura
Mental Health Information Session - United Girls Soccer
Mental Health Week - We Stand Together Cricket Match - Swan Hill
Mental Health Week - Stress Less Day - Swan Hill
Mental Health Week - Walk and BBQ - Swan Hill
MMLEN VET in Schools Students Excellence Awards - Swan Hill
NAIDOC Week Celebrations - Mildura
Netball for All - Swan Hill
PCP – Building Socially Inclusive Rural Communities workshop
Play Golf Clinics - Lake Boga & Cohuna
Preventing Violence Against Women - Swan Hill
Project Ice Sport - Mildura
PUSH – Progressive Unity Swan Hill Disability Network
Regional Lawn Bowls for People With Disability - Stawell Bowling Club,
Regional Sport Victoria
Responsible Services of Alcohol Courses - Mildura area (8 courses)
Robinvale Youth Program
Rock Up Netball - Swan Hill, Wycheproof
SMPCP Building Social Inclusive Rural Communities Workshop
SMPCP Health & Wellbeing Partnerships
SMPCP Mental Health & Wellbeing
SMPCP Promoting Healthy Lifestyles
SMPCP Swan Hill Community Services
Soccer 4 All - Mildura
Special Olympics Victoria - Mildura

2016-2017 Projects Summary

Sports Star - Mildura
Summer Sevens Social Soccer - Swan Hill
Summer Touch – Robinvale
Sunraysia Academy of Sport
Sunraysia TAFE Annual Awards - Swan Hill
Swan Hill Community Services Network
Swan Hill Health & Wellbeing Network
Swan Hill Leisure Centre – Come & Try Day – International Day
Swan Hill Neighbourhood House Committee, OH&S and Forest of Christmas Trees
Swan Hill Regional All Abilities Bowls
Swan Hill Rotary Club – MSA presentation
Swan Hill Rural City Council – Swan Hill Recreation Reserves Master Plan Study
Swan Hill Rural City Council Disability Action Plan
Swan Hill Settlement Service
Swimming in Two Rivers - Mildura
Team Ability - Swan Hill
Tennis 4 All - Mildura
VicHealth Regional Sport Program - Network meeting - Melbourne
Volunteers Day - Swan Hill
Water Information/ Education Sessions – Rugby League Representative Team
Water Nudge - Charlton Bowling Club
Water Nudge - Donald Football Club
Water Nudge - Donald Golf Bowls Club
Water Nudge - Football Federation Sunraysia
Water Nudge - Kerang Golf Club (discontinued)
Water Nudge - Mildura Basketball Association
Water Nudge - Swan Hill Bowls Club
Water Nudge - Swan Hill Soccer League - Summer Soccer
Water Nudge Revised – Swan Hill Soccer League Red Drinks Off Display
Wheel Talk - Swan Hill
Woorinen South Walking Club - Swan Hill
Wycheproof Community Resource Centre – Vice president
Year 9 “Active” Youth Program-Charlton
Year 9 “Active” Youth” Program-Birchip
Zest Fest - Mildura



2016-2017 Financial Members

Shirley Boulton Life Member	Culgoa Bowls Club
Les Spence Life Member	Culgoa Golf Club
Josie Bieber	Diving Sunraysia
Gayle Danson	Donald Amateur Basketball Association
Frank Frost	Donald Angling Club
Phil Gee	Donald Bowls Club
Greg Leslie	Donald Croquet Club Inc
Jo Sheridan	Donald Field & Game
Bambill Football Netball Club	Donald Hockey Club
Barham Koondrook Cricket Club	Donald Lawn Tennis Club Inc
Bears Softball Club	Donald Netball Club
Berriwillock Golf Club	Eagles Baseball Club (Mildura) Inc
Birchip Archery Club	Football Federation Victoria - Sunraysia
Birchip Bowls Club Inc	Fusion DrillDance Teams
Birchip Cricket Club	Gannawarra Shire Council
Birchip Rifle Club	Gol Gol Hawks Football Netball Club
Birchip Watchem Netball Club	Golden Rivers Football League
Border Western Horse Group Inc	Hawks Baseball Club
Bowls Sunraysia	Irymple Basketball Club Inc
Cardross Football/Netball Club	Irymple Basketball Association
Charlton Badminton Club	Irymple Bocce Club Inc
Charlton Bowling Club Inc	Irymple Bowling Club
Charlton College	Irymple Football Netball Club
Charlton Croquet Club	Irymple Junior Football Club inc
Charlton Football Club	Irymple Knights Soccer Club
Charlton Golf Club	Irymple Secondary College
Charlton Lawn Tennis Club Inc	Irymple Swimming Club
Charlton Netball Club	Kenny Park Tennis Club
Charlton Pony Club	Kerang Bowling Club Inc
Cohuna Bowls Club Inc	Kerang Football & Netball Club Inc
Cohuna Bridge to Bridge	Kerang Junior Hockey Association
Cohuna Golf Club	Koondrook/Barham Football Netball Club
Cohuna Kangas Football Club	Lake Boga Bowling Club
Coomealla Golf Club	Lake Boga Football Netball Club
Coomealla Triathlon Club	Lakeside Golf Club

2016-2017 Financial Members

Leitchville Bowls Club Inc	Mildura RC Car Club
Macorna Football Netball Club	Mildura Roller Derby
Mallee Sunset Field Archers	Mildura Rowing Club
Mallee Sunset Ute Club	Mildura Rural City Council
Mallee Touch Association	Mildura Settlers Cricket Club
Merbein Bowling Club	Mildura Smallbore Rifle Club Inc
Merbein Football & Netball Club Inc.	Mildura Speedway Drivers Club Inc
Merbein Golf Club	Mildura Swimming Club
Merbein P-10 College	Mildura Workers Bowls Club
Merbein-South Cricket Club	Millewa Football League
Meringur Football Club	Murrabit Lawn Tennis Club Inc
Mildura & District Little Athletics Centre	Murrabit Netball Club Inc
Mildura Alcheringa Pony Club Inc	Murray Adult Community Education
Mildura and District Ski Club	Murrayville Recreation Reserve
Mildura Basketball Association	Nangiloc & District Football Club Inc
Mildura BMX Club	Nichols Point Soccer Club Inc
Mildura Bowls Club Inc.	North West Vic Adult Riding Club
Mildura Calisthenics Club	North West Victorian Motorcycle Club
Mildura City Soccer Club Inc	Nullawil Football Club
Mildura Clay Target Gun Club	Nullawil Netball Club
Mildura Club Da Vinci Inc.	Nyah District Bowling Club Inc
Mildura Dragon Boat Club	Nyah District Pony Club Inc
Mildura East Cricket Club	Nyah Nyah West United Football Netball Club
Mildura Football/Netball Club	Nyah West Golf Club Inc
Mildura Golf Resort	Ouyen Bowls Club
Mildura Gymnastics Club	Ouyen Golf Club
Mildura Harness Racing Club	Ouyen Lawn Tennis Club
Mildura Horse Complex	Ouyen United Football & Netball Club Inc
Mildura Go-Kart Club Inc	Patchewollock Gun Club
Mildura Lawn Tennis Club	Red Cliffs Bowling Club
Mildura Life Saving Club	Red Cliffs Fire Brigade Cricket Club
Mildura Motorcycle Club	Red Cliffs Football Netball Club
Mildura Murray Masters Swimming Club	Red Cliffs Golf Club Inc
Mildura Netball Association	Red Cliffs Lawn Tennis Club
Mildura Pistol Club	Riverside Golf Club Inc



2016-2017 Financial Members



Robinvale Euston Football/Netball Club	Werrimull Football/Netball Club
Robinvale Lawn Tennis Club Inc	Woorinen Football Netball Club
Sacred Heart/St.AndrewsTennis Club	Woorinen South Walking Club
Saints Baseball Club	Workers Gol Gol Cricket Club
Sea Lake Golf Bowls Club	Wycheproof & District Lawn Tennis Club Inc
Sea Lake/Nandaly Tigers Football Netball Club	Wycheproof Bowls Club
South Mildura Sporting Club Inc	Wycheproof Commuinity Resource Centre
St Joseph's College Mildura	Wycheproof-Narraport Hockey Club Inc
Sunraysia Academy of Sport	
Sunraysia Baseball League Inc.	
Sunraysia Darts League	
Sunraysia Dirt Karters	
Sunraysia Drag Racing Association	
Sunraysia Eightball Association	
Sunraysia Field & Game Inc	
Sunraysia Football Netball League	
Sunraysia Football Umpires Association Inc	
Sunraysia Gliding Club Inc	
Sunraysia Hockey Association	
Sunraysia Rugby League	
Sunraysia Softball Assoc Inc	
Sunraysia Swimming Inc	
Sunraysia Table Tennis Association	
Sunraysia Volleyball Inc	
Sunraysia Willowfest Inc.	
Swan Hill Bowls Club Inc	
Swan Hill Croquet Club	
Swan Hill Little Athletics	
Swan Hill Soccer League Inc	
Tooleybuc Manangatang Football Netball Club	
Vision Australia	
Wandella Football Netball Club	
Wanderers Baseball Club	
Wentworth & District Football Club	
Wentworth District Rowing Club	

3SH – Swan Hill
ABC - Mildura-Swan Hill
Aboriginal Community Development Broker-RDV
Active April planning group
Adam Thomson
AFL Active
AFL Sunraysia
AFL Vic Country
Amy Nicholson - Charlton
Anglicare
Audisound
Autosynergy
Axis Employment
Bambill Football Netball Club
Barefoot Beauty & Wellness
Belgravia Leisure - Mildura Waves
Bendigo Bank
Bendigo Bowling Centre
Bendigo Development School
Bendigo Health Care Group
Bendigo Karate
Bendigo Pistol Club
Benetook Automotive
Beyond Blue
Birchip Golf Club
Birchip P-12 School
Bowls Australia
Bowls Victoria
Brenda Doran - Birchip
Bullocks Head Tavern - Donald
Buloke Shire Council and staff (all offices)
Buloke Times-Donald
Bunnings
Central Murray Football Netball League
Charlton Angling Club
Charlton Bowling Club
Charlton College
Charlton Croquet Club
Charlton Football Club
Charlton Golf Club



Acknowledgements & Major Supporters



Charlton Indoor Carpet Bowls Club
Cheri Walsh - Charlton
Christie Centre
Club Da Vinci - Mildura
Committee of Management-MSA
Country Care Group
Cricket Victoria
David Zacher
Dawn Ferrier
Department of Health & Human Services
Department of Justice & Regulation
Diana Ridley
Diving Sunraysia
Donald Amateur Basketball Association
Donald Cricket Club
Donald Golf Bowls Club
Donald High School
Donald Lawn Tennis Club
Donald Netball Club
Donald Primary School
E.W.Tipping Foundation
Eaglehawk YMCA
Eagles Baseball Club
East End Community House
East Wimmera Health Service- Staff & Providers
EWorks
FLO Connect
Football Federation Sunraysia
Gannawarra Health & Well-being network
Gannawarra Shire Council & staff
Gannawarra Times - Kerang
Gannawarra Youthworks network
Genevieve Foott-Birchip
Georgia Walsh-Charlton College
Golden Groover's Exercise Group
Golf Australia
Golf Victoria
Grampians Wimmera Mallee Water
Hawks Baseball Club
headspace - Mildura
Imperials Football Netball Club
Indigenous Women's Health & Wellbeing
International Day of People With Disability - Melbourne
Irymple Football Netball Club

Acknowledgements & Major Supporters

Janine Batters-St Arnaud
Jeanette Thomson
Jeanette Young
Jilarty Café
Jo Jos Pizza-Bendigo
Jumpz-Bendigo
Karlee Haslam - Birchip
Kerang Aboriginal Community Centre - Staff and Elders
Kerang Amateur Basketball Association - Kerang
Kerang Bowling Club
Kerang Football Netball Club
Kerang Get It Done
Kerang Golf Club
Kerang Indoor Carpet Bowls Club
Kerang Lawn Tennis Club
Koondrook Barham Football Netball Club and Jenny Hare, Susie O'Neill and Garry Knight
Kym Mayne
Lake Boga Bowls Club
Lake Boga Bowls Club
Lake Boga Football Netball Club
Lake Charm Primary School
Lakeside Golf Club
Latrobe University
LaTrobe University, Mildura – Education Department
Leda AG
Leigh Adams
Lencia Juice
LGBTI Equality Roadshow group
Lifestyle Plus Mildura
Lifetime Books -Bendigo
LM Dance School - Bendigo
Lombard The Paper People
Lower Murray Water
Lower Murray Water Board
MacKillop College
MADEC
Mallee District Aboriginal Services
Mallee District Aboriginal Services – Boot Camp - Swan Hill
Mallee District Aboriginal Services – Health Services Mildura
Mallee Family Care
Mark Heald
MATES program
Maureen Hewitt - Volunteer
McCallum Day Services-St Arnaud



Acknowledgements & Major Supporters



Mecure Hotel
Merbein and District Community Bank Branch – Bendigo Bank
Merbein Football Netball Club
Merbein Golf Club
Merbein South Cricket Club
Meringur Football Netball Club
Mildura Basketball Association
Mildura City Heart
Mildura Clay Target Club
Mildura Dragon Boat Club
Mildura Fruit Company
Mildura Junior & Senior Football Netball Club
Mildura Kart Club
Mildura Lawn Tennis Club
Mildura Life Saving Club
Mildura Lions Club
Mildura Netball Association
Mildura Rural City Council - Sport & Recreation & Events Departments
Mildura Senior College, VCAL Department
Mildura Settlers Cricket Club
Mildura Specialist School
Mildura United Soccer Club
Mildura Waves
Mildura Weekly
Mildura Workers Bowls Club
Mildura Workers Bowls Club
MIXXFM
MSA Mildura and Wycheproof
Murray ACE – Adult Education
Murray Bulls Rugby League Club
Murray Human Services
Murray Mallee LEN
Murrayville Recreation Reserve
National Rugby League – Victoria
Netball Vic and Jan Mannes
Netball Victoria
North Central News-St Arnaud
North West (Victoria) Motorcycle Club
Northern District Community Health Service & staff (Kerang)
Northern Mallee Community Partnership
Nullawil Football Club and Gail Smith
Nyah District Bowls Club
Nyah District Pony Club

Acknowledgements & Major Supporters

Nyah West Golf Club
Nyah West Walking Group
Nyah/Nyah West United FNC
Ouyen Lawn Tennis & Golf Club
Ouyen United Football Netball Club
Pat Bell
Pinnacle Inc
Progressive Unity Swan Hill
Quambatook Football Netball Club
Quambatook Group School
Radio 3SH
Raelene Stephens
Red Cliffs Fire Brigade Cricket Club
Red Cliffs Football Netball Club
Red Cliffs Junior Football Netball Club
Red Cliffs Secondary College
RIAC
Rivaside Hockey Club
Robinvale Football Netball Club
Robinvale Leisure Centre
Robinvale Storm Rugby League Club
Ross Hensgen
Rotary Club of Merbein
Rural Access – Mildura, Swan Hill, Gannawarra & Buloke
Sacred Heart/St Andrews Tennis Club
Saints Baseball Club
Santosh (Yoga Instructor) - Birchip
School Focused Youth Service-Kerang
School Nurse
Settlement Planning Committee
Shantelle Thompson
Showbiz Cinemas - Swan Hill
Simone Fawcett - Nullawil
Sir John Gorton Library and staff-Kerang
SMARTFM
South Mildura Sporting Club
Southern Mallee Primary Care Partnership
Special Olympics Victoria
Sports Central (Ballarat)
Sports Medicine Australia – Victoria Branch
Sportspower, Mildura
Stawell Bowling Club
Stawell Times -News



Acknowledgements & Major Supporters



SuniTAFE - Building Studies, Work Education Department

Sunraysia 97.9 Triple M

Sunraysia Community Health – Healthy Together

Sunraysia Daily

Sunraysia Hockey Association

Sunraysia Mallee Ethnic Council

Sunraysia Residential Services

Sunraysia Rugby League

Sunraysia Softball Association

Sunraysia TaeKwon do

Swan Hill Adult Day Services

Swan Hill Basketball Association

Swan Hill Bowls Club

Swan Hill Canoe Club

Swan Hill College – Sport & Rec students

Swan Hill Community Services

Swan Hill Cricket Club

Swan Hill Croquet Club

Swan Hill Gymnastics Club

Swan Hill Health and Wellbeing Network

Swan Hill Health Promotion

Swan Hill Health Service

Swan Hill Indoor Recreation Centre

Swan Hill Leisure Centre

Swan Hill Mental Health & related services

Swan Hill Neighbourhood House

Swan Hill Netball Association

Swan Hill Primary School

Swan Hill Racecourse Bowls

Swan Hill Rural City Council

Swan Hill Settlement Services

Swan Hill Soccer league

Swan Hill Soccer League

Swan Hill Specialist School

Swimming Victoria

Tara Sharp - Birchip

Taya Philp - Mildura

Telstra Business Centre - Mildura

Tennis Victoria

Terry White Chemist- Kerang

Tessa Cornwell-EWHS

The Guardian Newspaper

The Zone-Bendigo

Times Ensign-Sea Lake

Acknowledgements & Major Supporters

Tooleybuc Manangatang FNC
Totally Work Wear, Mildura
Trinity Lutheran College
Trio Support Services
Tyntynder Football Netball Club
Ultima Primary School
Viatek
VicHealth
Vicsport
Victoria Police - Culgoa, Kerang, Mildura & Swan Hill
Vision Australia – Mildura
Vista - Team Ability
Wanderers Baseball Club
Warracknabeal Herald
Warracknabeal Western District Employment Access
Wheel Talk
Wimmera Regional Sport Assembly
WIN TV
Woodbine
Woorinen Football Netball Club
Woorinen South Walking Club
Wycheproof & District Lawn Tennis Club
Wycheproof Community Resource Centre
Wycheproof P-12 College
Wycheproof-Narraport Football Club
Wycheproof-Narraport Ladies Committee
Wycheproof-Narraport Netball Club
Wyndham All Abilities Football Cricket Club
Yarraville Cricket Club

Mallee Sports Assembly Incorporated
ABN 23 602 119 389

Financial Statements
For The Year Ended 30 June 2017

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Statement of Profit or Loss and & Comprehensive Income

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Statement of Changes in Funds

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MALLEE SPORTS ASSEMBLY INCORPORATED
ABN 23 602 119 389
BOARD STATEMENT

Principal Activities

During the year, the principal activities of the Mallee Sports Assembly (MSA) were to conduct programs and activities that promote active, healthy lifestyles and social inclusion across the geographic area described as the Mallee in North Western Victoria.

Programs delivered by MSA on behalf of the following agencies in the past year:

- Vic Health
- Department of Health and Human Services
- Australian Drug Foundation
- Department of Justice and Regulation
- Mallee District Aboriginal Services
- Bendigo Healthcare

These activities are consistent with the regular operations of the Mallee Sports Assembly and reflect its articulated vision, mission and values.

Short-term Objectives

The short-term objectives of the MSA as articulated in its Strategic Plan 2013-16 include:

- To increase participation in sport, recreation and active healthy lifestyles to improve individual and community well-being;
- To promote and educate the community on the benefits of regular physical activity and healthy lifestyle choices;
- To continue to respond to the growing needs of the community, to expand and develop equitable services across all areas serviced by the Mallee Sports Assembly Inc.

Long-term Objectives

Achievement of its short-term objectives will assist Mallee Sports Assembly to deliver on its long-term vision for:

- a Mallee where all individuals choose a healthy, active, productive and balanced lifestyle;
- reduced social and economic disadvantage indicators;
- overall improvement of health and well-being in the Mallee and its regions

This will occur by continuing to:

- work with stakeholders in the Mallee to promote and encourage healthier lifestyles, wellbeing and active recreation for individuals through inclusion of all. This includes programs targeted to people with disabilities and those that are part of socially and economically disadvantaged groups.

Strategies for achieving short and long-term objectives

The Mallee Sports Assembly employed the following strategies to deliver on its objectives:

- collaboration with similar agencies throughout the state to maximise strategic knowledge sharing and form partnerships to deliver programs that target those individuals that have a disability or are from socially and economically disadvantaged groups;
- strategic co-location with other groups to foster alignment with MSA's values and improve information flow;
- active promotion of the MSA in the communities it operates in to ensure stakeholders are reminded of the scope of MSA's work

Finance



MALLEE SPORTS ASSEMBLY INCORPORATED
ABN 23 602 119 389
STATEMENT OF PROFIT OR LOSS & OTHER COMPREHENSIVE INCOME
FOR THE YEAR ENDED 30 JUNE 2017

	Note	2017	2016
		\$	\$
Revenue	2	564,509	501,772
Employee Expenses	3	378,224	321,718
Depreciation	3		11,449
Advertising		7,415	5,553
Rent	3	29,016	25,786
Travelling Expenses	3	11,124	9,604
Telephone		13,818	17,500
Other Expenses	3(a)	95,782	84,451
Operating Profit/(Loss) for the year		29,130	25,711
Other Comprehensive Income		-	-
Total Comprehensive Income/(Loss) for the Year		29,130	25,711

The accompanying notes form part of these financial statements.

Finance

MALLEE SPORTS ASSEMBLY INCORPORATED
ABN 23 602 119 389
STATEMENT OF FINANCIAL POSITION AS AT 30 JUNE 2017

	Note	2017 \$	2016 \$
CURRENT ASSETS			
Cash & Cash Equivalents	4	467,126	308,529
Trade & Other Receivables	5	13,861	18,642
TOTAL CURRENT ASSETS		<u>480,987</u>	<u>327,171</u>
NON-CURRENT ASSETS			
Plant & Equipment	6	29,452	37,919
TOTAL NON-CURRENT ASSETS		<u>29,452</u>	<u>37,919</u>
TOTAL ASSETS		<u><u>510,439</u></u>	<u><u>365,090</u></u>
CURRENT LIABILITIES			
Payables	7	45,805	23,551
Provisions	8	106,902	101,304
Other Current Liabilities	9	138,000	40,000
TOTAL CURRENT LIABILITIES		<u>290,707</u>	<u>164,855</u>
NON CURRENT LIABILITIES			
Provisions	8	10,177	10,838
TOTAL NON CURRENT LIABILITIES		<u>10,177</u>	<u>10,838</u>
TOTAL LIABILITIES		<u>300,884</u>	<u>175,693</u>
NET ASSETS		<u><u>209,555</u></u>	<u><u>189,397</u></u>
MEMBERS' FUNDS			
Reserves	10	9,152	9,152
Retained Earnings		200,403	180,245
TOTAL MEMBERS' FUNDS		<u><u>209,555</u></u>	<u><u>189,397</u></u>

The accompanying notes form part of these financial statements.

Finance



MALLEE SPORTS ASSEMBLY INCORPORATED
ABN 23 602 119 389
STATEMENT OF CHANGES IN FUNDS FOR THE YEAR ENDED 30 JUNE 2017

	Note	Retained Earnings	Asset Revaluation Reserve	TOTAL
		\$	\$	\$
Balance at 1 st July 2015		154,534	9,152	163,686
Loss for the Year		25,711	-	25,711
Balance at 30 th June 2016		180,245	9,152	189,397
Profit for the Year		20,158	-	20,158
Balance at 30 th June 2017		200,403	9,152	209,555

The accompanying notes form part of these financial statements.

MALLEE SPORTS ASSEMBLY INCORPORATED
ABN 23 602 119 389
CASH FLOW STATEMENT FOR THE YEAR ENDED 30 JUNE 2017

	Note	2017 \$	2016 \$
CASH FLOWS FROM OPERATING ACTIVITIES			
Receipts from grants & customers		665,489	485,867
Payments to suppliers and employees		(508,188)	(493,400)
Interest received		1,801	2,010
Net cash (used in) provided by operating activities	11	<u>159,102</u>	<u>(5,523)</u>
CASH FLOWS FROM INVESTING ACTIVITIES			
Proceeds from sale of property, plant and equipment		-	-
Purchase of property, plant and equipment		(505)	(1,726)
Net cash (used in) provided by investing activities		<u>(505)</u>	<u>(1,726)</u>
CASH FLOWS FROM FINANCING ACTIVITIES			
Payment of borrowings		-	-
Net cash used in financing activities		<u>-</u>	<u>-</u>
Net increase/(decrease) in cash held		158,597	(7,249)
Cash at beginning of financial year		308,529	315,778
Cash at end of financial year	4	<u>467,126</u>	<u>308,529</u>

The accompanying notes form part of these financial statements.

MALLEE SPORTS ASSEMBLY INCORPORATED
ABN 23 602 119 389
NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2017

Note 1: Statement of Significant Accounting Policies

These financial statements are special purpose financial statements prepared in order to satisfy the financial reporting requirements of the Associations Incorporation Act Victoria. The Committee has determined that the Association is not a reporting entity.

The financial statements have been prepared on an accruals basis and are based on historic costs and do not take into account changing money values or, except where specifically stated, current valuations of non-current assets.

The following is a summary of the material accounting policies adopted by the Association in the preparation of these financial statements. The accounting policies have been consistently applied, unless otherwise stated.

- a. **Property, Plant and Equipment (PPE)**
Plant and equipment are carried at cost less, where applicable, any accumulated depreciation. The depreciable amount of all plant and equipment is depreciated over the useful lives of the assets to the association commencing from the time the asset is held ready for use.
- b. **Employee Benefits**
Provision is made for the Association's liability for employee benefits arising from services rendered by employees to balance date. Employee benefits have been measured at the amounts expected to be paid when the liability is settled.
- c. **Cash and Cash Equivalents**
Cash and cash equivalents includes cash on hand, deposits held at call with banks, and other short-term highly liquid investments with original maturities of three months or less.
- d. **Revenue and Other Income**
Grants received on the condition that specified services are delivered, or conditions are fulfilled, are considered reciprocal. Such grants are initially recognised as a liability and revenue is recognised as services are performed or conditions fulfilled. Revenue from non-reciprocal grants is recognised when the Association obtains control of the funds.

All revenue is stated net of the amount of goods and services tax (GST).
- e. **Goods and Services Tax (GST)**
Revenues, expenses and assets are recognised net of the amount of GST, except where the amount of GST incurred is not recoverable from the Tax Office. In these circumstances the GST is recognised as part of the cost of acquisition of the asset or as part of an item of the expense. Receivables and payables in the balance sheet are shown inclusive of GST.
- f. **Comparatives**
Comparative figures have been adjusted to conform to changes in presentation for the current financial year where required by accounting standards or as a result of a change in accounting policy.

MALLEE SPORTS ASSEMBLY INCORPORATED

ABN 23 602 119 389

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2017

Note 1: Statement of Significant Accounting Policies (Continued)

g. Key Estimates

Impairment

The Association assesses impairment at each reporting date by evaluation of conditions and events specific to the group that may be indicative of impairment triggers. Recoverable amounts of relevant assets are reassessed using value-in-use calculations which incorporate various key assumptions.

h. New Accounting Standards for Application in Future Periods

The AASB has issued new and amended Accounting Standards and Interpretations that have mandatory application dates for future reporting periods and which the Association has decided not to early adopt. The Association does not expect that these changes will have a material effect on its financial statements.

Finance



MALLEE SPORTS ASSEMBLY INCORPORATED

ABN 23 602 119 389

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2017

	2017 \$	2016 \$
NOTE 2: REVENUE		
Interest	1,801	2,010
Operating Grants	473,054	414,167
Member Subscriptions	3,341	3,516
Profit on Sale of Assets	-	-
Sponsorship & Donations	12,927	16,138
Other Revenue	73,386	65,941
	564,509	501,772
NOTE 3: EXPENSES		
Depreciation	8,972	11,449
Employee Costs	364,806	321,718
Rent	29,016	25,786
Travelling Expenses	11,124	9,604
Auditors Remuneration	3,000	3,000
NOTE 4: CASH & CASH EQUIVALENTS		
Cash at Bank	397,402	240,606
Term Deposits	69,724	67,923
	467,126	308,529
NOTE 5: TRADE & OTHER RECEIVABLES		
Trade Debtors	13,861	7,142
Accrued Income	-	11,500
	13,861	18,642
NOTE 6: PLANT & EQUIPMENT		
Computer Equipment	36,902	36,902
Less Accumulated Depreciation	(33,658)	(32,029)
	3,244	4,873
Office Furniture & Equipment	8,007	15,696
Less Accumulated Depreciation	(5,277)	(12,877)
	2,730	2,819
Motor Vehicles	49,888	49,888
Less Accumulated Depreciation	(26,410)	(19,661)
	23,478	30,227
Total Plant & Equipment	29,452	37,919

MALLEE SPORTS ASSEMBLY INCORPORATED

ABN 23 602 119 389

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2017

NOTE 6: PLANT & EQUIPMENT

a. Movements in carrying amounts

Movement in the carrying amounts for each class of property, plant & equipment between the beginning and the end of the current financial year.

	Plant & Equipment \$	Motor Vehicles \$	Total \$
Opening Balance	7,692	30,227	37,919
Additions	501	-	501
Disposals	-	-	-
Depreciation Expense	(2,219)	(6,749)	(8,968)
Closing Balance	5,974	23,478	29,452

NOTE 7: PAYABLES

CURRENT

	2017 \$	2016 \$
Accrued Expenses	21,487	8,069
GST Payable	12,780	3,483
Payroll Liabilities	10,848	10,221
Other Payables	690	1,778
	45,805	23,551

NOTE 8: PROVISIONS

CURRENT

Provision for Annual Leave	41,549	42,416
Provision for Long Service Leave	65,353	58,888
	106,902	101,304

NON CURRENT

Provision for Long Service Leave	10,177	10,838
	10,177	10,838
	117,079	112,142

NOTE 9: OTHER CURRENT LIABILITIES

Income Received in Advance	138,000	40,000
	138,000	40,000

NOTE 10: RESERVES

Asset Revaluation Reserve

- The asset realisation reserve records revaluations of property, plant & equipment.

MALLEE SPORTS ASSEMBLY INCORPORATED
ABN 23 602 119 389
NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2017

	2017 \$	2016 \$
NOTE 11: CASH FLOW INFORMATION		
Reconciliation of Cash Flow from Operations with Profit/(Loss)		
Profit/(Loss)	20,158	25,711
Cash flows excluded from profit attributable to operating activities		
Non-cash flows in profit:		
Depreciation	8,972	11,449
Changes in assets and liabilities:		
increase in trade and term debtors	4,781	(13,895)
increase/(decrease) in trade and other payables	22,254	(488)
increase in employee benefits	4,937	700
increase in other liabilities	98,000	(29,000)
	<u>159,102</u>	<u>(5,523)</u>

NOTE 12: CONTINGENT LIABILITIES

At 30 June 2017 the Committee is unaware of any liability, contingent or otherwise, which has not already been recorded elsewhere in these financial statements.

NOTE 13: CAPITAL COMMITMENTS

At 30 June 2017 the Committee is unaware of any capital or leasing commitments which have not already been recorded elsewhere in these financial statements.

NOTE 14: RELATED PARTIES

The names of the Committee Board members who have held office during the period are:

Gayle Danson - Chairperson	Terry Kite
Josie Bieber - Vice Chairperson	Greg Leslie
Leanne Morgan - Secretary	Rod Simms
Shirley Boulton	

Transactions between related parties are on normal commercial terms and conditions no more favourable than those available to other parties.

NOTE 15: ASSOCIATION DETAILS

The principal place of business of the association is:
101-101A Ninth St
MILDURA VIC 3500

NOTE 16: EVENTS OCCURRING AFTER REPORTING DATE

Since the date of these financial statements, there have been no events occurring after reporting date which require specific disclosure.

Finance

MALLEE SPORTS ASSEMBLY INCORPORATED
ABN 23 602 119 389
STATEMENT BY MEMBERS OF THE COMMITTEE

The Committee has determined that the Association is not a reporting entity and that these special purpose financial statements should be prepared in accordance with the accounting policies outlined in Note 1 to the financial statements.

In the opinion of the Committee the financial report:

1. Presents a true and fair view of the financial position of Mallee Sports Assembly Incorporated as at 30 June 2017 and its performance for the year ended on that date.
2. At the date of this statement, there are reasonable grounds to believe that Mallee Sports Assembly Incorporated will be able to pay its debts as and when they fall due.

This statement is made in accordance with a resolution of the Committee and is signed for and on behalf of the Committee by:



Gayle Danson - Chairperson



Josie Bieber - Vice Chairperson

Dated this 28th day of September 2017

**INDEPENDENT AUDIT REPORT TO THE MEMBERS OF
MALLEE SPORTS ASSEMBLY INCORPORATED
ABN 23 602 119 389**

Auditor's Opinion

The financial report of Mallee Sports Assembly Incorporated has been audited. This comprises the statement of financial position as at 30 June 2017, the statement of comprehensive income, statement of changes in equity and statement of cash flows for the year then ended and notes to the financial statements, including a summary of significant accounting policies, and the responsible persons' declaration.

In my opinion, the financial statements of Mallee Sports Assembly Incorporated present fairly, in all material respects the financial position of Mallee Sports Assembly Incorporated as of 30 June 2017 and of its financial performance for the year then ended in accordance with the accounting policies described in Note 1 to the financial statements and the Associations Incorporation Reform Act 2012 (Vic).

Basis for Opinion

The audit was conducted in accordance with Australian Auditing Standards. Responsibilities under those standards are further described in the 'Auditor's responsibilities for the audit of the financial statement' section of the report. I am independent of the organisation in accordance with the ethical requirements of the Accounting Professional and Ethical Standard Board's APES 110 Code of Ethics for Professional Accountants (the Code) that are relevant to the audit of the financial report in Australia. I have also fulfilled our other ethical responsibilities in accordance with the Code.

The audit evidence obtained is sufficient and appropriate to provide a basis for my audit opinion.

Committee's Responsibility for the Financial Report

The Committee are responsible for the preparation of the financial report that gives a true and fair view in accordance with Australian Accounting Standards and the Associations Incorporation Reform Act 2012 (Vic) and for such internal control as the responsible persons determine is necessary to enable the preparation of the financial report free from material misstatement, whether due to fraud or error.

In preparing the financial report, the responsible persons are responsible for assessing the organisation's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the responsible persons either intend to liquidate the organisation or to cease operations or have no realistic alternative but to do so.

The responsible entities are responsible for overseeing the organisation's financial reporting process.

Auditor's Responsibility

The auditor's objectives are to obtain reasonable assurance about whether the financial report as a whole is free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes my opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with the Australian Auditing Standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of this financial report.

As part of an audit in accordance with Australian Auditing Standards, professional judgement is exercised and professional scepticism is maintained throughout the audit. I also:

- Identify and assess the risks of material misstatement of the financial report, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for my opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the registered entity's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by responsible entities.

**INDEPENDENT AUDIT REPORT TO THE MEMBERS OF
MALLEE SPORTS ASSEMBLY INCORPORATED
ABN 23 602 119 389**

- Conclude on the appropriateness of responsible entities' use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the registered entity's ability to continue as a going concern. If I conclude that a material uncertainty exists, I'm required to draw attention in the auditor's report to the related disclosures in the financial report or, if such disclosures are inadequate, to modify the opinion. Conclusions are based on the audit evidence obtained up to the date of the auditor's report. However, future events or conditions may cause the registered entity to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial report, including the disclosures, and whether the financial report represents the underlying transactions and events in a manner that achieves fair presentation.

I communicate with responsible entities regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that are identified during the audit.



Kellie Jane Nulty
Dated this 28th day of September 2017

Finance



MALLEE SPORTS ASSEMBLY INCORPORATED
ABN 23 602 119 389
DETAILED INCOME STATEMENT FOR THE YEAR ENDED 30 JUNE 2017

	2017	2016
	\$	\$
Income		
Member Subscriptions	3,341	3,516
Interest Income	1,801	2,010
Subsidies & Grants	473,054	414,167
Sponsorship & Donations	12,927	16,138
Dinner Tickets	11,520	9,808
Other Income	61,866	56,133
Total Income	<u>564,509</u>	<u>501,772</u>
Expenses		
Accounting Fees	3,000	3,000
Advertising	7,415	5,553
Bank Charges	228	382
Catering	12,940	10,846
Cleaning	945	958
Computer Expenses	747	2,745
Consulting & Professional Fees	-	3,520
Depreciation		
Electricity	2,555	2,105
Employee Benefits Expense	4,937	700
FBT Costs	3,540	3,540
General Expenses	2,185	3,157
Hire of Plant & Equipment	691	673
Insurance	6,089	6,549
Motor Vehicle Expenses	4,309	3,960
Office Equipment	-	829
Permits, Licenses & Fees	-	847
Photocopier	9,205	8,833
Postage	1,138	1,544
Printing & Stationery	4,097	4,430
Programs & Workshops	34,552	16,884
Rates	4,972	4,011
Rent	29,016	25,786
Repairs & Maintenance	174	268
Salaries	343,093	293,935
Speaker Fees	-	909
Staff Training	-	-
Subscriptions	3,380	3,173
Sundry Expenses	4,575	4,828
Superannuation	26,654	23,543
Telephone	13,818	17,500
Travelling Expenses	11,124	9,604
Total Expenses	<u>535,379</u>	<u>476,061</u>
Profit/(Loss) Attributable to Members	<u><u>29,130</u></u>	<u><u>25,711</u></u>

