

Level 1 Sports Trainer Course & Sports Trainer Re-Accreditation

Mildura

March 2018



Level 1 Sports Trainer Course

Sunday 18th and 25th March 2018, 9.00am - 5.00pm (both days)

Course number: 31810

Cost: \$285 (Inc GST)

Sports Trainer Re-Accreditation Course

Sunday 25th of March 2018 5.00pm-7.00pm

Course Number: 31810R1/2

Cost: \$120



Venue: South Mildura Football Clubrooms, San Mateo Ave, between 11th and 12th Street, Mildura, Vic, 3500

Pre-requisites: A current first aid certificate (including current CPR) is to be provided in order to receive accreditation as a Sports Trainer. These should be emailed to SMA prior to attending the course (see email below).

Why become an SMA Level 1 Sports Trainer?

The sports trainer plays an important role in ensuring the safety of participants at sporting clubs. Being a Level 1 Sports Trainer also provides an opportunity to follow a pathway to advanced skills as a Level 2 Sports Trainer and to qualify to become a Sports Medicine Australia Sports Trainer Member.

Course information

This course will recognise you as an industry accredited sports trainer, providing skills on how to prevent and manage injuries on and off the sporting field. Industry accreditation from this 16-hour course is the standard requirement to work as a sports trainer in many of the country's sporting codes. Learn from skilled presenters on the topics of:

- Preventing sports injuries
- Principles of injury management
- Sports taping
- Sports nutrition
- Transporting the injured athlete
- Common sporting illnesses, injuries and medical condition

Registration & payment: Please visit sma.org.au/training-courses/ to register and pay online.

Further information: email vic.admin@sma.org.au or phone 03 9674 8777.

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