

# Mildura June 2016 Safer Sport Courses



Sports Medicine Australia - Sports industry accreditation - These are the industry minimum standards within sport which provide skills and technical experience for a safe playing environment

**VENUE:** South Mildura Football Club Rooms  
Corner 12th Street & San Mateo Avenue, Mildura

## Level 1 Sports Trainer

Sunday June 19th, 1pm - 5pm  
Monday June 20th, 5pm - 9pm  
Course Number: 31640  
Cost: \$200

## Advanced Taping

Sunday June 19th, 6pm - 9pm  
Course Number: 31642M  
Cost: \$85

*\*Participants must attend both sessions*



Go to [sma.org.au](http://sma.org.au) and [www.smartplay.com.au](http://www.smartplay.com.au) for sport specific and injury specific fact sheets as well as guidelines and policies. To access affordable first aid and tape supplies go to [www.smaonlinestore.com.au](http://www.smaonlinestore.com.au)

**All registrations & payments taken at Mallee Sports Assembly  
101-101A Ninth Street, Mildura or P.O Box 2316, Mildura**

For more information please contact Tanya at  
Mallee Sports Assembly- Ph. 03 5021 3464 E: [tanya@malleesportsassembly.org.au](mailto:tanya@malleesportsassembly.org.au) or  
Sports Medicine Australia- Ph. 03 9674 8777 E: [vic.admin@sma.org.au](mailto:vic.admin@sma.org.au)

## Level 1 Sports Trainer Course Information

This course will recognise you as a nationally accredited sports trainer, providing skills on how to prevent and manage injuries on and off the sporting field. National accreditation from this 8 hour course is the standard requirement to work as a sports trainer in many of the country's sporting codes. Learn from

skilled presenters on the topics of:

- Preventing sports injuries
- Principles of injury management
  - Sports taping
  - Sports nutrition
- Transporting the injured athlete
- Common sporting illnesses, injuries and medical conditions

Please contact Tanya at the Mallee Sports Assembly or SMA if you require any further information:

Ph. 03 5021 3464

E. [tanya@malleesportsassembly.org.au](mailto:tanya@malleesportsassembly.org.au)

SMA: phone 03 9674 8777 or email [vic.admin@sma.org.au](mailto:vic.admin@sma.org.au)

## Frequently Asked Questions

### Why become an SMA Level 1 Sports Trainer?

The Sports Trainer plays an important role in ensuring the safety of participants at sporting clubs. Being a Level 1 Sports Trainer also provides an opportunity to follow a pathway to advanced skills as a Level 2 Sports Trainer and to qualify to become a Sports Medicine Australia Sports Trainer Member.

### Are there any pre-requisites?

Yes. A current first aid certificate or a current SMA Sports First Aid Accreditation must be provided to SMA in order to receive accreditation as a Level 1 Sports Trainer. These should be sent or faxed to SMA prior to attending the course. (However if this is not possible SMA should be notified in advance and it may be possible to forward this information after completing the course).

### What are the course outcomes?

Successful completion of the Level 1 Sports Trainer course provides an opportunity for participants to become a SMA Nationally accredited Sports Trainer. This is the standard required to perform the duties of a sports trainer in most of Australia's major sporting codes.

## ENROLMENT FORM

Title (circle) Mr Mrs Miss Ms Dr \_\_\_\_\_ Name \_\_\_\_\_

Address \_\_\_\_\_

Suburb \_\_\_\_\_ P/Code \_\_\_\_\_

Contact Phone \_\_\_\_\_

Email \_\_\_\_\_

Course Number \_\_\_\_\_ Course Type \_\_\_\_\_

Payment Details (all prices include GST)

I will direct deposit \$ \_\_\_\_\_ on the following date \_\_\_\_\_

Enclosed is my cheque for \$ \_\_\_\_\_

Please debit \$ \_\_\_\_\_ From:  MasterCard  VISA

Card Number \_\_\_\_\_

Card Expiry Date \_\_\_\_\_ / \_\_\_\_\_ CCV \_\_\_\_\_

Name (as it appears on the card) \_\_\_\_\_

Signature \_\_\_\_\_

Please send cheque or credit card payments to:

**Mallee Sports Assembly**  
**101-101A Ninth Street, Mildura**  
**VIC 3502**

Direct Deposit: **Acc Name** -Mallee Sports Assembly Inc **BSB** - 633-108 **Acc Number** - 127928620

Please use 'surname\_course no' as your transaction reference & email the remittance advice to [tanya@malleesportsassembly.org.au](mailto:tanya@malleesportsassembly.org.au)

How did you hear about SMA courses?  SMA-VIC Website  Eflash  Club/Organisation

Facebook  [sportspeople.com.au](http://sportspeople.com.au)  Other \_\_\_\_\_

Please make cheques payable to "Mallee Sports Assembly" and send to:

**Mallee Sports Assembly**  
101-101A Ninth Street  
Mildura  
VIC 3502