



Sports Medicine Australia is a multidisciplinary organisation which works to enhance the health of all Australians through safe participation in sport, recreation and physical activity.

Lake Boga March 2017 Safer Sport Courses



Sports Medicine Australia - Sports industry accreditation - These are the industry minimum standards within sport which provide skills and technical experience for a safe playing environment

VENUE: Lake Boga Football Netball Club- Marraboor Sreet, Lake Boga

Level 1 Sports Trainer

Saturday March 4th, 9:00am-5:00pm

Course Number: 31716

Cost: \$180

Sports Trainer Reaccreditation

Saturday March 4th, 3:00pm - 5:00pm

Course Number: 31716R1/R2

Cost: \$80

Go to sma.org.au for sport specific and injury specific fact sheets as well as guidelines and policies.

**All registrations & payments taken at Mallee Sports Assembly
98-100 Gray Street, Swan Hill**

For more information please contact Delia at
Mallee Sports Assembly- Ph. 03 5033 2008 E: delia@malleesportsassembly.org.au or
Sports Medicine Australia- Ph. 03 9674 8777 E: vic.admin@sma.org.au



Elastoplast

Level 1 Sports Trainer Course Information

This course will recognise you as a nationally accredited sports trainer, providing skills on how to prevent and manage injuries on and off the sporting field. National accreditation from this 8 hour course is the standard requirement to work as a sports trainer in many of the country's sporting codes. Learn from

skilled presenters on the topics of:

- Preventing sports injuries
- Principles of injury management
 - Sports taping
 - Sports nutrition
- Transporting the injured athlete
- Common sporting illnesses, injuries and medical conditions

Please contact Delia at the Mallee Sports Assembly or SMA if you require any further information:

Ph. 03 5033 2008

E. delia@malleesportsassembly.org.au

SMA: phone 03 9674 8777 or email vic.admin@sma.org.au

Frequently Asked Questions

Why become an SMA Level 1 Sports Trainer?

The Sports Trainer plays an important role in ensuring the safety of participants at sporting clubs. Being a Level 1 Sports Trainer also provides an opportunity to follow a pathway to advanced skills as a Level 2 Sports Trainer and to qualify to become a Sports Medicine Australia Sports Trainer Member.

Are there any pre-requisites?

Yes. A current first aid certificate or a current SMA Sports First Aid Accreditation must be provided to SMA in order to receive accreditation as a Level 1 Sports Trainer. These should be sent or faxed to SMA prior to attending the course. (However if this is not possible SMA should be notified in advance and it may be possible to forward this information after completing the course).

What are the course outcomes?

Successful completion of the Level 1 Sports Trainer course provides an opportunity for participants to become a SMA Nationally accredited Sports Trainer. This is the standard required to perform the duties of a sports trainer in most of Australia's major sporting codes.

ENROLMENT FORM

Title (circle) Mr Mrs Miss Ms Dr _____ Name _____

Address _____

Suburb _____ P/Code _____

Contact Phone _____

Email _____

Course Number _____ Course Type _____

Payment Details (all prices include GST)

I will direct deposit \$ _____ on the following date _____

Enclosed is my cheque for \$ _____

Please debit \$ _____ From: MasterCard VISA

Card Number _____

Card Expiry Date _____ / _____ CCV _____

Name (as it appears on the card) _____

Signature _____

Please send cheque or credit card payments to:

Mallee Sports Assembly
98-100 Gray Street, Swan Hill
VIC 3502

Direct Deposit: **Acc Name** -Mallee Sports Assembly Inc **BSB** - 633-108 **Acc Number** - 127928620

Please use 'surname_course no' as your transaction reference & email the remittance advice to delia@malleesportsassembly.org.au

How did you hear about SMA courses? SMA-VIC Website Eflash Club/Organisation

Facebook sportspeople.com.au Other _____

Please make cheques payable to "Mallee Sports Assembly" and send to:

Mallee Sports Assembly
98-100 Gray Street
Swan Hill
VIC 3502