

MALLEE SPORTS ASSEMBLY INC.

A0016748B

2015 - 2016

ANNUAL REPORT

18th October 2016



Mallee Sports Assembly

Office Locations

Mildura

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MILDURA, 3500
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Swan Hill

98-100 Gray Street
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Gannawarra/Buloke

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www.malleesportsassembly.org.au

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Committee of Management

| | |
|------------------------|---------------------------|
| President | Mr Gayle Danson |
| Vice President | Mr Terry Kite |
| Secretary | Ms Leanne Morgan |
| General Members | Ms Josie Bieber |
| | Ms Shirley Boulton |
| | Ms Joy Clarke |
| | Mr Phil Gee |
| | Mr Rod Simms |

Staff

| | |
|------------------------------------|--------------------------------|
| Executive Officer | Ms Carmel Mackay |
| Administration | Ms Jeanette Worthington |
| Finance | Ms Anna Legg |
| Project Officers (SwanHill) | Ms Delia Baber |
| (Wycheproof) | Ms Rhonda Allan |
| (Mildura) | Ms Tanya Wild |
| | Ms Jeanette Worthington |
| | Ms Elena Nemtsas |
| Volunteer | Ms Maureen Hewitt |

**Mallee Sports Assembly Inc A0016748B
Annual General Meeting**

Agenda

**Tuesday, 18th October, 2016 7.30pm South Mildura Football Club,
12th Street, Mildura**

Welcome:

Apologies:

Minutes of Previous Annual General Meeting: 20th October, 2015

Moved:

Seconded:

Business Arising:

Moved:

Seconded:

Reports:

- President
- Executive Officer
- Project Officers
- Auditor

Moved:

Seconded:

Election of Committee of Management: 2016/2017:

General Business:

Appointment of the Auditor: Kellie Nulty

Guest Speaker: Presentation - 'A Snapshot of the Mallee Sports Assembly'

Close:

Mallee Sports Assembly Inc.

Minutes of the Annual General Meeting held on Tuesday 20th October 2015 at 7.36pm Mildura Settlers Cricket Club

The meeting opened at 7.36pm with the President of the Mallee Sports Assembly Mr Greg Cooke welcoming all those in attendance. It was noted of the special mention of the presence of Mildura Rural City Councillor Judi Harris Hall of Fame inductees Bob Tollner, Brian Weightman and Life Member Shirley Boulton

Present:

| | |
|---------------------------|---|
| Mr Greg Cooke (President) | Committee of Management, Mallee Sports Assembly. |
| Mr Rodney Simms | Committee of Management, Mallee Sports Assembly |
| Ms Shirley Boulton | Committee of Management, Life Member Mallee Sports Assembly |
| Mr Justin Morison | Committee of Management, Mallee Sports Assembly |
| Ms Joy Clarke | Committee of Management, Mallee Sports Assembly |
| Ms Gayle Danson | Committee of Management, Mallee Sports Assembly |
| Mr Phil Gee | Committee of Management, Mallee Sports Assembly |
| Ms Carmel Mackay | Executive Officer, Mallee Sports Assembly |
| Mr Bob Tollner | Hall of Fame |
| Mr Brian Weightman | Hall of Fame |
| Ms Kellie Nulty | Auditor |
| Ms Jennifer Cooke | Member, Mildura Lawn Tennis Club |
| Cr Judi Harris | Councillor, Mildura Rural City Council |
| Ms Chris Howe | Co-ordinator, East End Community House |
| Ms Jeanette Worthington | Admin/Project Officer, Mallee Sports Assembly |
| Ms Tanya Wild | Project Officer, Mallee Sports Assembly |
| Ms Elena Nemtsas | Project Officer, Mallee Sports Assembly |
| Mr Martin O'Rourke | Sunraysia Rugby League |
| Mr Mark Beasy | East End Community House Committee Member |
| Mr Michael Rickard | East End Community House Committee Member |
| Ms Karen Hokai | Guest Speaker, Active for Life, East End Community House |
| Ms Marilyn Sobkowiok | Co-ordinator, SRS |
| Ms Josie Bieber | |
| Ms Margaret Weightman | |

Apologies

| | |
|------------------|--|
| Mr Andrew Broad | Federal Member for Mallee |
| Mr Peter Crisp | Member for Mildura |
| Hon John Eren | Minister for Sport |
| Ms Leanne Morgan | Committee of Management, MSA |
| Mr Gerard Jose | CEO, Mildura Rural City Council |
| Cr Ali Cupper | Councillor, Mildura Rural City Council |

Apologies continued

| | |
|--|---|
| Cr Jill Joslyn | Councillor, Mildura Rural City Council |
| Cr Greg Brown | Councillor, Mildura Rural City Council |
| Cr Sharyon Peart | Councillor, Mildura Rural City Council |
| Cr Mr Max Thorburn | Councillor, Mildura Rural City Council |
| Ms Jerrill Rechter | CEO, VicHealth |
| Mr Daf Scholes | Branch Manager . Bendigo Bank . Langtree |
| Ms Anna Legg | Finance Officer, Mallee Sports Assembly |
| Mr Daryl Wescombe & Board of Directors | Wentworth Community Bank |
| Ms Haley Hlasny & Board of Directors | Merbein Community Bank |
| Mr Terry Kite | |
| Ms Delia Baber | Project Officer, MSA Swan Hill |
| Ms Rhonda Allan | Project Officer, MSA Wycheproof |
| Ms Susan Watts | Football Federation Sunraysia Sunraysia Academy of Sport |
| Ms Robyn Herbert | Sacred Heart St Andrew Tennis Club/Mildura Lawn Tennis Club |
| Ms Susan George | Director Community Sport & Recreation, Sport & Recreation |
| Mr Peter Hahn | Sunraysia Cricket Association, Sth Mildura Sporting Club |
| Mr Peter Cox | Hall of Fame |
| Ms Jacinta Allen | Community Engagement Officer |

Confirmation of the minutes of the Annual General Meeting held on the 21st October, 2014

It was moved that the minutes of the Annual General Meeting held on the 21st October, 2014 be received as a true and accurate record of that meeting.

Moved: Rod Simms

Seconded: Justin Morrison

(Carried)

Business Arising: Nil

Reports

President's Report – Mr Greg Cooke

The President presented his report as tabled in the Annual General Meeting booklet.

Executive Officer - Ms Carmel Mackay

The Executive Officer presented her report as tabled in the Annual General Meeting booklet. The 2014/15 year has been extremely productive and positive, meeting the contractual obligations of the MSA Funding and Service Agreements to deliver quality outcomes, to promote and advocate for healthy and active communities.

MSA formally celebrated their **30th Birthday in November 2014**, with a week of activities which included promotional displays at the Farmers Market & Langtree Mall; lift outs in the Sunraysia Daily; radio announcements and interviews and television coverage. A significant milestone to celebrate, from humble beginnings in 1984 to expansion and diversification of its operations across the Northern and Southern Mallee region, a journey of 30 years.

Our achievements over the past 12-months accentuate the dedication and expertise of our staff team located in Mildura, Swan Hill and Wycheproof. These accomplishments are highlighted throughout the AGM Report and congratulations to all the Project Staff.

The Executive Officer thanked the Committee of Management, Stakeholders, staff, members, sport and recreation clubs & associations, community groups schools businesses and individuals who are undeniably critical to the work that MSA completes

Program and Activity Reports

As tabled in the Annual General Meeting booklet:

Auditor's Report - Ms Kellie Nulty - Auditor

Auditor Kellie Nulty presented the Auditor Report as tabled in the Annual General Meeting booklet.

Ms Kellie Nulty explained the financial situation of the Mallee Sports Assembly as at the 30th June, 2015 to be due to the timing of projects ending. The auditor mentioned that there had been a decline in funding from funding Bodies (\$136,000 Government). In the past two years the MSA has recorded a \$280,000 loss. The MSA has strong cash reserves and still has a solid financial position. Kellie stated that there were no major issues and it was all good at the MSA from an accounting position

It was moved that the reports be accepted as a true and accurate record of the previous twelve months of the organisation activities.

Moved: Gayle Danson

Seconded: Rod Simms

(Carried)

Election of Committee of Management 2015/16

As Greg Cooke was stepping down from the MSA Board he chaired the election of the Committee of Management 2015/2016. As the number of nominations did not exceed the number of vacancies the following people were duly elected the Committee of Management of Mallee Sports Assembly 2014/2015:

The Committee of Management being:

Ms Shirley Boulton

Ms Joy Clarke

Ms Gayle Danson

Mr Phil Gee

Ms Leanne Morgan

Mr Rod Simms

New members

Mr Terry Kite

Ms Josie Bieber

Mr Greg Cooke congratulated the Committee of Management of Mallee Sports Assembly and welcomed new members Ms Josie Bieber and Mr Terry Kite.

General Business: Nil

Appointment of Auditor . It was resolved that Ms Kellie Nulty be appointed the Auditor of Mallee Sports Assembly.

Moved: Gayle Danson

Seconded: Joy Clarke

(Carried)

Guest Speaker:- Karen Hokai – Active for Life, East End Community House

Karen is indigenous to New Zealand coming from a family of nine. Karen's mum passed away at the age of 34 leaving her 34 year old husband with 9 children. The garden became important to Karen in her early age as Dad did not come home regularly and weeds in the garden were a source of food for the family. Karen loved the garden at an early age and sees the East End Community garden as a source of food for families in the same position as her.

Karen learnt at an early age to care for her family and left school before she was 15 to care for her younger siblings. Karen eventually married had a daughter and son. She has always been honest with her children deciding to pack her children up and come to Australia to live to give her children a better life. The family moved around a lot with Karen doing manual work. The family became Australia citizens. When her daughter was to start secondary college the family settled in Mildura. One of Karen's prouder moments was when her daughter was asked to carry the Australian flag at an ANZAC ceremony. Karen's daughter came home from school one day and asked if she could go to university, Karen approached the school and was told her daughter was capable of going to university. Karen and her children worked hard so they both her children could go to university.

Once Karen's son went to uni her life started to fall apart and she became lost. Karen was having health problems and was having regular counseling as well as on depressants. Karen joined Mallee Sports Assembly A Chance to Choose program and became involved in the East End Garden.

Guest Speaker continued

Karen has moved through from student to now growing her own seedlings and teaching East End residents how to garden. In Karen's words . 'I am better now, I am not shy'. Karen is now a student at SuniTAFE doing a Cert 3 in Horticulture. This year Karen was nominated by the East End House for the 2015 Victorian Local Learn Awards and was successful

In Karen's words 'I love it at school, I love our community and then to win the award. I love what I do'. Her children are very proud of their mother's achievements.

Thank you Karen . your smile is beautiful.

Meeting closed at 8.30pm

President's Report

On behalf of the Mallee Sports Assembly Committee of Management I would like to extend a warm welcome to members and guests to our thirty second Annual General Meeting.

This year has seen MSA continue to provide support, education and services to its 192 membership base across the Mallee Region.

With such a large geographic area to cover and offices and staff in Mildura, Swan Hill and Wycheproof this always presents challenges in the form of delivering services and their associated costs. I would like to acknowledge the wonderful work of Carmel Mackay our Executive Officer and the dedicated staff who often achieve the impossible to meet Government Departmental Funding and Service Agreement outcomes and service delivery targets that our funding agreements require.

Unfortunately the tyranny of distance is not recognised in our funding grants and the impost that this makes on our budgets presents real challenges for the organisation.

Sometimes adversity which in this case has been financial, produces innovative ideas hence the idea of the Mallee Sports Hub evolved and has now become a reality. The concept was a central place where other organisations with whom we share so much in common could share a building and resources, yet maintain their autonomy. It made sound economic and service delivery sense. The Hub has been launched and we happily welcomed AFL-Victoria Country, Sunraysia Academy of Sport, Cricket Victoria and Sunraysia Rugby League who readily embraced this concept. The financial benefits will assist us all to meet our funding and service requirements whilst enhancing service delivery.

Increasingly Government departments that sign funding and service agreements with Incorporated Organisations are wanting to ensure the governance skills of their Committees of Management are skilled to meet legislative requirements. We have recognised this and moved to ensure a wider set of skills are represented on the Committee of Management.

I would like to make mention of the %Project Ice and the amazing job done by Jeanette Worthington to educate sporting groups, their families and the wider community to the havoc this drug once it takes a grip, can wreak on individuals, their friends and families. Sadly the funding for this project will cease at the end of September when it appears to be gaining accolades from far and wide and increasing momentum.

A highlight to end this year on was the successful application to the Department of Justice & Regulation to provide support along with a group of partners, to improve the social and economic wellbeing of the East end Community. We hope that this partnership can over its funding life improve the health and quality of life for residents of East End.

I would like to thank those other very able and supportive Committee members that have worked to ensure the continued success of the organisation over the last 12 months. I would also like to make mention of Phil Gee who has provided very reasoned and thoughtful counsel to assist us in the running of Mallee Sports Assembly and is retiring from the COM at this meeting. We wish him well. On a sad note I would also like to mention the passing of Joy Clarke who for many years provided us with a strong voice and advocacy at COM on behalf of those in the community who have disabilities. Her early morning smiles at our 7am meetings will be sadly missed.

I would like to end by saying whether it is through your club undertaking training in things such as responsible service of alcohol, through promoting the drinking of water rather than soft drink, being involved in a sport, individuals being more active, choosing a healthier diet, embracing the push to improve the health of our community, or being more socially engaged, our motto for all is for you to %Participate,& Feel Great!

Gayle Danson

President

Executive Officer's Report

Welcome to all in attendance at our 32nd Annual General Meeting this evening and it is with pleasure that I present my 2015/2016 Annual Report.

During the 2016/2016 year we have met the many day-to-day challenges, the joys and tribulations to achieve numerous outstanding results as an organisation. This is administered effectively by the Mallee Sports Assembly Board of Management in their governance role and a dedicated staff team who are working at the grassroot levels of our communities.

It has been an exciting year with the relocation of the Mildura MSA office, to establish the **Mallee Sports Hub**, together with AFL Vic Country, Cricket Victoria, Sunraysia Academy of Sport and the Sunraysia Rugby League. The official opening was conducted in July 2016 with a 97.9 SunFM Outside Broadcast, Mildura Lions providing a sausage sizzle and well in excess of 150 people visiting the new premises. There are exceptional synergies between all the organisations located at the **Mallee Sports Hub** and opportunities to develop partnerships for our community, enhancing participation, healthy & active lifestyles for ALL in our community.

The profile of the Assembly continues to flourish and this is illustrated by the breadth of organisations and individuals that approach us on a daily basis. The continuing support and commitment of community and organisations is imperative to the work we do as it enhances and strengthens our ability in the work we do.

The Bendigo Bank have continued to proudly support the production of our **MSA Bendigo Bank Calendar of Events**. It is an effective medium to show case our local sport and recreation, encourage participation and promote the benefits to both our physical and mental health. In 2017 we will be celebrating a 10 year partnership with Bendigo Bank, bringing communities together throughout the Mallee region.

The **Merbein & District Community Bank 97.9 Sun FM Northern Mallee Sports Star Awards** are a significant community event that purports the work we do, acknowledging excellence in performance, contributions to sport in all the related roles that make sport happen and celebrating the positive impact that sport has for our health, well-being and social connectedness. The preparations are well underway to celebrate 25years of the Awards, an accolade in itself.

We have had a longstanding partnership with the **East End Community** of Mildura, spanning over 15years with numerous effective programs & projects being facilitated along the way. In 2012/14 the Assembly was successful with a funding application to the Australian Government. ~~Get~~ Active (Eat Good Tucker) Live Longer Campaign. This involved community programs, the re-development of the East End Community Garden precinct and a mosaic tile project depicting a Rainbow Serpent footpath into the area which is a very important part of the beliefs of Aboriginal people from across Australia. In July 2015, as part of NAIDOC Week the Kitchen/Garden precinct was officially opened, a beautiful facility for the community and beyond.

We have been now been successful with a 2-year Department of Justice Crime Prevention . Place-based Targeted Grants Program, **'Connect Refresh. GROW'**. The program will support locally based partnership projects to reduce crime and increase community safety in nominated areas experiencing high rates of crime and disadvantage. The Mildura . Ambleside (East End Community) has been nominated as a priority area. Our project is multifaceted and is designed to have a highly visible impact in both the short term and long term. There will be two themes which will include a sport/education component and a street art component.

In 2015 the Victorian Government Program reviewed all programs funded by Sport & Recreation Victoria (SRV). The review was with the aim to streamline the way in which Sport & Recreation Victoria works with key sport & active recreation organisations. This will be to assist in delivering initiatives that align to the Victorian Governments priority of increasing participation in sport & active recreation by:-

- Building a more sustainable sport and recreation sector in Victoria; and
- Increasing the equity, diversity and inclusiveness of the sport & recreation sector in Victoria.



Mildura...Swan Hill...Gannawarra...Buloke...

The new program **Supporting Victoria Sport & Recreation Program SVSRP** has drawn upon consultation with the sport & recreation sector and the evaluation of previously funded SRV projects, ie Access for All Abilities, Regional Sport & Recreation Program, Volunteer & Women Initiatives etc. The new program will commence on the 1st July 2016

A successful ICE Action Grant application, **Project ICE: Sport** has been an incredible journey over the last 12 months, for the MSA, sport and the community. It has involved communities developing grassroots initiatives to respond to concerns about ice; development of clubs resources; communities taking the opportunity to circulate information about the impacts of ice use and support services; Sporting Clubs promoting zero tolerance to ice in sporting clubs; Communities aware of where to seek help; Improved relations between sporting codes, clubs, community support agencies and organisations; Improved knowledge and awareness of individual and community health & wellbeing; and Healthy living approach.

The year has seen a transition to the facilitation of the VicHealth **Regional Sport Program**. The Program supports growth in physical activity through sport while also increasing the availability and supply of water in community sport. Highpoints have included **Rock up Netball in Wycheproof, Fast 5 Netball in Swan Hill, H30 Challenges, Women's Football Sunraysia** and numerous water education & information sessions

The VicHealth **Healthy Sporting Environments program** concluded June 2015, but during the year staff have diligently ensured that all clubs involved finalised their involvement and participation in the modules to become healthier, welcoming and more inclusive. leading to greater participation in sport and improved health and wellbeing within communities.

The **Swan Hill Regional Lawn Bowls Carnival** has gone from strength to strength since its inception in 2015. A significant partnership with Swan Hill Racecourse Bowls, Bowls Victoria & Bowls Australia to develop opportunities for people of all abilities, ages and backgrounds. In recognition of the MSA support a Jack Attack Kit was presented which will ensure ongoing opportunities for participation in bowls.

Local schools in the Buloke Shire continue to support our **Active Youth programs** with requests for programs for year 9 students at Charlton College & Birchip P-12 School. The project involves developing strategies to address barriers to participation; increase the knowledge of the physical activity options available in local communities; increase the awareness of the benefits of physical activity and encourage healthy lifestyles through participation in physical activity.

The **Mildura Country Care Group All Abilities Cricket Carnival** is now entering its 7th year and continues to grow every year, now embracing two divisions. The annual event is attracting participants from across Victoria & South Australia and maintains strong partnerships with Cricket Victoria, Mildura Settlers Cricket Club, local volunteers, Mildura Rural City Council, Mildura Senior College and sponsorship.

The year has seen some significant changes with the **Good Sports Program** with accreditation numbers reduced for the Northern Mallee; the Level 3 monitoring of clubs now online; and some other work requirements now centrally based in the Melbourne office. The MSA have had a strong commitment to the program for in excess of 14+ years to support our local clubs in the responsible managing and serving of alcohol, which includes accreditation, facilitating Responsible Serving of Alcohol & Liquor Licensing courses.

My report is only a small reflection of the work that has been implemented and represents the diversity of our work; and the breadth of sectors that we are connected with.

The Mallee Sports Assembly Board of Management is presented with a continual increase in responsibilities; changes with legislation and meeting these requirements; financial obligations; and the sustainability of our organisation. So it is with sincere appreciation for their continued support in my position as the Executive Officer and in their role to govern the organisation for today and tomorrow.



Mildura...Swan Hill...Gannawarra...Buloke...

I would like to personally acknowledge Phil Gee for his extensive commitment over 10-years as a Board Member. Always there to lend an ear, provide advice and roll up the sleeves when there was work to be done, thank you from the Mallee Sports Assembly and our communities, wishing you all the very best.

On a sad note, Joy Clarke who was a MSA Board Member for 9-years sadly passed away in September this year, she was not only a respected work colleague but a dear friend. Joy will certainly be missed as a Board Member and in her significant role as a strong advocate for people with disabilities in our local community.

Our gratitude to the continued support from our stakeholders . members, sport & recreation clubs & associations, community organisations, schools, businesses and individuals who keep us vigilant to the important role we play in our community.

Finally, the accomplishments of our organisation are result of the commitment and expertise of the MSA staff team, Delia, Rhonda, Jeanette, Tanya, Anna, Elena and Maureen. Congratulations on an enormous and productive year, reaching many milestones and achievements for and in partnership with our communities.

2016/2017 moves the Mallee Sports Assembly into another year, with ever changing landscapes, challenges and accomplishments. I look forward to yet again moving into a new & exciting year, working with the Mallee Sports Assembly staff team and Board of Management.

Thank you

Rememberō ò .Participate, Feel Great!.....



Mildura...Swan Hill...Gannawarra...Buloke...

2015—2016 Access for All Abilities Program

The Access for All Abilities program aims to work at the community level to develop inclusive sport and recreation opportunities for people of all abilities.

- ⇒ Participation
- ⇒ Partnerships, Networks & Linkages
- ⇒ Planning & Strategy
- ⇒ Promotion & Information

Activities

- ♦ Football, lawn bowls, tennis, soccer, bowls, door soccer, golf, basketball, netball, cricket, croquet & club connections.
- ♦ Partnerships with sport & recreation, disability agencies, local government, neighborhood houses, communities
- ♦ Planning & development with Leisure Centres, Community Parks, Community Health Plans
- ♦ Newsletters & website
- ♦ Information, education & training sessions for clubs, community groups & schools
- ♦ Media promotions & publicity
- ♦ Events—International Day of People with Disabilities, Regional Lawn Bowls, All Abilities Cricket Carnival

....PARTICIPATE, FEEL GREAT!

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Mallee Sports Assembly is appointed as the Good Sports Community Partner to deliver the Good Sports program in the following regions:-

Mildura Rural City Council;
the Robinvale district of
Swan Hill Rural City Council;
Balranald ; and Wentworth
shire regions of New South
Wales



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2015—2016 Good Sports Program



The GOOD SPORTS Program assists sporting clubs to manage alcohol responsibly. Displaying the *Good Sports* logo sends an important message to club members and the community. It indicates that a club promotes a responsible attitude towards alcohol, and provides a safe environment for players, members, families and supporters.

What is in it for a Good Sports club?

- ◆ Enhanced family atmosphere.
- ◆ Increased membership and attendances.
- ◆ Being recognised as a community leader on alcohol management.
- ◆ Strengthen relationships with other community organisations.
- ◆ Creation of new income sources.
- ◆ Access to Responsible Service of Alcohol training for members.
- ◆ Reduced problems from alcohol misuse.
- ◆ Reduced risk of litigation.

....PARTICIPATE, FEEL GREAT!





2015—2016 Regional Sport & Recreation Program

The Regional Sport and Recreation Program aims to provide volunteer support, information, training and development opportunities to local clubs in rural and regional Victoria.

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- ⇒ Information
- ⇒ Volunteer Support
- ⇒ Training & Development

Activities

- ♦ Newsletters
- ♦ Sport & Recreation Directory
- ♦ Information forums, training & education workshops
- ♦ Media connections & promotion
- ♦ Website
- ♦ Club development & resources
- ♦ Club support & advice
- ♦ Partnerships
- ♦ Regional Calendar of Events
- ♦ Volunteer Recognition

....PARTICIPATE, FEEL GREAT!



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2015—2018 Regional sport program



The VicHealth Regional Sport Program will support growth in physical activity through sport while also increasing the availability and supply of water in community sport.

Sport

Creating and delivering new sport participation opportunities that addresses the needs of those who are inactive or somewhat active to become more active through sport.

Activities

♦ Drop of the Kids, Its time for you!

Mallee Sports Assembly in partnership with Clubs/leagues to offer social and non-competitive opportunities for parents/carers while children are training.

Fun, learn new skills, be active— it's parents time to play!

♦ Try the Game!

Mallee Sports assembly in partnership with local clubs will facilitate 6-8week social sports for youth (12-16yrs & 17-25yrs) leading to ongoing participation, socially or competitively.

It's free, fun and social—Experience the wonders of sport & recreation, learn new skills and make new friends!

♦ Fast 5 Netball

Netball Clubs introducing a 'modified' game into existing environments to accommodate new sporting opportunities for women.

Fun, Fast & Fabulous!

♦ Mingle & move for Mums

In partnership with local clubs facilitate 6-8week social activities for young mums leading to ongoing participation, socially or competitively.

Fun activities with friends, a relaxing time for Mum's!

....PARTICIPATE, FEEL GREAT!



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2015—2018 Regional sport program



The VicHealth Regional Sport Program will support growth in physical activity through sport while also increasing the availability and supply of water in community sport.

Water

Community sport can enable healthy lifestyles through championing and supporting water as the beverage of choice.

Activities

Strengthen individual knowledge & skills

- ◆ Providing education sessions for Club/League/Association leaders
- ◆ Promoting the health benefits of water in sports

Promoting community awareness

- ◆ Take the **H3O Challenge** – switch sugary drinks to water. There's a healthy chance you may never want to switch back. www.h30challenge.com.au
- ◆ Developing information/fact sheets

Educating providers in sport sector

- ◆ Information sessions
- ◆ Demonstration Canteen to promote best practise

Harnessing new & existing local partnerships

- ◆ Utilise sports coaches to promote water as first choice of beverage to participants instead of sports drinks

Changing club practises and environment

- ◆ Education sessions for Club/League/Association leaders
- ◆ Encourage clubs to have prominent displays of water and reduce the cost of bottled water

Influencing local policies and strategies

- ◆ Engaged with local government and key stakeholders to promote water as the drink of choice



Tennis for All - Kerang

This is the first time a 4 week tennis program has been conducted at the Kerang Lawn Tennis Club. The club was more than happy to provide the venue and equipment. Due to the limited volunteer numbers (working commitments) they were unable to provide hands on support for the activity sessions. The staff of Murray Human Services (Disability service) were more than capable of facilitating the sessions each week. The participants thoroughly enjoyed the opportunity and improved their skills during the course

Positive outcomes of the program:

- The participants enjoyed playing tennis
- The staff of MHS were very capable in facilitating the sessions
- The venue was ideal for the activity
- The club was most co-operative and also offered the club house for indoor activities if the weather was inclement
- Strengthened partnerships with the Kerang Lawn Tennis Club
- Strengthened links with Murray Human Services-Kerang
- The weather was ideal for outdoor participation
- Increased exposure of the MSA, Murray Human Services and Kerang Lawn Tennis Club

Negative outcomes of the program:

- The club could not assist with volunteer coaching due to other commitments

Comments from other partners:

- The clients have really enjoyed playing tennis and being outside
- Staff - Murray Human Services
- It was a pleasure to be able to provide an opportunity for others to be active
- Bruce Secretary of the Kerang Lawn Tennis Club

Comments from participants:

- This is so much fun
- I can hit the ball better



Youth Health Expo (Living With a Disability) - Birchip

Mallee Sports Assembly was approached by the organizers of the Buloke Shire Youth Health Expo to conduct sessions on Living With a Disability for the Year 9 and 10 students of the five schools in the Buloke Shire. The aim of the expo was to provide the students with an enjoyable and informative opportunity to discuss issues related to their health and well-being and expose the different agencies that offer youth services within the Shire. The students were separated into groups to attend the different workshops on offer. The day also included a healthy lunch with bottled natural spring water.

The Living With a Disability workshop included the following activities:

Peeling fruit with one hand

Doing up a buttoned shirt with one hand

Applying make-up blind-folded (that was entertaining to say the least)

Playing blind sports with a bell ball

Positive outcomes of the program:

It raised the awareness to the students of what it is like to live with a disability

The mocked disabilities offered a fun activity but with a serious message

The staff and students embraced the activities with enthusiasm

The event also focused on health and well-being

Partnership links were strengthened with EWHS, Dept of Education, Vic Police and Buloke Shire Council

The costs were covered funding through ANZ-FRRR, Buloke Shire and Wimmera Uniting Care

The attendance numbers were excellent (approx 180 students)

The program reiterates the initiatives of the Access For All Abilities program

Negative outcomes of the program:

The registration process could have been stream-lined more effectively

Comments from other partners:

The presenters on the day have a wealth of knowledge and experience who ran very informative and interactive sessions with the students Mayor, Buloke Shire

The students are to be commended on their conduct and the day would not be possible without the generous support of the sponsors School Nurse and MC for the day

Comments from participants:

Peeling fruit with one hand is very hard

I am pleased I am not blind

Putting the lipstick on my friend was so funny



Rhonda Allan
Project Officer

Regional Sport & Recreation Program

Gannawarra/Buloke

Sports Trainer Course

The Sports Trainer Course annually provides numerous challenges and this can include insufficient registrations and needing to cancel courses, which as was the case early in 2015. But this year's course was a fine example of the need and importance of having skilled volunteers available for our local mainstream sports. Safety is a vital factor in ensuring the sustainability of a club and its members. If the club is deemed as a safe environment, this will certainly increase the participation numbers. The CPR component was also included due to expressions of interest. The course was conducted in late February just before the commencement of the football, netball and hockey season. The Donald Football Club were most co-operative to provide the venue for free of cost and also the tea and coffee.

The course covered many aspects for the role of a sports trainer. They are as follows:

The Level One Sports Trainer in Action

| | |
|---|-------------------------------------|
| Structure & Function of the Musculo-Skeletal System, | Warm Up, Stretching & Cool Down |
| Principles of Injury Management | Management of Upper Limb Injuries |
| Management of Lower Limb Injuries | Medical Conditions such as Asthma |
| Taping & Advanced Taping | Management of Injuries of the Trunk |
| Management of Injuries of the Head & Spine | Nutrition |
| Management of Specific Injuries-Environmental Heat & Cold | |
| Theory Exam & Practical Exam | CPR component |

22 participants completed the full course, 7 participants completed their re-accreditation and 3 did the CPR component.

Positive Outcomes:

- Increased number of volunteer club members are trained to assist with injuries
- Local volunteers did not have to travel a huge distance to do the training
- Players and parents will have peace of mind with the presence of trained club members to offer the right assistance if required
- An opportunity to increase skills of volunteer club members
- The course was very well attended
- Strengthened partnership links with the Donald Football Club
- First time CPR was offered with the course

Comments from some attendees:

- I enjoyed doing the course+
- This has been a great opportunity for me to obtain my re-accreditation+
- Thanks for including the CPR component+



Rhonda Allan
Project Officer

Regional Sport & Recreation Program

Gannawarra/Buloke

Netball Victoria Training session - Wycheproof

Kaylea McQuade of Netball Victoria was in the area to assist with the commencement of the new Rock Up netball programs. To make the most of her, MSA approached her to facilitate a netball training session at the Wycheproof-Narraport netball club for local members and also members of the nearby Nullawil netball club. Kaylea was only too pleased to oblige.

Kaylea is very knowledgeable and experienced when it comes to netball. Her credentials are as follows:

2012-2014 . Republic of Ireland Senior Head Coach

2014-2016 - Melbourne University Lightning Division 1 Head Coach . Victorian Netball League

2015-2016 . Melbourne University Championship Assistant Coach . Victorian Netball League

A qualified Advanced Coach

The session included a warm-up, before focusing on defence drills in which the attendees learnt so much with correct positioning of the body and movements around the court. All that attended enjoyed this opportunity of the expertise to assist and improve in one's game. There was a good mix of ages there which was pleasing to see.

On behalf of the Wycheproof-Narraport Netball Club and the Nullawil Netball Club, we thank Kaylea McQuade of Netball Victoria for her time, expertise and support to country sport.

Positive Outcomes:

A great opportunity for the local netballers experience a training session delivered by a professional coach

Excellent attendance despite the short notice

The session was ideal for both junior and senior players

The mild weather was ideal for the outdoor activity

Strengthened partnership links with the Wycheproof-Narraport Netball Club, Nullawil Netball Club and Netball Victoria

There was no cost involved

Negative Outcomes:

Due to the late notice MSA was unable to offer this to other clubs in the region

Comments from some attendees:

I learnt so much from the session+

Can we have something like this again next year?+

She (Kaylea) was so good at taking the training session+



Rhonda Allan
Project Officer

VicHealth Regional Sport Program

Gannawarra/Buloke

The VicHealth Regional Sport Program will support growth in physical activity through sport while also increasing the availability and supply of water in community sport.

Water:

Community sport can enable healthy lifestyles through championing and supporting water as the beverage of choice

Water Presentations /Promotions-

This involves conducting a presentation that demonstrates the amount of sugar in each popular Sweet, sugary based drink. The audiences have been alarmed on the sugar content in each of these beverages. The VH initiative, H30 challenge (swapping SSB drinks for water for 30 days) has also been promoted/included with each presentation. Presentations conducted for the past 12 months are as follows:

- Juvenile Diabetes Walk (Birchip)- 60 people (all ages)
- Gannawarra Healthy Networks (Kerang)-10 service providers
- Wycheproof Community Resource Centre AGM (Wycheproof)-25 local community members
- Birchip Bowls Club (Birchip)-8 club members
- Wycheproof P12 College-40 students 3 staff
- Birchip P-12 School . seventeen Yr 8 students and 2 staff
- Mooving Mums and More-Cohuna-approx. 40 people
- Buloke Shire Council . EO and 10 councillors
- SMPCP MH & WB-25 people (promotion only)
- Gannawarra Healthy Network-20 people (promotion only)
- NC Hockey AGM-22 people
- Gannawarra Local Agencies Meeting-10 people
- North Central Netball Assoc -24 people
- Wycheproof-Narraport Ladies Aux AGM-9 people
- Charlton Probus-60 people

Comments from attendees:

%am shocked at the amount of sugar in some of the drinks+

%Can you please do this presentation for my students+

%And to think we are putting this into our bodies?+

%am going to give the H30 challenge a go+



Sport:

Creating and delivering new sport participation opportunities that addresses the needs of those who are inactive or somewhat active to become more active through sport

Rock Up Netball

This pilot program was initially planned to be conducted for 4 weeks. The response was overwhelming that Netball Victoria approved to support the program for another 4 weeks. Netball Victoria paid for the cost of the coach. The local club provided the venue and equipment for no cost at all and also the local school allowed the sessions to be conducted in their stadium if the weather was inclement. The ages of the participants varied from young Mums to older women, some who were new to the game. The local coach was ideal for the project as she has a sound knowledge of the game. The sessions catered for all levels of ability and were delivered in a welcoming, safe environment. Due to success of the program it was continued for another 4 weeks with the inclusion of a small cost (\$5 per session to cover the coaching fee) to participate. The attendance was still consistent and the participants have indicated for the program to resume early in 2017.

This program was also piloted in Kerang with no attendances/interest at all.

Case studies of 4 women who participated in the program were completed as follows:

Wycheproof Program May-June 2016

Questions asked as follows:

Why play Rock up Netball?

What has been your favourite part?

What has it done to your life?

Will you play again and why?

Answers from 4 women.

Donna . Age 50 years-never played netball in her life.

A friend was doing it. Playing and being with new people

Rock Up Netball has given me more confidence

Yes-it is such good fun.

Suzi-Age 42 years-never played netball in her life.

To socialize and for the activity. Learning the game and a bigger appreciation of my two daughters involvement in junior netball

Learnt how to play and enjoy netball. Yes-because I really enjoyed it.

Sandy -Age 29 years-a young Mum just learning the game

Something to look forward to each week. Getting out of the house and having fun.

I have met new people and made new friends. Yes-it's fun and I want to keep going.

Renaye-Age 38 years-an ex-hockey player who has never played netball before

Something to do. Having fun.

It has made me exercise when I probably wouldn't have. Yes-because it's not serious.



Rhonda Allan
Project Officer

Club Connections – Swan Hill

Murray Human Services & Swan Hill Croquet Club

As part of the club connections program Murray Human Services participated in croquet in a six week program with support from Swan Hill Croquet Club. The participants really enjoy playing croquet and learning new skills. Croquet is more complicated than it looks!

Murray Human Services & Swan Hill Racecourse Bowls Club

Murray Human Services participated in a four week program of Jack Attack Bowls with support from Swan Hill Racecourse Bowls Club. This was played in the lead up to Swan Hill Regional All Abilities Bowls. Jack Attack Bowls is a modified version of bowls, can be played anywhere, indoors or out and it is great fun!

Thanks to Swan Hill Croquet Club and Swan Hill Racecourse Bowls Club for developing links with Murray Human Services, increasing their physical activity options and providing an opportunity to learn new skills and have fun.



Football for All and Netball for All

Participants from Murray Human Services enjoyed a four week Football for All Program held at Tyntynder Football Club oval. The program was supported by Swan Hill College Sport & Rec students and staff. Participants from Murray Human Services enjoyed playing games organised by the Sport & Recreation students. This was a great experience for the students as they needed to modify games to suit the participant. Thanks to all the staff and volunteers for providing great ongoing support to make the program a success.

The Swan Hill Netball for All Abilities program began in Swan Hill with support from Swan Hill Netball Association and Netball Victoria. This began with a Come & Try on Thursday 16th July and followed by a 6 week program held Thursday 1:30pm - 2:30pm beginning 23rd July 2015. Participants from Murray Human Services, Swan Hill Specialist School and Vista enjoyed learning new netball skills under the guidance of Kylie Bailey from Swan Hill Netball Association supported by Mallee Sports Assembly and Swan Hill College Sport & Rec students. Swan Hill Netball Association is now registered as an Inclusion Centre.



Delia Baber
Project Officer

First Aid Course 24th & 31st August, 2015

Lake Boga Football Netball Club successfully applied for a Country Action Grant for professional development of their club sports trainers, committee members and volunteers. The club decided to dedicate this funding to a Level II Senior First Aid course held at Murray ACE in Swan Hill. The participants gained the skills and knowledge required to provide first aid response, life support, management of casualties until the arrival of medical or other assistance.

Level 1 Sports Trainer Course & Reaccreditation

The 2016 Level 1 Sports Trainer course and Reaccreditation was held 6th, & 7th June at Lake Boga Football Netball Club. Facilitator Dawn Ferrier shared her wealth of knowledge and experience with participants from Tooleybuc/Manangatang FNC, Sea Lake Nandaly Tigers FNC, Murrabit Netball Club, Leitchville Gunbower FNC and Koondrook Barham FNC

This course is designed to introduce participants of the basic knowledge and skills required by a Sports Trainer. These skills include the management of specific sporting injuries, sports taping and transporting an injured athlete. This course educates prospective sports trainers, teachers, coaches, administrators and parents on the basic principles of sports medicine.

Sports trainers play a vital role in the prevention of injury. This course provides participants with the necessary skills to assist in improving athletic performance, making sport safer for all. The Level 1 Sports Trainer course recognizes participants as a nationally accredited sports trainer, providing skills on how to prevent and manage injuries on and off the sporting field.

Sports Trainer Re-Accreditation

During February in Swan Hill 5 participants completed their reaccreditation from the following clubs: Swan Hill Football Netball Club, Macorna FNC, Tyntynder FNC, Tooleybuc/Manangatang FNC and Moulamein FNC. To remain accredited by Sports Medicine - Sports Trainers must complete CPR annually, first aid and Sports Medicine Reaccreditation every 3 years. This is the standard required to perform the duties of a sports trainer in most of Australia's major sporting codes.



Delia Baber
Project Officer

VicHealth Regional Sport Program

Swan Hill

The VicHealth Regional Sport Program will support growth in physical activity through sport while also increasing the availability and supply of water in community sport.

Water:

Community sport can enable healthy lifestyles through championing and supporting water as the beverage of choice

H30 Challenge

VicHealth's **H30 Challenge**. The **H30 Challenge** asks people to make a 30-day pledge to replace sugary drinks with water. The aim of the challenge is to help establish healthier habits, with water becoming the main choice of beverage in the long-term. Sugary drinks include sugar-sweetened soft drinks, energy drinks, fruit drinks, sports drinks, ready-to-drink iced tea, flavoured water and cordial.

Local role models from Swan Hill Rural City Council, Swan Hill Leisure Centre and Swan Hill Soccer League participated in the H30 Challenge .

Fast 5 Netball

The Fast 5 Netball competition was encouraged to replace sugary drinks with water. Mallee Sports Assembly Project Officer Delia Baber arranged with Lower Murray Water to supply the Fast 5 Competition with 50 water bottles for the Fast 5 competitors. Many thanks to Lower Murray Water for this sponsorship.



Sport

Creating and delivering new sport participation opportunities that addresses the needs of those who are inactive or somewhat active to become more active through sport.

Fast 5 Netball

Fast5 Netball is an exciting game for players and spectators with 5 participants from each team on the court with unlimited substitutions, 4 x 6 minute quarters, Power Play quarter for both teams (points are doubled for one quarter). The goal circle is marked for 1 point, 2 points shooting arc and outside circle 3 points. During a power Play quarter the scores can change dramatically which makes it so exciting!

A Come & Try Fast5 Netball was held at the Alan Garden Reserve on the 4th of November 2015 plus a Short Season of four games was planned for 11th November to 2nd December. The come & try went well with approximately 40 people attending including; participants, umpires and officials. We managed to have 4 teams with participants enjoying the game

The come & try was followed by the short season which ended up being a really short season as we missed two weeks due to extreme heat. During the last game on December 4th after a discussion with participants and umpires it was decided to regroup during January to continue Fast5 as preseason netball training. However interest was lost during this break with plans to revisit Fast 5 or Rock Up Netball during 2016.

Swan Hill College Plays Fast5 Netball

During term 3 Swan Hill College Year 12 Sport & Rec and Year 10/11 Sports Science students participated in Fast5 Netball. Teacher Whitney Kennedy is very enthusiastic of Fast5, including the game in class lessons. The students really enjoyed playing and found it challenging as it's so fast! They modified their games to 5 minute quarters and used chalk to draw in the goal lines.



Playgolf Coaching Clinics - Season 2016 Lakeside Golf Club Lake Boga

Lakeside Golf Club recently conducted coaching clinics during the 2016 season with classes held on Sunday mornings with two session beginning with Women's session at 9:30-10:30am, followed by Men's session 11:00am . 12:00pm. The classes were one hour in duration and held on Sundays 22nd, 29th May and 5th, 19th 26th June 2016. This is the popular **Play Golf** series, run by **Golf Victoria's** Mark Bamford, in conjunction with Mark Bowd. These clinics are aimed at beginners, new golfers, or golfers wishing to return to the game after a break. There was two classes, one for ladies, followed by the men's class. The PlayGolf Program attracted 22 participants, all of which learned new skills, enjoyed a well-earned morning/afternoon tea provided by enthusiastic volunteers from the golf club and made new friendships with people in their community.



Delia Baber
Project Officer

Soccer 4 All

The program of Soccer 4 All in Mildura has been going now for 4 years. Football Federation Sunraysia has continued to support and conduct the sessions for all attendees each week. Over this time the program has progressed from strength to strength in number of participants and support coaches. From April to June 2016, we had 28 people register with an average of 16 people attending each week.

The hour long session involves skills, drills and basic rules needed for soccer, ending each session with a mini game. Over time everyone's skills, abilities and confidence has grown and improved.

With the support of volunteers Kate Watts, Cosi Cirillo and Susan Watts, the program has been able to continue, grow and encourage others to play sport, be active and socialise with friends and family.



International Day for People with Disabilities

In 2015 we conducted a Come and Try Sports day on Thursday the 3rd December at Irymple Leisure Centre.

The week before the event, we conducted an information session at Irymple Secondary College, for Year 9 peer mentor students. At this session we talked about different methods of communication, from non-verbal to written and sign language. There were 40 students involved in this session. All of these students attended and supported the Come and Try event at the Irymple Leisure Centre.

The Come and Try Sports on the day was divided into two, schools in the morning and adult groups in the afternoon. We had three schools and two adult groups send participants to get involved in the activities for the day. The schools and organisation included: Irymple Secondary College, Mildura Specialist School, Mildura Primary School, The Christie Centre and Annecto. With over hundred students in during the day, there was lots of activity. The general feedback from the students and teachers was very positive and supportive of the event, and some teachers asking where are all the other schools?

The sports that everyone was able to try included: Table Tennis, Basketball, Swish, Carpet Bowls and Tae Kwon Do. The clubs who supported the event include: Sunraysia Table Tennis Association, Sunraysia Tae Kwon Do, Mildura Basketball for All and Vision Australia. Other organizations who supported the event, included: Sunbeam Foods, supplied boxes of sultanais; Lower Murray Water, drink bottles; Mildura Fruit Juice, supplied concentrated orange juice. Mildura Lions Club for the BBQ lunch and Rural Access assisted with the planning and printed Certificates for all the students and volunteers from the schools. Sunraysia Residential Services, Sunraysia Community Health and Sunraysia Disability Resource Centre, provided volunteers and staff to assist with the activities and administrative duties on the day.



Tanya Wild
Project Officer

Inclusive Club Coaching Workshop

In March we started discussion with Mildura Netball Association and Netball Victoria about the establishment of an All Abilities Netball Program in Mildura. Before commencing the All Abilities Program, the club and members participate in our Inclusive Club Coaching Workshop. Eleven members of the Mildura Netball Association completed the program.

The seminar covers a number of topics and issues, including:

Barriers people have to participation
How to be more welcoming at your club
Celebration of diversity
Modifying activities to cater for everyone

Why do people join clubs
Looking at the stereotypes, beliefs and values
What makes a %Good & or Bad Coach+

The workshop runs for 2 hours, with a mix of theory and practical components to the course.

Comments from the attendee included:

"Enjoyed the course, found it very informative"

"Found the course very interesting and am going away with some great information and ideas"

By completing this 2 hour workshop, the Mildura Netball Association and members were more confident in undertaking an introduction skill based netball program for people with disabilities in Term 3

Level 1 Sports Trainer

This year we saw a large increase and demand for Level 1 Sports Trainer Courses. Sports Medicine Australia conducted three Level 1 and two Advanced Taping Courses in Mildura from August 2015 to June 2016. The demand and increase was from club enquires and expressions of interest for people to complete the courses at a local level.

With Sports Medicine restructuring the course to 8 hours, instead of 16. This enabled people to complete the course in one day or two half days. With all the anatomy and physiology components completed via an assignment directly to Sports Medicine.

Even with the changes in the course structure, it still covers the essential components needed to become an accredited Sports Trainer. It provides skills on how to prevent and manage injuries on and off the sporting field. Topics covered include: Preventing sports injuries; principles of injury management; sports taping; sports nutrition; transporting the injured athlete; common sporting illness, injuries and medical conditions

There has been a high number of people complete these courses with participants from 20 different sporting clubs and codes.

Three Level 1 Courses . 33 participants , 2 Advanced Taping course. 26 participants



Tanya Wild
Project Officer

VicHealth Regional Sport Program

Mildura

The VicHealth Regional Sport Program will support growth in physical activity through sport while also increasing the availability and supply of water in community sport.

Water:

Community sport can enable healthy lifestyles through championing and supporting water as the beverage of choice

Sunraysia T20 Blast - Making the Switch!

Sunraysia Cricket Association and Mallee Sports Assembly teamed up to be promote water as the beverage of choice to local T20 Blast Cricketers, from October to December 2016.

We encouraged clubs, players and spectators to consider making the switch to water from sugary drinks during the 8 weeks of the T20 Blast Competition, which was targeted at children aged 7 to 11 years old. Over the course of the 8 weeks, there were 7 clubs participating in the competition with over 120 children playing 1 ½ hours of cricket each week. The club were on a roster to provide a BBQ and some drinks to purchase, with water encourage over other sugary drinks each week.

Information was handed out, and displayed on VicHealth's **H30 Challenge**. The **H30 Challenge** asks people to make a 30-day pledge to replace sugary drinks with water. The aim of the challenge is to help establish healthier habits, with water becoming the main choice of beverage in the long-term. Sugary drinks include sugar-sweetened soft drinks, energy drinks, fruit drinks, sports drinks, ready-to-drink iced tea, flavoured water and cordial.



VicHealth Regional Sport Program

Mildura

Sport

Creating and delivering new sport participation opportunities that addresses the needs of those who are inactive or somewhat active to become more active through sport.

Try the Game –Archery

This new program from VicHealth is looking at individuals and groups within our community who are inactive or somewhat active. To address this, we started discussion with an expression of interest with students at FLO-Connect, Chaffey Secondary College and Red Cliffs Secondary College, on sports or activities that they would like to learn or try. A number of different sports were identified including Tae Kwon Do, Canoeing and Archery were on top of the list.

A partnership with Mallee Sunset Field Archery Club, MSA, and the schools was successful. In Term 2 we commence a 4 week program to teach the basic skills of the sport to the students. The club was very accommodating by providing equipment, coaching to the participants to give them the opportunity to try archery a go and test their skill levels at different shooting lengths. Over the four weeks 20 students from Chaffey Secondary and FLO-Connect participated and completed the program.

Through these sessions, students gained greater confidence in themselves and their ability to hit the targets more regularly and accurately.



Women's AFL Football

In August 2015, two young women started the discussion around Women's Football in Sunraysia. Their question was *Why is there no AFL Women's Football in Sunraysia?*

The overwhelming interest in Women's AFL Football came through various avenues. First with come and try skills sessions, a demonstration match before Millewa Grand Final, in September 2015 and expression of interest from players.

To continue the wave of enthusiasm for the sport an AFL 9's style competition was developed in February 2016. With over 25 women aged 16 to 40 interested in playing AFL Football. The six week program was a success, with the idea to build and develop the skills of the women, before commencing a full competition in April 2016.

The women who attended and participated in the AFL 9's pre-season competition, were from a variety of backgrounds, skill levels and abilities. Some women had not play sport in a while, other played regularly.

With the amount of interest and number of women, there was enough numbers to field 4 full teams, in a full version of AFL Football. Once the games commenced they were slightly modified with 15 minute quarters and a small ball.

The program was partnership led by AFL Sunraysia, Millewa Football League, Mallee Sports Assembly, and 2 the individuals who started it all, with WHY?



Tanya Wild
Project Officer

The Mallee Sports Assembly launched the 2016 Calendar of Events across the four local government areas of Mildura, Swan Hill, Gannawarra and Buloke.

Five hundred calendars were printed and distributed to sport and recreation groups across the above municipalities. For the ninth consecutive year the calendar is sponsored exclusively by Bendigo Bank. “Both Bendigo Bank and Mallee Sports Assembly are in the business of supporting communities making this partnership a very natural fit”. Mildura Branch Manager said.

The calendar aims to encourage participation and activity and provides advice and guidance in particular for those who are the least active, people with disabilities and residents from multi-cultural and lower socio-economic backgrounds. The calendar highlights the broad range of activities available across the four municipalities and is also a way of raising the profile of the different clubs and associations that exist in the communities.



Objective: To acknowledge volunteers who make a positive difference in the lives of others through support and encouragement, often with self-sacrifice and without personal gain.

Swan Hill Neighbourhood House

In celebration of International Day a special presentation of Mallee Sports Assembly Sport & Recreation Volunteer award was made to Maureen Hewitt by Lea Johnson . Swan Hill Neighbourhood House and Delia Baber . Mallee Sports Assembly

Maureen was nominated by Swan Hill Neighbourhood House for all her years of volunteering and making changes to people's lives. Maureen's dedication is appreciated by both Swan Hill Neighbourhood House and Mallee Sports Assembly.



Swan Hill Croquet Club

Swan Hill Croquet Club nominated Sheila Wilkinson for the Mallee Sports Assembly Sport & Recreation Volunteer award. Sheila has provided outstanding service for her club for many years, often putting others ahead of herself. Sheila has worn many caps including captain of the pennant team, catering, keeping order in the kitchen, completing weekly draws and scoring. Sheila has dedication to developing opportunities of participation in croquet to people with disabilities.



Mildura

One thousand students, teachers, integration aides and parents were part of the Disability Awareness Program (DAP) this financial year.

Mallee Sports Assembly was thrilled to be able to offer and deliver the Disability Awareness Program to our local primary schools. This program was facilitated by MSA Project Officer Elena Nemtsas and Tanya Wild. It was well received with feedback from all participating schools continued to be positive and reinforced relevance and benefits of the Disability Awareness Program.

Schools who took the opportunity to encourage learning and experience around Disability Awareness were The Lake Primary School, Trinity Lutheran College, Our Lady of the Sacred Heart Primary School, Nichols Point Primary School and Merbein P-10 College.

Feedback from Teachers

DAP provided our students with hands on opportunities to experience what it can feel like to have a disability. The students were engaged in the program and enjoyed the activities you provided.

It was great that you were able to get the message across about even though people have a disability, it shouldn't stop you from doing the things you love and enjoy doing! Thank you to Elena and Tanya. (sic)

This was an excellent presentation/program.

Enormous learning experiences for the children

Excellent presentation

It was interesting to see (or not see) how simple tasks/ activities could be done and how we can make use of all our senses when you are limited/impaired in some way.

Hands on Activities were extremely beneficial.

It was good for the children to experience some of the disabilities/impairments people may have so they can be more understanding and aware.

Our Children are more likely to show respect and care for others now they are aware of various disabilities overall.

Feedback from the Students

It was weird and great.

I felt sorry for all the people who have disabilities 24/7.

It was not the best feeling of how it is to have a disability, but it was ok. It was nice to get a feeling of how it is to have a disability.

I felt happy about today and all the fun things we did.

I felt sad, sorry and happy.

I felt a bit sad for people with disabilities, because they have hard days and may feel left out.

I felt sad because people were laughing at me, so I feel sad for people who have a disability all the time.

I felt good today.

I felt weird, special and safe.

I felt frustrated.

I had a lot of fun doing this activity.

I felt left out, different, sad, angry, shy and slow.

It was fun, we got to dress up.

I loved how we got to feel how other special people feel, but I don't.

As you can see from comments above, media coverage and photos included in the report the Disability Awareness Program is a very hands on which enable students to really put themselves in to the position of having to adjust how and what they do and say.

As you can see from comments, media coverage and photos included in the report the Disability Awareness Program is a very hands on which enable students to really put themselves in to the position of having to adjust how and what they do and say.

Mildura continued

With clear information, examples and explanations this helped the students understand that limited abilities doesn't stop you from being involved in life, in particular in sport.

We continue to increase our knowledge with further education and further evaluation of program delivery and feedback.



Elena Nemtsas
Project Officer

Swan Hill

Mallee Sports Assembly volunteer Maureen Hewitt co facilitated Disability Awareness Workshops with MSA Project Officer Delia Baber for SuniTAFE Aged Care & Disability students and also local Primary Schools. This year the TAFE students explored Swan Hill Steggall All abilities Park partnering up with a person with a mock disability such as vision impairment with glasses or goggles, crutches, wheelchair, or slings. The students also played tunnel ball with their disability using a bell ball. These activities provide a greater awareness of communication and difficulties faced by people with disabilities. Maureen also discussed her person centre plans, the changes she has seen in her life, and shared some of her written stories.



Delia Baber
Project Officer

For the 2015-16 year Good Sports has reviewed the target accreditation for club visits and community awareness for the MSA Mildura area to 6. In the past 12 months Good Sports has reverted from 4 accreditation levels to three. All clubs that were accredited Level 0 (no alcohol) have been converted to Level 3 of the program. New clubs that come in the program all start at Level 1

In 2015-16 Mallee Sports Assembly accredited 7 clubs (1 above the requirement) being:-

| | |
|-----------------------------------|---|
| Red Cliffs Golf Club . L3 | Mildura City Soccer - Club L3 monitor |
| Irymple Bocce Club - L3 monitor | Red Cliffs Fire Brigade Cricket Club . L3 monitor |
| Life Style Plus . L3 monitor | Sunraysia Rugby League (new) |
| Robinvale Storm Rugby Club (new). | |

During this year two new associations/clubs registered to join the program.

I attended meetings of the Mildura Liquor Accord. These meetings were attended by representatives from Victorian Commission as well as local police and liquor outlets. I have developed a strong network with the local police as well as Department of Justice (liquor licensing). By attending these meetings it keeps you abreast with the liquor licensing laws, compliance and liquor issues.

With the closure of the Extranet site and the introduction of the Salesforce site, I have attended 3 %Go To Meetings+covering the following:

- 19.10.15 - Introduction to Salesforce (Terminology, The look & feel and reasons for change)
- 27.10.15 - A clubs perspective (What they see and how they engage with Project Officers)
- 05.11.15 - A Project Officers perspective (Program basics, accreditation process and new features)

As well, I attended Salesforce Training in Melbourne on the 23.11.15 and the new Salesforce site went live on the 11th Decembers, 2015.

Mallee Sports Assembly negotiated with David Zacher to deliver the Responsible Service of Alcohol courses in the Mildura area. The following RSA courses were held:

| | | |
|----------|-----------------|------------------|
| 10.11.15 | 25 participants | 7 sporting clubs |
| 25.02.16 | 18 participants | 1 sporting club |
| 16.03.16 | 25 participants | 7 sporting clubs |
| 13.04.16 | 19 participants | 9 sporting clubs |
| 08.06.16 | 12 participants | 1 sporting club |

With a total of 99 volunteer participants from 25 sporting clubs being trained and accredited in the Responsible Service of Alcohol course.

A Liquor Licensing Course was conducted at MSA for Ouyen United Football Netball Club for 3 club volunteers. This is a new club merger of Ouyen and Underbool Football Netball Clubs and as a consequence they had to update their Liquor Licenses at Ouyen and Underbool sites. Before the Victorian Commission of Gambling and Liquor Regulation would issue a new license their volunteers had to complete the Liquor License course.

I would personally like to thank Good Sports Victoria, Australia Drug Foundation, Victorian Commission for Gambling and Liquor Regulation, Victoria Police, Mildura Liquor Accord, David Zacher and especially all the local accredited Good Sports clubs



Jeanette Worthington
Good Sports Project Officer

2015/16 Breakdown of Accredited Clubs -

Level 1

| | |
|--------------------------------------|-----------------------------|
| NorthWest Motorcycle Club | Sunraysia Field & Game |
| Sunraysia Eight Ball Association | Mildura & District Ski Club |
| Wentworth District Rowing Club (NSW) | |

Level 2

| | |
|-----------------------------------|-----------------------------------|
| Mildura Rowing Club | Irymple Football Club (withdrawn) |
| Murrayville Football Club | Mildura Kart Club |
| Mildura Bowls Club | Meringur Football Club |
| Gol Gol Hawks Football Club (NSW) | |

Level 3

| | |
|--|---|
| Mildura Motorcycle Club | Ouyen United Football/Netball Club |
| Merbein Football Netball Club | Nangiloc Football Netball Club |
| Mildura Speedway Drivers Club | Red Cliffs Lawn Tennis Club Inc |
| Sunraysia Softball Association | Mildura Settlers Cricket Club |
| Bambill Football Netball Club | Ouyen Lawn Tennis Club |
| Mildura Lawn Tennis Club | Hawks Baseball Club |
| Sunraysia Football Umpires Association | Wanderers Baseball Club |
| Sacred Heart/St Andrews Tennis Clubs | Mildura Football Club |
| Werrimull Football Netball Club | Werrimull Football Club |
| Mildura East Cricket Club | Irymple Bowls Club |
| Sunraysia Dirt Karters Club | South Mildura Sporting Club |
| Kenny Park Tennis Club | Red Cliffs Football Netball Club |
| Riverside Golf Club | Imperial Football Club |
| Cardross Football Netball Club | Robinvale Football Club |
| Saints Baseball Club | <i>Workers Gol Gol Cricket Club (NSW)</i> |
| Merbein South Cricket Club Inc | Eagles Baseball Club |
| Mildura Basketball Association | Mildura Workingman's Bowling Club |
| Merbein Bowling Club | <i>Red Cliffs Golf Club 1.7.15 L3</i> |
| <i>Mildura City Soccer Club Monitoring</i> | <i>Irymple Bocce Club 14.10.15</i> |
| <i>Red Cliffs Fire Brigade Cricket Club 15.10.15</i> | <i>Lifestyle Plus Mildura</i> |

Level 0 (Alcohol free clubs)

| | |
|--|--|
| Sunraysia Tae Kwon Do | Irymple Junior Football Club |
| <i>Sunraysia Rugby League – HSE – 03.08.15</i> | <i>Robinvale Storm Rugby Club – 03.08.15</i> |
| Nichols Point Soccer Club | Diving Sunraysia |
| Three Colours Soccer Club | Mildura Powerlifting Club |
| Mildura & District Little Athletics | <i>Mildura Alcheringa Pony Club</i> |
| Ouyen Gymnastics Club | |

Healthy Sporting Environments



Partners: Mallee Sports Assembly, Sporting Clubs, Organizations and Volunteers

The *Healthy Sporting Environments* program supports grassroots sports clubs to become healthier, welcoming and more inclusive. leading to greater participation in sport and improved health and wellbeing within communities. This is achieved through a process of club engagement based on the provision of adequate resources and working modules.

Swan Hill:

Congratulations to Swan Hill Soccer League, Swan Hill Gymnastics Club, Nyah West Golf Club and Nyah District Bowling Club for their dedication to make positive improvements to their club.

In appreciation of their involvement in the Healthy Sporting Environment Program (HSE) Mallee Sports Assembly presented the clubs with framed HSE certificates for their efforts of participating in the 6 healthy Sporting Environments Program modules. Thanks to all clubs that participated in the HSE program which is now complete.



Northern Mallee Community Partnership successfully received a grant for delivery of Project Ice through sporting clubs in the Mildura, Merbein, Red Cliffs, Ouyen and Robinvale area. This grant was auspiced by the Mallee Sports Assembly.

The Project Ice evaluation recommended:

Community Ice information sessions should continue to be a strong element of any future campaigns.

- That the next stage of Project Ice should target specific cohorts at risk from the effects of Ice, including youth, Indigenous people and people from low socio-economic backgrounds.
- That the project should expand into a whole healthy living approach. This grant would allow this by linking Project Ice in with promotion of sports.
- That the project should expand into a whole healthy living approach. This grant would allow this by linking Project Ice in with promotion of sports

Objectives

Project Ice Sport will draw from the community spirit of rural sporting clubs, the initiative will support collaborative community action to address ice use through three main proposed objectives

1. To continue Project Ice Mildura information sessions into all sporting codes, to raise awareness of the dangers of taking ice. Focusing on sporting clubs initially we will reach at-risk groups whilst being in a safe and supportive environment.
2. To embed drug policies into sporting clubs using existing structures to ensure the long term sustainability and awareness, e.g. through boards, committees, coaches, families and players. To develop an effective drug policy that aligns with the Good Sports Program.
3. To support grassroots community action from groups in the designated communities of Robinvale, Ouyen, Red Cliffs, Mildura and Merbein to design innovative grassroots community responses to ice.

Information Forums and Project ice Sport Days were held at the following:

1. Lifestyle Plus Mildura - Project Ice Sport Week - 300 Information Bags distributed
2. Loddon Mallee Recreation Forum - 10 Information Bags distributed
3. Riverside Raiders - 100 Information Bags distributed
4. Sunraysia Softball Association - Project ice Sport Round - 300 Information Bags distributed
5. Sunraysia Cricket Association- Project Ice/Headspace Grand Finals - 200 Information Bags distributed
6. South Mildura Sporting Croup - Project ice Information forum - 140 Information Bags distributed
7. Merbein Community Sporting Clubs meeting - 12 Information Bags distributed
8. Ouyen Sporting Clubs- Project Ice Information forum- 130 Information Bags distributed
9. Milleva Football League - Mega Day at Gol Gol Hawks FNC - 500 Information Bags distributed
10. Lions Club of Merbein - Ex-user Journey on Ice - 30 Information Bags distributed
11. Red Cliffs Football Netball Club - Project ice Information Forum including the effects on a family from a sibling point of view - 90 Information Bags distributed.

Information bags contained ice fact sheets as well as Local Services Help numbers. Laminated A3 Local Service Help Numbers were also available for clubs to display within the clubrooms. Illegal Drug Policy template were made available for all club.

Barriers and challenges faced:- Information sessions were not able to be delivered to clubs/associations that do not have club rooms but they are still happy to receive the Information Bags containing Ice Fact Sheets and Local Services Help Lines so that they could be given out at their local competitions.

Successes/achievements

- All groups that have been approached have only been too willing to have Project Ice Sport presented to their club.
- The reformed Ice Addict and sister of an Ice Addict had very positive effects on their audiences with emails and phone calls to Mallee Sports Assembly expressing their gratitude for this educational program to be continued to be delivered. So from this our information sessions will incorporate a section with either a reformed Ice Addict or a family member affected from Ice

Successes/achievements continued

- The reformed Ice Addict and sister of an Ice Addict had very positive effects on their audiences with emails and phone calls to Mallee Sports Assembly expressing their gratitude for this educational program to be continued to be delivered. So from this our information sessions will incorporate a section with either a reformed Ice Addict or a family member affected from Ice
- With approx 1812 information bags containing facts on ice and local services help lines being delivered to sporting communities from young people to elderly. The willingness of people to take the information facts so that they can be more educated on this drug.
- Sporting clubs are now more open to speak on the issues that this drug has caused and happy to educate their players, coaches and supporters. Sporting clubs will now seek help for a member with a drug issue and will happily embed a Drug policy within their club.

Quotes

“Well presented and engaging”

“It was all very informative”

“Educated me on the perils”

“Any information that can be gained can only be good”

“Keep up the great work”

“You made it interesting for all ages”

“Never will I take/touch drugs!”

“Having the power point and involving everyone”

“It was very informative. Thanks for coming to talk to us” (Underbool session)

“What to do if someone comes to talk to you about their ice problem”

Jeanette Worthington
Project Officer



Indigenous Women's Programs

Mingle & Move for Parents and Bubs

Mingle and Move for Parents and Bubs was held at Kunawaa Preschool with dance instructor Natasha. The program began 9th March and was planned to continue until the end of first term, however due to popularity this continued until 4th May. This was fun for both parents and bubs participating in fun dance activities coordinated by Natasha Gerakis from Strike a Pose Dance Academy. Swan Hill

Indigenous Women's Healthy Lifestyles

The Indigenous Women's Healthy Lifestyles Program was held at Swan Hill College FLO campus, utilizing their great kitchen facilities and gym. The six week program included various physical activity opportunities, health professionals discussing nutrition, healthy diet and lifestyle plus group discussion of barriers to physical activity and what activities they would like to participate in and how or if the opportunities could be made. During the group discussions several gaps were discovered resulting in Boot Camp for Beginners, Aqua for Women and Music and Movement and being organised.

Aqua Classes

Aqua was held at Swan Hill Leisure Centre on Thursday's at 12:00pm with free child care available in the centre's creche for participants children, as the lack of child care is a barrier for participation. Due to popularity these sessions were extended for an extra four weeks and continued until the end of June 2016.

Bootcamp for Beginners

Bootcamp for beginners was held in conjunction with the existing Bootcamp class and an extra instructor provided support to beginners. This program has been great for the fit and not so fit to get into boot camp. Which has provided an opportunity for beginners to gain skills and feel confident enough to join in with regular sessions. Overall the Indigenous Women's Program has been a great success, it's hoped that additional funding can be sourced to continue providing physical activity opportunities and healthy lifestyle education for Indigenous women.



Delia Baber
Project Officer

23rd Annual 2014 Merbein & District Community Bank 97.9 Sun FM

Northern Mallee Sports Star Year Awards

The 2015 Merbein & District Community Bank 97.9 Sun FM Northern Mallee Sports Star Gala Awards evening was again held at the Mildura Club Da Vinci on Friday 12th February, 2016 with 300 people in attendance. Mr Bill Sauer was again the MC for the evening interviewing the Sporting Stars+as well as entertaining the audience.

After presenting the Masters, Junior Encouragement, Senior Team, Junior Team, Club, Coach, Administrator, Disability, Aboriginal and Volunteer Awards. Mr Beau Vernon, Leongatha Football Netball Club . Senior Football Coach was the Guest Speaker. Beau spoke of his journey since his freak on-field accident in 2013 as a 23 year old. Beau portrayed his accident, rehabilitation and now his life in a wheel chair. His determination to move forward with his life and how he challenged his ability to be independent and to lead a fulfilling life. Since his accident Beau has married Lucy and they are now about to become parents. In late 2014 Beau approached his beloved footy club after watching their performances and asked that if he applied for the position would the club accept it. In 2015 he was appointed the senior football (AFL) coach of the Leongatha Football Club and he has introduced new policies and the club has become more family focussed. In his first year he has taken the club from near the bottom of the ladder to playing off in the Grand Final and falling just short of winning the premiership. Beau is such a great inspiration to everyone and his ability to deal with what has been dealt and not feel sorry for himself.

With the final segment of the evening being the announcement of the 2015 Merbein & District Community Bank 97.9 Sun FM Northern Mallee Sports Star of the Year being Joel Ridings nominated by the Mildura Powerlifting Club. Joel was presented with the Peter Manolas Trophy as the 2015 Merbein & District Community Bank 97.9 Sun FM Northern Mallee Sports Star of the Year.



Mallee Sports Assembly congratulates all nominees and winners of the Sports Star awards. The category winners on the night were:

- **Telstra Business Centre (Mildura) Master Athlete** . Greg Rhodes - Golf
- **Lifestyle Plus Junior Encouragement Award** . Cooper Burnham - Brazilian Jiu Jitsu
- **Viatek Senior Team** . Mildura Senior College Baseball Team
- **Leda Ag Junior Team** . The Little Weapon - Junior Speedway Sidecar U16 Team
- **Autosynergy Club Award** - Mildura City Soccer Club
- **City Colonial Motor Inn Coach** . Domenic Zaffina - Football (AFL)
- **Sunraysia Daily Administrator Award** . Vicki Collett . Cricket
- **Rural Access Athlete with a Disability** . Cosi Cirillo . Football (Soccer)/Swimming
- **Department of Justice & Regulation Indigenous Award**. Kamahl Lord - BMX Racing
- **Mildura Rural City Council Volunteer Award** . Greg Rhodes - Life Saving
- **Sporting Blues** . Cosi Cirillo . Swimming

Proud Supporters of the 2015 Northern Mallee Sports Star of the Year

Merbein & District Community Bank,

97.9 Sun FM

| | | | |
|-------------------------|------------------------------------|--------------|---------------------------------|
| Lifestyle Plus | Department of Justice & Regulation | Viatek | Telstra Business Centre Mildura |
| City Colonial Motor Inn | | Autosynergy | Mildura Rural City Council |
| Sunraysia Daily | | Rural Access | Leda Ag |
| WIN TV | | Sportspower | Audisound |
| Mildura Waves | | | Lombard The Paper People |

The Mallee Sports Assembly expresses their gratitude to all the Sponsors for their continued support of the above awards.

Merbein & District
Community Bank Branch **Bendigo Bank**



2015 Award Winners

Merbein & District
Community Bank Branch **Bendigo Bank**



Jeanette Worthington
Project Officer

Mildura, Swan Hill, Gannawarra and Buloke

2015 Country Care Group All Abilities Cricket Carnival
2016 Calendar launch Bendigo Banks of Charlton and Kerang
AAA Regional Network-committee member
ABI Woodwork Program
Access for All Abilities . Club Connections . Swan Hill
Access for All Abilities . Mildura, Swan Hill, Gannawarra and Buloke
Advanced Taping Course
AFL 9s Women's Football
AFL Active . Mildura
All Abilities Lawn Bowls
Aspirations of Young Parents
Basketball for People With Disability-Kerang
Basketball program for People With Disability-Donald
Basketball Vic Training sessions-Birchip Wycheproof
Carpet Bowls for People With Disability-Kerang
Charlton Probus-Guest speaker
Christmas In July for People With Disability-Donald,
Club Seminar (Liquor Licensing) x2 Mildura
Complex Communication Information Session
CPR & 1st Aid course. Birchip
Disability Awareness Program
Disability Awareness Workshop - Swan Hill Primary School, Sunraysia TAFE
Disability Expo . Mildura Specialist School
Driver Safety Awareness
East End . Committee of Management
East End Community House . Connect, Refresh, Grow Project
East End Community House . Kitchen/Garden Opening
East End Naidoc Day Celebrations
First Aid Course - Murray ACE
Forrest of Christmas Trees
Gannawarra Health & Well-being Network-committee member
Gannawarra Youthworks-Committee member
Golf for People With Disability-Donald ,
Golf for People With Disability-Kerang Golf Club,
Good Sports Mildura
Health, Holiday & Lifestyle Expo
Healthy Sporting Environment Program
Healthy Sporting Environments Program
Home School Group- Archery, Basketball, Athletics, Cricket
Inclusive Club Coaching Workshop
Indoor Carpet Bowls for People With Disability-Charlton
Indoor Cricket program for People With Disability-Donald
Indoor Soccer for People With Disability-Donald
Installation of 2 water stations Donald & Wycheproof by Grampians Wimmera Mallee Water
International Day for People with Disabilities %Let's Celebrate+Mildura
International Day for People With Disability celebrations Donald and Kerang
International Day for People With Disability celebrations Swan Hill
Juvenile Diabetes Walk-Birchip,
La Trobe University . Market Day- Mildura
LAN (Local Aboriginal Network)-Committee Member

Lawn Bowls for People With Disability-Kerang
Lawn Tennis for People With Disability -Donald
Level 1 Sports Trainer Course- Midlura, Swan Hill Donald
Lower Murray Water . Water Promotion
Mallee Family Care . Mental Health support group
Mallee Women
Mates Mentoring program-1 student from Wycheproof P-12 College .
MATES program-Launch of DVD
Mediation & Tribunals- Mildura
Mental Health Awareness
Mildura Junior Football Netball Club . Water information sessions and Canteen
Mildura Liquor Accord
MMLLEN VET in Schools Students Excellence Awards
Mooving Mums & More-Cohuna,
Movement to Music
MSA Sport & Recreation Volunteer Award presentation
Northern Mallee Community Partnership . Collective Impact, Project Ice
Nudge process: Wycheproof-Narraport Football Ladies Aux and Koondrook Barham FNC-
Nyah West Walking Group Picnic Day
PCP . Building Socially Inclusive Rural Communities workshop
Physical Activities for People With Disability-Donald,
Play Golf program-Cohuna
Progressive Unity Swan Hill Disability Network
Project Ice Sport- Mildura
Regional Lawn Bowls for People With Disability -Stawell
Regional Sport and Recreation Program . Mildura, Swan Hill, Gannawarra and Buloke
Regional Sport Program . VicHealth . Mildura, Swan Hill, Gannawarra and Buloke
Regional Sport Victoria Board
Responsible Service of Alcohol course Mildura
Robinvale School Holiday Youth Program
Score Launch . Mildura
SMPCP Mental Health & Wellbeing
SMPCP Mental Health & Well-being network (Buloke/Gannawarra)-Committee Member
SMPCP Promoting Healthy Lifestyle network (Buloke/Gannawarra)-Committee Member
SMPCP Promoting Healthy Lifestyles
SMPCP Strategic Health & Wellbeing Partnerships
Soccer 4 All- Midlura
Sport & Recreation Program- Country Action Grant- Indigenous Programs
Sports Link . Sporting Blues- Mildura
Sports Medicine Level 1 Sports Trainer course & Reaccreditation
Sports Star- Mildura
Street Soccer- Mildura
Sunraysia Academy of Sport Committee
Sunraysia TAFE Annual Awards
Swan Hill Community Services Network
Swan Hill Drug & Alcohol Committee
Swan Hill Health & Wellbeing Network
Swan Hill Leisure Centre
Swan Hill Mental Health and Related Services- Information & Networking Day
Swan Hill Neighbourhood House Committee and OH&S
Swan Hill Regional All Abilities Bowls
Swan Hill Rural City Council
Swan Hill Rural City Council Disability Action Plan

Swan Hill Settlement Services
T20 Blast Cricket . Water Partnership- Mildura
Table Tennis for People With Disability Donald
Tennis for All- Mildura
Training for Food Outlets
Try the Game . Archery-Mildura
VicSport Retreat
Volunteers Day
Volunteers Week - Mildura
Wheel talk
Women's Business
Woorinen South Walking Club - celebrated 25 years
Work Experience Mildura, Wycheproof & Mildura
Working with people from Refugee Background
Wycheproof Community Resource Centre . Vice President
Year 9 %Active Youth Program %Charlton
Year 9 %Active Youth+Program-Birchip
Zest Fest

2015-2016 Financial Members

| | |
|---------------------------------------|--|
| Shirley Boulton (Life Member) | Irymple Basketball Association |
| LenSpence (Life Member) | Irymple Bowling Club |
| Nathan Bruinhout | Irymple Football Netball Club |
| Greg Cooke | Irymple Junior Football Club |
| Marion Craig | Irymple Secondary College |
| Phil Gee | Irymple South Primary School |
| Angela Hird | Irymple Swimming Club |
| Robinson | JKAA Karate |
| West | Kenny Park Tennis Club |
| Bambill Football Netball Club | Kerang Badminton Association |
| Bears Softball Club | Kerang Bowling Club |
| Berriwillock Bowls Club | Kerang Football & Netball Club |
| Birchip Bowls Club Inc | Kerang Junior Hockey Association |
| Birchip P-12 School | Koondrook/Barham Football Netball Club |
| Birchip Watchem Netball Club | Lake Boga Bowling Club |
| Border Western Horse Group Inc | Lake Boga Football Netball Club |
| Bears Softball Club | Lakeside Golf Club |
| Bowls Sunraysia | Leitchville Bowls Club |
| Cardross Cricket Club | Macorna Football Netball Club |
| Charlton Badminton Club | Mallee Chapter Harley Owners |
| Charlton Basketball Association | Mallee Sunset Field Archers |
| Charlton Bowling Club Inc | Mallee Touch Association |
| Charlton College | Merbein Football & Netball Club |
| Charlton Croquet Club | Merbein-South Cricket Club |
| Charlton Football Club | Mildura & District Little Athletics Centre |
| Charlton Golf Club | Mildura Alcheringa Pony Club |
| Charlton Hockey Club | Mildura and District Ski Club |
| Charlton Lawn Tennis Club Inc | Mildura Basketball Association |
| Charlton Netball Club | Mildura Basketball for All |
| Cohuna Bowls Club Inc | Mildura BMX Club |
| Cohuna Model Flying Club Inc | Mildura Calisthenics Club |
| Coomealla Golf Club | Mildura Clay Target Gun Club |
| Coomealla Triathlon Club | Mildura Club Da Vinci Inc. |
| Culgoa Bowling Club | Mildura Desert Divers Club Inc |
| Donald Amateur Basketball Association | Mildura Dragon Boat Club |
| Donald Angling Club | Mildura Football/Netball Club |
| Donald Bowls Club | Mildura Golf Resort |

2015-2016 Financial Members continued

| | |
|---|--|
| Donald Croquet Club Inc | Mildura Gymnastic Club |
| Donald Football Club | Mildura Harness Racing Club |
| Donald Golf & Bowls Club Inc | Mildura Go-Kart Club Inc |
| Donald Hockey Club | Mildura Lawn Tennis Club |
| Donald Lawn Tennis Club Inc | Mildura Life Saving Club |
| Donald Netball Club | Mildura Motorcycle Club |
| Eagles Baseball Club (Mildura) | Mildura Murray Masters Swimming Club |
| Football Federation Victoria - Sunraysia | Mildura Pistol Club |
| Fusion DrillDance Teams | Mildura Powerlifting Club |
| Gannawarra Shire Council | Mildura RC Car Club |
| Gol Gol Hawks Football Netball Club | Mildura Roller Derby |
| Hawks Baseball Club | Mildura Rowing Club |
| Irymple Basketball Club | Mildura Rural City Council |
| Mildura Settlers Cricket Club | Sunraysia Gliding Club Inc |
| Mildura Speedway Drivers Club Inc | Sunraysia Hockey Association |
| Mildura Sports Aviation | Sunraysia Radio Control Car Club |
| Mildura Swimming Club | Sunraysia Rugby League |
| Mildura United Soccer Club | Sunraysia Softball Assoc Inc |
| Mildura West Cricket Club Inc | Sunraysia Swimming Inc |
| Mildura Workers Bowls Club | Sunraysia Table Tennis Association |
| Millewa Cricket Club | Sunraysia Taekwon Do |
| Millewa Football League | Sunraysia Volleyball Inc |
| Mt Wycheproof & District Field & Game | Sunraysia Willowfest Inc. |
| Murdoch Community Connections | Swan Hill Bowls Club Inc |
| Murrabit Lawn Tennis Club Inc | Swan Hill Canoe Club |
| Murrabit Netball Club Inc | Swan Hill Cricket Club |
| Murray Adult Community Education | Swan Hill Croquet Club |
| Murray Darling Golf Assoc | Swan Hill Gymnastics Club Inc |
| Nangiloc & District Football Club | Swan Hill Neighbourhood House Inc |
| Northern District Health Services | Swan Hill Racecourse Bowls Club |
| Nullawil Football Club | Swan Hill Soccer League Inc |
| Nullawil Netball Club | Three Colours Soccer Club Inc |
| Nyah District Bowling Club Inc | Tooleybuc Managatang Football Netball Club |
| Nyah District Pony Club Inc | Tornadoes Baseball Club |
| Nyah Nyah West United Football Netball Club | Tri State Car Club |
| Nyah West Golf Club Inc | Tyntynder Football Club |
| Ouyen Bowls Club | Vision Australia |
| Ouyen Golf Club | Wanderers Baseball Club |

| | |
|--|--|
| Ouyen Lawn Tennis Club | Sunraysia Dirt Karters |
| Ouyen United Football & Netball Club Inc | Sunraysia Drag Racing Association |
| Quambatook Football Netball Club | Sunraysia Eightball Association |
| Red Cliffs Bowling Club | Sunraysia Field & Game Inc |
| Red Cliffs Fire Brigade Cricket Club | Sunraysia Football Netball League |
| Red Cliffs Football Netball Club | Sunraysia Football Umpires Association Inc |
| Red Cliffs Lawn Tennis Club | Wentworth & District Football Club |
| Red Cliffs Secondary College | Wentworth District Rowing Club |
| Riverside Golf Club Inc | Werrimull Football/Netball Club |
| Robinvale Euston Football/Netball Club | Woodbine Inc |
| Robinvale Lawn Tennis Club Inc | Woorinen Football Netball Club |
| Sacred Heart/St.Andrews Club | Woorinen South Walking Club |
| Saints Baseball Club | Workers Gol Gol Cricket Club |
| Sea Lake & District Community Centre | Wycheproof & District Lawn Tennis Club Inc |
| St Joseph's College Mildura | Wycheproof Bowls Club |
| Sunraysia Academy of Sport | Wycheproof Community Resource Centre |
| Sunraysia Baseball League Inc. | Wycheproof Narraport Football Club Inc |
| Sunraysia Cricket Association | Wycheproof-Narraport Netball Club Inc |
| Sunraysia Darts League | Wycheproof P12 College |

Acknowledgements - Major Supporters



Supported by
State Government
Victoria



3SH . Swan Hill
Aaron Wharton
Aboriginal Community Development Broker-RDV
Adam Thomson
AFL Active
AFL Country Victoria Sunraysia
AFL Vic Country
Alisa Kane
Alzheimers Australia
Amy Nicholson-Charlton
Andrea Scott-School Nurse, Charlton College
Andrew Downes and Tania Peters-Vict. Police Swan Hill
Annecto
Apryl Start-Charlton
Arthritis and Osteoporosis Victoria
Aspirations of Young Parents
Asthma Australia
Audisound
Autosynergy
AV Trophies
Bambill Football Netball Club
Banjos Bakehouse - Mildura
Barefoot Beauty & Wellness
Bendigo Bank
Bendigo Bowling Centre
Bendigo Caravan Centre
Bendigo Health Care Group
Bendigo Karate
Bendigo Special Development School
Bill Sauer
Birchip Bowling Club
Birchip Diabetes Support Group
Birchip Golf Club
Birchip P-12 School
Bowls Australia
Bowls Australia and Scott Nicholas
Bowls Victoria

Acknowledgements -

Major Supporters continued

Bowls Victoria and John Emerson
Brenda Doran-Birchip
Bullocks Head Tavern-Donald
Buloke Shire Council and staff (all offices)
Buloke Times-Donald
Carol Elliott-School Nurse
Carol Reid-Birchip
Central Murray Football Netball League
Centrelink-Swan Hill
Chaffey Secondary College
Chances for Children
Charlton College,
Charlton Croquet Club
Charlton Football Club
Charlton Indoor Carpet Bowls Club
Cheri Walsh-Charlton
Chloe Walsh-Work Experience student
City Colonial Motor Inn
Clontarf Academy- Mildura
Cohuna Golf Club
Coles Swan Hill
Committee of Management-MSA
Cosi Cirillo
Country Care Group
Cricket Victoria
Cricket Victoria . Murray Mallee Region & Community Programs Department
David Zacher
Dawn Ferrier
Department of Health & Human Services
Department of Justice & Regulation
Dept Health & Human Services-Victoria
Diana Ridley
Disability Sport and Recreation
Donald Amateur Basketball Association-Donald
Donald Football Club
Donald Golf Bowls Donald High School
Donald Lawn Tennis Club
Donald Primary School
Driver Safety Awareness
E.W.Tipping Foundation
Eagles Baseball Club
East End Community
East End Community House

Acknowledgements -

Major Supporters continued

East Wimmera Health Service
Eddie Bade-Corio
eWorks-Kerang
FLO
FLO Co-Ordinator-FLO-Connect
Football Federation Sunraysia
Gannawarra Neighbourhood House-Cohuna
Gannawarra Shire Council
Gannawarra Times-Kerang
Gill Fawcett-Wycheproof
Golden Groovers Exercise Group
Golf Victoria
Good Sports Program
Grampians Wimmera Mallee Water
Greg Currie- Good Sports Kerang
Head Space Mildura
Healthy Together Mildura
Hearing Australia
Imperials Football Netball Club
Indigenous Womenq
Indigenous Womenq Health & Wellbeing
International People With Disability -Melbourne
Irymple Bocce Club
Irymple Secondary College
Jacinta Miller-School Nurse
James Huckson
Jazzmin Phillips-Charlton
Jeanette Young
Jilarty Café
Jim Hirst-School Focused Youth Service-Kerang
Jimmyq Self Defence
Jo Jos Pizza-Bendigo
Jumpz-Bendigo
Kalianna Special School
Kaylea McQuade-Netball Victoria
Ken Whitehall-Corio
Kerang Aboriginal Community Centre
Kerang Amateur Basketball Association-Kerang
Kerang Bowling Club
Kerang Football Netball Club
Kerang Get It DoneKerang Golf Club
Kerang Indoor Carpet Bowls Club

Acknowledgements -

Major Supporters continued

Kerang Lawn Tennis Club
Kerang Technical High School
Kim Bish-Wycheproof
Koondrook Barham Football Netball Club
Kunawaa Preschool
Lake Boga Football Netball Club
Lachlan Smith-Sports Central (Ballarat)
Lakeside Golf Club
Latrobe University
Life Style Plus
Lifetime Books-Bendigo
Lions Club of Merbein
LM Dance School-Bendigo
Loddon Mallee Carers Group
Loddon Mallee Recreation Forum
Louise Connolly Massages
Lower Murray Water Board
MacKillop College
MADEC
Mallee District Aboriginal Service
Mallee Family Care
Mallee Meats and More
Mallee Sunset Field Archery Club
Marion Craig
Mark Bamford-Golf Victoria
Mary-Anne Pollard-MATES program
Maureen Hewitt - Volunteer
McCallum Day Services-St
McGrath Foundation
Mental Health Carers Group
Merbein and District Community Bank Branch Bendigo Bank
Merbein Community Sporting Clubs
Merbein P-10 College
Mildura Alcheringa Pony Club
Mildura and District Little Athletics Club
Mildura Basketball Association
Mildura Basketball for All
Mildura City Soccer Club
Mildura District Aboriginal Services
Mildura Fruit Company
Mildura Fruit Juice
Mildura Home School Network

Acknowledgements -

Major Supporters continued

Mildura Junior Football Netball Club
Mildura Lawn Tennis Club
Mildura Liquor Accord
Mildura Netball Association
Mildura Primary School
Mildura Roller Derby
Mildura Rural City Council- Events, Sport & Recreation Departments
Mildura Settlers Cricket Club
Mildura Specialist School
Mildura Waves
Mildura Weekly
Mildura Workers Bowls Club
Millewa Football League
MIXXFM
Movement to Music
Mt Wycheproof Cafe
Murrabit Lawn Tennis Club
Murray ACE . Adult Education
Murray Bulls Rugby League Club
Murray Human Services
Murray Mallee LEN
National Rugby League
Netball Victoria
Nichols Point Primary School
North Central News-St Arnaud
Northern District Community Health Service
Northern Mallee Community Partnership
Nuccia McLean-Wycheproof
Nyah District Bowls Club
Nyah West Golf Club
Nyah West Walking Group
Nyah/Nyah West United FNC
Our Lady of the Sacred Heart Primary School
Ouyen United Football Netball Club
Pinnacle Inc
Progressive Unity Swan Hill
Prostate Cancer Support Group
Quambatook Football Netball Club
Rachel Ferrier - Birchip

Acknowledgements -

Major Supporters continued

Radio 3SH
Red Cliffs Football Netball Club . Junior and Senior
Red Cross
Riverland CLASS
Riverside Raiders
Robinvale Euston Football Netball Club
Robinvale Leisure Centre
Rural Access - Mildura, Swan Hill, Gannawarra & Buloke
Rural Finance Counselling
Santosh (Yoga Instructor)-Birchip
Sergeant Pat Bell . Victoria Police
SES-Wycheproof
Settlement Planning Committee
Sharee Dobson-Birchip
Shari Kelleher
Sharkey Mobility Aids
Showbiz Cinemas-Swan Hill
Simon Swayn Solicitor
Simone Fawcett-Nullawil
Sir John Gorton Library
SMARTFM
South Mildura Sporting Club
Southern Mallee PCP
Sports Medicine Australia
Sports Medicine Victoria
Sportspower Mildura
St Arnaud Travel & Cruise
Stawell Bowling Club
Stawell Times-News
Strike a Pose Dance Studio
Sunbeam Foods
SuniTAFE - Mildura and Swan Hill - Building Studies, Disability & Work Education Department
Sunraysia 97.9 Sun FM
Sunraysia Community Health - Speech Pathologist
Sunraysia Cricket Association

Acknowledgements -

Major Supporters continued

Sunraysia Daily
Sunraysia Disability Resource Centre
Sunraysia Mallee Ethnic Communities Council
Sunraysia Residential Services
Sunraysia Ruby League
Sunraysia Softball Association
Sunraysia Table Tennis Association
Sunraysia Taekwon Do
Swan Hill Adult Day
Swan Hill Canoe Club
Swan Hill College - Sport & Recreation students
Swan Hill Community Services
Swan Hill Croquet Club
Swan Hill Gymnastics Club
Swan Hill Health and Wellbeing Network
Swan Hill Health Promotion
Swan Hill Health Service
Swan Hill Indoor Recreation Centre
Swan Hill Leisure Centre
Swan Hill Mental Health & related services
Swan Hill Neighbourhood House
Swan Hill Netball Association
Swan Hill Police
Swan Hill Primary School
Swan Hill Racecourse Bowls
Swan Hill Rural City Council
Swan Hill Settlement Services
Swan Hill Soccer League
Swan Hill Specialist School
Telstra Business Centre- Mildura
Terry White Chemist - Kerang
The Christie Centre
The Guardian Newspaper
Tyntynder Football Netball Club
The Lake Primary School
Tim Downes - Basketball Victoria
Times Ensign - Sea Lake
Totally Workweat
Trinity Lutheran College
Viatek
VicHealth
VicSport

Acknowledgements -

Major Supporters continued

Victoria Police · Swan Hill, Mildura and Kerang
Vision Australia
Vista - Team Ability
Warracknabeal Herald-Warracknabeal
Watchem Netball Club
Wheel Talk
Wimmera Regional Sport
Wimmera Uniting Care-Horsham
Win Television
Woodbine Inc
Woorinen Football Netball Club
Woorinen South Walking Club
Wycheproof Community Resource Centre Wycheproof-
Narraport Ladies Wycheproof-Narraport Netball Club
Wycheproof P-12 College

Mallee Sports Assembly Incorporated
ABN 23 602 119 389

Financial Statements
For The Year Ended 30 June 2016

Statement of Profit or Loss and & Comprehensive Income

Statement of Financial Position

Statement of Changes in Funds

Statement of Cash Flows

Notes to and Forming Part of the Financial Statements

Committee Statement

Independent Audit Report



MALLEE SPORTS ASSEMBLY INCORPORATED
ABN 23 602 119 389
STATEMENT OF PROFIT OR LOSS & OTHER COMPREHENSIVE INCOME
FOR THE YEAR ENDED 30 JUNE 2016

| | Note | 2016 \$ | 2015 \$ |
|---|------|---------------|------------------|
| Revenue | 2 | 501,772 | 439,677 |
| Employee Expenses | 3 | 321,718 | 350,505 |
| Depreciation | 3 | 11,449 | 14,275 |
| Advertising | | 5,553 | 7,509 |
| Rent | 3 | 25,786 | 28,292 |
| Travelling Expenses | 3 | 9,604 | 25,732 |
| Telephone | | 17,500 | 15,909 |
| Other Expenses | 3(a) | 84,451 | 170,092 |
| Operating Profit/(Loss) for the year | | 25,711 | (172,637) |
| Other Comprehensive Income | | - | - |
| Total Comprehensive Income/(Loss) for the Year | | 25,711 | (172,637) |

The accompanying notes form part of these financial statements.

MALLEE SPORTS ASSEMBLY INCORPORATED
ABN 23 602 119 389
STATEMENT OF FINANCIAL POSITION AS AT 30 JUNE 2016

| | Note | 2016 \$ | 2015 \$ |
|--------------------------------------|------|-----------------------|-----------------------|
| CURRENT ASSETS | | | |
| Cash & Cash Equivalents | 4 | 308,529 | 315,778 |
| Trade & Other Receivables | 5 | 18,642 | 4,747 |
| TOTAL CURRENT ASSETS | | <u>327,171</u> | <u>320,525</u> |
| NON-CURRENT ASSETS | | | |
| Plant & Equipment | 6 | 37,919 | 47,642 |
| TOTAL NON-CURRENT ASSETS | | <u>37,919</u> | <u>47,642</u> |
| TOTAL ASSETS | | <u><u>365,090</u></u> | <u><u>368,167</u></u> |
| CURRENT LIABILITIES | | | |
| Payables | 7 | 23,551 | 24,039 |
| Provisions | 8 | 101,304 | 104,257 |
| Other Current Liabilities | 9 | 40,000 | 69,000 |
| TOTAL CURRENT LIABILITIES | | <u>164,855</u> | <u>197,296</u> |
| NON CURRENT LIABILITIES | | | |
| Provisions | 8 | 10,838 | 7,185 |
| TOTAL NON CURRENT LIABILITIES | | <u>10,838</u> | <u>7,185</u> |
| TOTAL LIABILITIES | | <u>175,693</u> | <u>204,481</u> |
| NET ASSETS | | <u><u>189,397</u></u> | <u><u>163,686</u></u> |
| MEMBERS' FUNDS | | | |
| Reserves | 10 | 9,152 | 9,152 |
| Retained Earnings | | 180,245 | 154,534 |
| TOTAL MEMBERS' FUNDS | | <u><u>189,397</u></u> | <u><u>163,686</u></u> |

The accompanying notes form part of these financial statements.

MALLEE SPORTS ASSEMBLY INCORPORATED
ABN 23 602 119 389
STATEMENT OF CHANGES IN FUNDS FOR THE YEAR ENDED 30 JUNE 2016

| | Note | Retained Earnings | Asset Revaluation Reserve | TOTAL |
|---------------------------------------|------|----------------------|---------------------------------|----------------|
| | | \$ | \$ | \$ |
| Balance at 1 st July 2014 | | 327,171 | 9,152 | 336,323 |
| Loss for the Year | | (172,637) | - | (172,637) |
| Balance at 30 th June 2015 | | 154,534 | 9,152 | 163,686 |
| Profit for the Year | | 25,711 | - | 25,711 |
| Balance at 30 th June 2016 | | 180,245 | 9,152 | 189,397 |

The accompanying notes form part of these financial statements.

MALLEE SPORTS ASSEMBLY INCORPORATED
ABN 23 602 119 389
CASH FLOW STATEMENT FOR THE YEAR ENDED 30 JUNE 2016

| | Note | 2016 \$ | 2015 \$ |
|--|------|----------------|----------------|
| CASH FLOWS FROM OPERATING ACTIVITIES | | | |
| Receipts from grants & customers | | 485,867 | 505,645 |
| Payments to suppliers and employees | | (493,400) | (583,926) |
| Interest received | | 2,010 | 2,198 |
| Net cash (used in) provided by operating activities | 11 | (5,523) | (76,083) |
| CASH FLOWS FROM INVESTING ACTIVITIES | | | |
| Proceeds from sale of property, plant and equipment | | - | 23,800 |
| Purchase of property, plant and equipment | | (1,726) | (31,056) |
| Net cash (used in) provided by investing activities | | (1,726) | (7,256) |
| CASH FLOWS FROM FINANCING ACTIVITIES | | | |
| Payment of borrowings | | - | - |
| Net cash used in financing activities | | - | - |
| Net increase/(decrease) in cash held | | (7,249) | (83,339) |
| Cash at beginning of financial year | | 315,778 | 399,117 |
| Cash at end of financial year | 4 | 308,529 | 315,778 |

The accompanying notes form part of these financial statements.

MALLEE SPORTS ASSEMBLY INCORPORATED
ABN 23 602 119 389
NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2016

Note 1: Statement of Significant Accounting Policies

These financial statements are special purpose financial statements prepared in order to satisfy the financial reporting requirements of the Associations Incorporation Act Victoria. The Committee has determined that the Association is not a reporting entity.

The financial statements have been prepared on an accruals basis and are based on historic costs and do not take into account changing money values or, except where specifically stated, current valuations of non-current assets.

The following is a summary of the material accounting policies adopted by the Association in the preparation of these financial statements. The accounting policies have been consistently applied, unless otherwise stated.

- a. Property, Plant and Equipment (PPE)**
Plant and equipment are carried at cost less, where applicable, any accumulated depreciation. The depreciable amount of all plant and equipment is depreciated over the useful lives of the assets to the association commencing from the time the asset is held ready for use.
- b. Employee Benefits**
Provision is made for the Association's liability for employee benefits arising from services rendered by employees to balance date. Employee benefits have been measured at the amounts expected to be paid when the liability is settled.
- c. Cash and Cash Equivalents**
Cash and cash equivalents includes cash on hand, deposits held at call with banks, and other short-term highly liquid investments with original maturities of three months or less.
- d. Revenue and Other Income**
Grants received on the condition that specified services are delivered, or conditions are fulfilled, are considered reciprocal. Such grants are initially recognised as a liability and revenue is recognised as services are performed or conditions fulfilled. Revenue from non-reciprocal grants is recognised when the Association obtains control of the funds.

All revenue is stated net of the amount of goods and services tax (GST).
- e. Goods and Services Tax (GST)**
Revenues, expenses and assets are recognised net of the amount of GST, except where the amount of GST incurred is not recoverable from the Tax Office. In these circumstances the GST is recognised as part of the cost of acquisition of the asset or as part of an item of the expense. Receivables and payables in the balance sheet are shown inclusive of GST.
- f. Comparatives**
Comparative figures have been adjusted to conform to changes in presentation for the current financial year where required by accounting standards or as a result of a change in accounting policy.

MALLEE SPORTS ASSEMBLY INCORPORATED
ABN 23 602 119 389
NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2016

Note 1: Statement of Significant Accounting Policies (Continued)

g. Key Estimates

Impairment

The Association assesses impairment at each reporting date by evaluation of conditions and events specific to the group that may be indicative of impairment triggers. Recoverable amounts of relevant assets are reassessed using value-in-use calculations which incorporate various key assumptions.

h. New Accounting Standards for Application in Future Periods

The AASB has issued new and amended Accounting Standards and Interpretations that have mandatory application dates for future reporting periods and which the Association has decided not to early adopt. The Association does not expect that these changes will have a material effect on its financial statements.

MALLEE SPORTS ASSEMBLY INCORPORATED
ABN 23 602 119 389
NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2016

| | 2016 | 2015 |
|--|----------------|----------------|
| | \$ | \$ |
| NOTE 2: REVENUE | | |
| Interest | 2,010 | 2,198 |
| Operating Grants | 414,167 | 365,510 |
| Member Subscriptions | 3,516 | 4,554 |
| Profit on Sale of Assets | - | 1,655 |
| Sponsorship & Donations | 16,138 | 15,433 |
| Other Revenue | 65,941 | 50,327 |
| | 501,772 | 439,677 |
| NOTE 3: EXPENSES | | |
| Depreciation | 11,449 | 14,275 |
| Employee Costs | 321,718 | 350,506 |
| Rent | 25,786 | 28,292 |
| Travelling Expenses | 9,604 | 25,732 |
| Auditors Remuneration | 3,000 | 3,000 |
| NOTE 4: CASH & CASH EQUIVALENTS | | |
| Cash at Bank | 240,606 | 249,864 |
| Term Deposits | 67,923 | 65,914 |
| | 308,529 | 315,778 |
| NOTE 5: TRADE & OTHER RECEIVABLES | | |
| Trade Debtors | 7,142 | 4,747 |
| Accrued Income | 11,500 | - |
| | 18,642 | 4,747 |
| NOTE 6: PLANT & EQUIPMENT | | |
| Computer Equipment | 36,902 | 36,450 |
| Less Accumulated Depreciation | (32,029) | (29,730) |
| | 4,873 | 6,720 |
| Office Furniture & Equipment | 15,696 | 14,424 |
| Less Accumulated Depreciation | (12,877) | (12,446) |
| | 2,819 | 1,978 |
| Motor Vehicles | 49,888 | 49,888 |
| Less Accumulated Depreciation | (19,661) | (10,944) |
| | 30,227 | 38,944 |
| Total Plant & Equipment | 37,919 | 47,642 |

MALLEE SPORTS ASSEMBLY INCORPORATED
ABN 23 602 119 389
NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2016

NOTE 6: PLANT & EQUIPMENT

a. Movements in carrying amounts

Movement in the carrying amounts for each class of property, plant & equipment between the beginning and the end of the current financial year.

| | Plant & Equipment | Motor Vehicles | Total |
|----------------------|----------------------|-------------------|----------|
| | \$ | \$ | \$ |
| Opening Balance | 8,698 | 38,944 | 47,642 |
| Additions | 1,726 | - | 1,726 |
| Disposals | - | - | - |
| Depreciation Expense | (2,732) | (8,717) | (11,449) |
| Closing Balance | 7,692 | 30,227 | 37,919 |

NOTE 7: PAYABLES

CURRENT

| | 2016 \$ | 2015 \$ |
|---------------------|---------------|---------------|
| Accrued Expenses | 8,069 | 4,160 |
| GST Payable | 3,483 | 9,803 |
| Payroll Liabilities | 10,221 | 9,966 |
| Other Payables | 1,778 | 110 |
| | 23,551 | 24,039 |

NOTE 8: PROVISIONS

CURRENT

| | 2016 \$ | 2015 \$ |
|----------------------------------|----------------|----------------|
| Provision for Annual Leave | 42,416 | 50,446 |
| Provision for Long Service Leave | 58,888 | 53,811 |
| | 101,304 | 104,257 |

NON CURRENT

| | 2016 \$ | 2015 \$ |
|----------------------------------|----------------|----------------|
| Provision for Long Service Leave | 10,838 | 7,185 |
| | 10,838 | 7,185 |
| | 112,142 | 111,442 |

NOTE 9: OTHER CURRENT LIABILITIES

| | 2016 \$ | 2015 \$ |
|----------------------------|---------------|---------------|
| Income Received in Advance | 40,000 | 69,000 |
| | 40,000 | 69,000 |

NOTE 10: RESERVES

Asset Revaluation Reserve

- The asset realisation reserve records revaluations of property, plant & equipment.

MALLEE SPORTS ASSEMBLY INCORPORATED
ABN 23 602 119 389
NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2016

| | 2016 \$ | 2015 \$ |
|---|----------------|-----------------|
| NOTE 11: CASH FLOW INFORMATION | | |
| Reconciliation of Cash Flow from Operations with Profit/(Loss) | | |
| Profit/(Loss) | 25,711 | (172,637) |
| Cash flows excluded from profit attributable to operating activities | | |
| Non-cash flows in profit: | | |
| Depreciation | 11,449 | 14,275 |
| Changes in assets and liabilities: | | |
| increase in trade and term debtors | (13,895) | (834) |
| increase/(decrease) in trade and other payables | (488) | 9,069 |
| increase in employee benefits | 700 | 5,044 |
| increase in other liabilities | (29,000) | 69,000 |
| | <u>(5,523)</u> | <u>(76,083)</u> |

NOTE 12: CONTINGENT LIABILITIES

At 30 June 2016 the Committee is unaware of any liability, contingent or otherwise, which has not already been recorded elsewhere in these financial statements.

NOTE 13: CAPITAL COMMITMENTS

At 30 June 2016 the Committee is unaware of any capital or leasing commitments which have not already been recorded elsewhere in these financial statements.

NOTE 14: RELATED PARTIES

The names of the Committee Board members who have held office during the period are:

| | |
|-------------------------------|-----------------|
| Gayle Danson - Chairperson | Shirley Boulton |
| Terry Kite - Vice Chairperson | Phil Gee |
| Leanne Morgan - Secretary | Rod Simms |
| Joy Clarke | Josie Bieber |

Transactions between related parties are on normal commercial terms and conditions no more favourable than those available to other parties.

NOTE 15: ASSOCIATION DETAILS

The principal place of business of the association is:
101-101A Ninth St
MILDURA VIC 3500

NOTE 16: EVENTS OCCURRING AFTER REPORTING DATE

Since the date of these financial statements, there have been no events occurring after reporting date which require specific disclosure.

MALLEE SPORTS ASSEMBLY INCORPORATED
ABN 23 602 119 389
STATEMENT BY MEMBERS OF THE COMMITTEE

The Committee has determined that the Association is not a reporting entity and that these special purpose financial statements should be prepared in accordance with the accounting policies outlined in Note 1 to the financial statements.


In the opinion of the Committee the financial report:

1. Presents a true and fair view of the financial position of Mallee Sports Assembly Incorporated as at 30 June 2016 and its performance for the year ended on that date.
2. At the date of this statement, there are reasonable grounds to believe that Mallee Sports Assembly Incorporated will be able to pay its debts as and when they fall due.

This statement is made in accordance with a resolution of the Committee and is signed for and on behalf of the Committee by:



Gayle Danson - Chairperson



Leanne Morgan - Secretary

Dated this 21st day of September 2016

INDEPENDENT AUDIT REPORT TO THE MEMBERS OF
MALLEE SPORTS ASSEMBLY INCORPORATED
ABN 23 602 119 389

Report on the Financial Report

The accompanying financial statements, being the special purpose financial statements, of Mallee Sports Assembly Incorporated (the Association), which comprises the statement of financial position as at 30 June 2016 for the year then ended, the statement of profit or loss & other comprehensive income, statement of changes in funds, statement of cashflows, a summary of significant accounting policies, other explanatory notes and the statement by members of the committee have been audited.

Committee's Responsibility for the Financial Report

The Committee of the Association is responsible for the preparation and fair presentation of the financial statements and have determined that the accounting policies described in Note 1 to the financial statements, are consistent with the financial reporting requirements of the Associations Incorporation Reform Act 2012 and are appropriate to meet the needs of the members. The Committee's responsibilities also include designing, implementing and maintaining internal control relevant to the preparation and fair presentation of the financial statements that are free from material misstatement, whether due to fraud or error; selecting and applying appropriate accounting policies; and making accounting estimates that are reasonable in the circumstances.

Auditor's Responsibility

Our responsibility is to express an opinion on the financial report based on our audit. No opinion is expressed as to whether the accounting policies used, as described in Note 1, are appropriate to meet the needs of the members. We conducted our audit in accordance with Australian Auditing Standards. These Auditing Standards require that we comply with relevant ethical requirements relating to audit engagements and plan and perform the audit to obtain reasonable assurance whether the financial report is free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial statements. The procedures selected depend on the auditor's judgement, including the assessment of the risks of material misstatement of the financial statements, whether due to fraud or error. In making those risk assessments, the auditor considers internal control relevant to the entity's preparation and fair presentation of the financial statements in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the entity's internal control. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of accounting estimates made by the Committee, as well as evaluating the overall presentation of the financial statements.

The financial statements have been prepared for distribution to members for the purpose of fulfilling the Committee's financial reporting under the Associations Incorporation Reform Act 2012. We disclaim any assumption of responsibility for any reliance on this report or on the financial statements to which it relates to any person other than the members, or for any purpose other than that for which it was prepared.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion.

Independence

In conducting the audit, we have complied with the independence requirements of Australian professional ethical pronouncements.

Auditor's Opinion

In my opinion, the financial statements of Mallee Sports Assembly Incorporated present fairly, in all material respects the financial position of Mallee Sports Assembly Incorporated as of 30 June 2016 and of its financial performance for the year then ended in accordance with the accounting policies described in Note 1 to the financial statements and the Associations Incorporation Reform Act 2012.



Kellie Jane Nulty
RCA 298704, CA 40774

Dated this 21st day of September 2016

MALLEE SPORTS ASSEMBLY INCORPORATED
ABN 23 602 119 389
DETAILED INCOME STATEMENT FOR THE YEAR ENDED 30 JUNE 2016

| | 2016 \$ | 2015 \$ |
|--|----------------|------------------|
| Income | | |
| Member Subscriptions | 3,516 | 4,554 |
| Interest Income | 2,010 | 2,198 |
| Subsidies & Grants | 414,167 | 365,510 |
| Sponsorship & Donations | 16,138 | 15,433 |
| Dinner Tickets | 9,808 | 11,257 |
| Other Income | 56,133 | 40,725 |
| Total Income | 501,772 | 439,677 |
| Expenses | | |
| Accounting Fees | 3,000 | 3,510 |
| Advertising | 5,553 | 7,509 |
| Bank Charges | 382 | 504 |
| Catering | 10,846 | 13,043 |
| Cleaning | 958 | 698 |
| Computer Expenses | 2,745 | 1,222 |
| Consulting & Professional Fees | 3,520 | - |
| Depreciation | 11,449 | 14,275 |
| Electricity | 2,105 | 2,285 |
| Employee Benefits Expense | 700 | 5,043 |
| FBT Costs | 3,540 | 3,440 |
| General Expenses | 3,157 | 2,205 |
| Hire of Plant & Equipment | 673 | 195 |
| Insurance | 6,549 | 6,511 |
| Motor Vehicle Expenses | 3,960 | 5,393 |
| Office Equipment | 829 | 2,967 |
| Permits, Licenses & Fees | 847 | 1,250 |
| Photocopier | 8,833 | 7,916 |
| Postage | 1,544 | 3,383 |
| Printing & Stationery | 4,430 | 4,578 |
| Programs & Workshops | 16,884 | 100,435 |
| Rates | 4,011 | 3,735 |
| Rent | 25,786 | 28,292 |
| Repairs & Maintenance | 268 | - |
| Salaries | 293,935 | 316,088 |
| Speaker Fees | 909 | 1,364 |
| Staff Training | - | 511 |
| Subscriptions | 3,173 | 2,864 |
| Sundry Expenses | 4,828 | 5,523 |
| Superannuation | 23,543 | 25,934 |
| Telephone | 17,500 | 15,909 |
| Travelling Expenses | 9,604 | 25,732 |
| Total Expenses | 476,061 | 612,314 |
| Profit/(Loss) Attributable to Members | 25,711 | (172,637) |